

Holy Trinity Orthodox Church



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www.holytrinitydanbury.org

<https://www.facebook.com/htocdanbury/?fref=hovercard>

Diocesan Website: www.acrod.org

Camp Nazareth:

<http://www.campnazareth.org>

Facebook:

<https://www.facebook.com/acroddiocese>

You Tube:

<https://youtube.com/acroddiocese>

Recommended Orthodox Internet Ministries

<http://myocn.net/>

<http://www.ancientfaith.com/>

Welcome to Holy Trinity Parish

Today is the Sunday of the Last Judgement and Meatfare Sunday. The Epistle is from 1 Corinthians 8:8-9:2. The Gospel is from Matthew 25:31-46. Quadratus and companions.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.



Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.

Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus

Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

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Schedule of Services and Events for this week

Sunday, March 10, 10 AM – Divine Liturgy

Sunday, March 10, 11:30 AM – Church School with Leon

Sunday, March 10, 1 PM –Lemko History presentation – St. Mary’s Church, Yonkers

Sunday, March 10, 3 PM to 5 PM – OYMT training

Monday, March 11, 7 PM – Spirituality Class

Tuesday, March 12, 8:30 AM – Akathist

Tuesday, March 12, 9 AM – Perogie Session

Wednesday, March 13, 7 PM – Adult Catechism

Thursday, March 14, 9 AM – New Testament Class

Friday, March 15, 9 AM – Old Testament Class

Saturday, March 16, 8 AM to 4 PM – Roll Baking

Saturday, March 16, 5 PM - Vespers

Sunday, March 17, 10 AM - Divine Liturgy

Please remember to sign up and subscribing on our parish web site www.holytrinitydanbury.org

And to those with a Facebook account please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htocdanbury/?fref=hovercard> so the word gets out.

Help Re-stock Our Kitchen-
-We are currently in need of disposable coffee cups

Looking for Crafters—We are always open to have new crafters of handmade artisan items join us for our Bake and Craft sales. This year we have two sales and the cost is \$35 for a table at one sale and \$45 if you would like to have a table at both sales. Please contact Susan Sulich at info@hollytrinitydanbury.org if you are interested.

Dorothy Day

Dorothy Day—Our next date to serve at Dorothy Day will be Friday, April 12th from 1:30-4:30 p.m. Last Friday we served over 140 meals to those in need in our community. This number is DOUBLE what it was when we first started serving at the soup kitchen. There are two ways to help, by serving at the soup kitchen--no experience needed—or by preparing large casseroles that we can use to feed the guests. If you've been thinking about getting involved in this ministry, now is a great time! You can serve for all or part of the afternoon. Service hours available for high school students. See Susan Sulich if you want to volunteer.

Roll Baking Sessions

Roll Baking Sessions-- We have scheduled roll baking sessions for our upcoming Easter Bake and Craft Sales. The next Session will take place on **Sat. March 16th**. If you can give a few hours to help out please see Carolyn Kaiser or Chrissanth Gross.

Kielbasa Making

Kielbasa – The Men's group will be making Kielbasa on Thursday, March 21 from 3 PM to 7 PM. We will need about 90 pounds of kielbasa for our bake sales. Any one is welcome to come and help out.

Adult Education Opportunities

We have several adult education classes going on currently that are also online:

Spirituality Class – Mondays at 7:00 p.m. This week we are starting a new book: *Welcoming Gifts: Sacrifice in the Bible and Christian Life* by Fr. Jeremy Davis

Catechism Class – Wednesdays at 7:00 p.m.

For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith. New Book by Dr. Eugenia Constantinou: *The Crucifixion of the King of Glory: The Amazing History and Sublime Mystery of the Passion*

New Testament – Thursdays at 9:00 a.m. currently we are reading and studying *St. Paul's First Epistle to Timothy*

Old Testament Class – Fridays at 9:00 a.m. We are in *Psalms*.

All classes will take place in the church hