

# Holy Trinity Orthodox Church



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[www.holytrinitydanbury.org](http://www.holytrinitydanbury.org)

<https://www.facebook.com/htocdanbury/?fref=hovercard>

Diocesan Website: [www.acrod.org](http://www.acrod.org)

Camp Nazareth:  
<http://www.campnazareth.org>

Facebook:  
<https://www.facebook.com/acroddiocese>

You Tube: <https://youtube.com/acroddiocese>

Recommended Orthodox Internet  
Ministries  
<http://myocn.net/>

<http://www.ancientfaith.com/>

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## Welcome to Holy Trinity Parish

Today is St. Gregory Palamas. The Epistle is from Hebrews 1:10-2:3. The Gospel is from Mark 2:1-12.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.

Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.



Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

## Schedule of Services and Events for this week

**Sunday, March 31, 10 AM** - Divine Liturgy of St. Basil's

**Sunday, March 31, 11:20 AM** - Panachida for Robert Paltauf

**Sunday, March 31, 4 PM** - Lenten Mission Vespers - Holy Trinity Greek Orthodox Church - Bridgeport, CT

**Monday, April 1, 7 PM** - Spirituality Class

**Tuesday, April 2, 9 AM** - Akathist

**Wednesday, April 3, 6 PM** - Presanctified Liturgy followed by a Light Lenten Meal and Class

**Thursday, April 4, 8:30 AM** - Lenten Hours

**Thursday, April 4, 9:15 AM** - New Testament

**Friday, April 5, 9:15 AM** - Old Testament Class

**Saturday, April 6, 5 PM** - Vespers

**Sunday, April 7, 10 AM** - Divine Liturgy

**Sunday, April 7, 11:20 AM** - Panachida for Connie Somoskovec, and Nadezda and Xenia, Lisa Farah's mother and daughter.

**Sunday, April 7, 4 PM** - Lenten Mission Vespers - St. John's, Mill Hill Avenue, Bridgeport

**Thank you to Dr. Michael Legaspi who gave an excellent retreat yesterday. And, to all of you who came and participated.**

Please remember to sign up and subscribing on our parish web site [www.holytrinitydanbury.org](http://www.holytrinitydanbury.org)

And to those with a Facebook account please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htocdanbury/?fref=hovercard> so the word gets out.

**Help Re-Stock Our Kitchen**—We are currently in need of decaf coffee. Thank you!

**Bake Sale**—Our second Easter Bake and Craft Sale is quickly approaching! It is set for Saturday, April 20<sup>th</sup> from 10 a.m. to 3 p.m. We will once again need help with set up, cooking and serving from the kitchen, filling orders, helping with the church store, greeting customers and cleaning up. If you can give a few hours in the morning or afternoon it would be greatly appreciated! We also have space for a couple more crafters if anyone knows of a crafter of artisan, homemade items (or if you do yourself!)

### Dorothy Day

**Dorothy Day**—Our next date to serve at Dorothy Day will be Friday, April 12<sup>th</sup> from 1:30-4:30 p.m. Last Friday we served over 140 meals to those in need in our community. This number is DOUBLE what it was when we first started serving at the soup kitchen. There are two ways to help, by serving at the soup kitchen--no experience needed—or by preparing large casseroles that we can use to feed the guests. If you've been thinking about getting involved in this ministry, now is a great time! You can serve for all or part of the afternoon. Service hours available for high school students. See Susan Sulich if you want to volunteer.

### Lenten Cook-off

**Lenten Cook Off**—On Sunday, April 14<sup>th</sup> we will have our annual Lenten Cook-Off in place of our regular coffee hour. Cook up your best Lenten recipe—main dish, soup, salad, dessert, appetizer—and bring to serve after Liturgy. Copies of recipes are welcome! We will vote on the best dish and a prize will be awarded at our Agape Meal at Pascha.

### Pancake Breakfast

**Pancake Breakfast**—Sunday, April 28<sup>th</sup> there will be a pancake breakfast to raise funds for our Scholarship Fund. We are looking for our youth to participate in the preparing and serving of the breakfast. Please see Vida Bundra for more details.

### Adult Education Opportunities

We have several adult education classes going on currently that are also online:

**Spirituality Class** – Mondays at 7:00 p.m. This week we are starting a new book: *Welcoming Gifts: Sacrifice in the Bible and Christian Life* by Fr. Jeremy Davis

**Catechism Class** – Wednesdays at 7:00 p.m.

For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith. New Book by Dr. Eugenia Constantinou: *The Crucifixion of the King of Glory: The Amazing History and Sublime Mystery of the Passion*

**New Testament** – Thursdays at 9:00 a.m. currently we are reading and studying *St. Paul's Second Epistle to Timothy*

**Old Testament Class** – Fridays at 9:00 a.m. We are in *Psalms*.

All classes will take place in the church hall. We will also make them available via Zoom for those who cannot attend in person. (live, same credentials).

**Church Store**—We have many new items in our Church Store. Check out our selection of books for summer reading, beautiful icons, jewelry, and religious items. We have many children's offerings and items perfect for gift giving. Your purchase also benefits the parish. If there are any items you would like to see in our store, please let Lisa Farrah or Sarah Mannello know.

**Soup to Share**—Soup season is here! If you are making soup and you have some extra to spare consider putting it in a freezer container for "Soup to Share." We will keep these in the freezer in the church hall so that if someone is planning to visit a parishioner and would like to bring a warming meal, they will be available. We also have containers at the church you can use. Please label container with name of soup and main ingredients. Thank you!

**Church School with Leon**—All toddlers and young children are welcome to join in the church school classes with Leon. Help from older children is much appreciated. Classes will take place immediately following Liturgy on:

April 7<sup>th</sup>

April 21<sup>st</sup>

## Coffee Hour

**Coffee Hour**—Our coffee hour is a great opportunity to spend time together and share a meal. If there's an item or dish, you'd like to bring sign up on the sheet downstairs. No one needs to do the whole coffee hour! All offerings are welcome.

## | No Perogies this Week

**No Perogies This Week**— We have finished making perogies for our first bake sale. We will take inventory and see what is needed for the next bake sale.

## |Pussy Willows

**Time to Cut the Pussy Willows!** —Pussy Willows are coming out now and we will need them for Palm Sunday which is not until April 28<sup>th</sup>. If you have access to any pussy willows, please cut them and bring to the church. We will store in a cool place. Do not put them in water as this will cause them to flower

## Upcoming Events

**Dorothy Day**—Friday, April 12<sup>th</sup> 1:30-4:30 p.m.

**Deanery Paraklis Service** – Friday, April 12 at 7 PM, St. John's Broadbridge Avenue

**OYMT Tool and Safety Training**—Saturday, April 13<sup>th</sup> 12-4 p.m.

**Lenten Cook Off**—Sunday, April 14<sup>th</sup> in lieu of coffee hour

**Bake and Craft Sale #2** – Sat. April 20<sup>th</sup> 10 am – 3 pm

**Lazarus Saturday Activities**—Saturday April 27<sup>th</sup> following Liturgy at 9 a.m.

**Pancake Breakfast to Benefit Scholarship Fund**—Sunday April 28<sup>th</sup> in lieu of coffee hour

**Pascha** – May 5

**Perogie Challenge**—Saturday, May 11<sup>th</sup>

## Birthdays or Anniversaries

April	
Adam Rosenfield	5
Markus Paltauf	8
Freddy Villa	9
Sadie Xenia Mihaly	9
Katarina Mihaly	11
Christopher Mihaly	11
Melissa (Sulich) McVeigh	11
Grace Radcliff	14
Adriano Morfa	14
Carmen Villa	15
Ignatius Michael Thompson	15
Ava Baroody	16
Melanie Sulich	17
Rosalyn Mihaylo	18
John & Dana Mihaly	20
Nectarios Moses Mihaly	20
Cassiana Reznic	21
Viorel Bundra	23
Natasha Gross	25
Zachariah Mihaly	25
Harry Fong	26
Elena Gordon	27
Natalia Tikhomirova	28
Logan Thompson	29

## Educational Scholarships

**Available**— Thanks to a gift from an Orthodox Christian in the greater Danbury area to perpetuate the values and beliefs of the Orthodox Christian Faith by financially supporting the education of active parishioners we are able to offer scholarships to active members of our parish for any type of post-secondary education or training. Applications are available in the church hall or by contacting Fr. Luke.

The scholarship is to be awarded to active members of Holy Trinity Orthodox Church based on several criteria:

- Available to any student/parishioner furthering his or her education
- Must be a full and active member of Holy Trinity Orthodox Church
- Involved in philanthropic activities
- Scholarship will be paid directly to the financial institution
- Recipient must accept the scholarship in person Applications must be received by April 28th.

**Lazarus Saturday**— Saturday, April 27<sup>th</sup> is Lazarus Saturday. We will have Liturgy at 9 a.m. followed by breakfast and family activities such as making palm crosses for Palm Sunday, dying Easter eggs and making luminaries to light the way around the church for the Pascha Midnight Service. It's also a great opportunity for our youth to come to confession if they haven't already done so. There will also be a cleanup of the grounds around the church to make all ready for Pascha! Please plan to set aside some time on this day to come together as a parish family and prepare for Holy Week and Pascha.

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"... a place of refuge full  
of love and joy."

**Food Drive for Dorothy**

**Day**—As recently reported, the numbers of people served by Dorothy Day have increased dramatically. We are currently serving approximately double the number of hot meals and bag lunches from what we did a year ago. This increase has also cleaned out most of the stores of non-perishable items used at the soup kitchen. We will be collecting items to donate to Dorothy Day from now until Wednesday, April 10<sup>th</sup>. Listed below are some of the most needed items. See complete list of items needed at the candlestand. It's most helpful to Dorothy Day if we stick to items on the list.

- Ground regular coffee
- Canned vegetables
- Sugar
- Peanut butter and/or grape or strawberry jelly
- Canned black and kidney beans
- Italian and Ranch dressing

As we begin Lent together, the following minimal fasting regulations are designated for our clergy and faithful:

- 1) Monday, March 18 (Clean Monday), the first day of the Fast, is a day of strict abstinence; likewise Great and Holy Friday, and Great and Holy Saturday, namely May 3 and 4 are days of strict abstinence. On these days, no meat or dairy products may be eaten.
- 2) All Wednesdays and Fridays during this entire Season are days of abstinence from meat.
- 3) Meat and meat products may not be eaten during all Holy Week, namely April 29 through May 4.
- 4) For the evening Pre-sanctified Liturgy, a minimum three-hours fast from all food and drink must be observed before the reception of Holy Communion. Normal fasting from midnight is still practiced before the Liturgies of St. John Chrysostom and St. Basil the Great.

These are the minimal requirements to observe during this Season. But for those of stronger body and more willing spirit, I wholeheartedly recommend the penitential practices of a sterner quality which the time-honored traditions and customs of our Holy Orthodox Church have handed down to us

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**Perogie Challenge**—Save the Date! On Saturday, May 11<sup>th</sup> we will be hosting a Perogie Challenge. Have you ever imagined a delicious new filling for perogies? Now is the time to show off your creative culinary talents. We will be accepting entries of perogie fillings of any kind (savory or dessert). All you will need to provide is a batch of your filling. Our perogie crew will make the dough and assemble the perogies. There will be a taste testing to judge the best new filling and a perogie lunch open to the entire parish. Stay tuned for more details! Who knows—your filling may end up on our bake sale menu next season!

**Pascha Breads**—Pani Bethany and Susan Sulich are making Pascha breads again this year for the bake sales and parishioners who wish to have them. If you would like a Pascha bread for our Easter please fill out a bake sale form as soon as possible with the number of breads you wish to order. Our ovens will only make 10 at a time and we want to be sure everyone who wants a Pascha bread gets one!

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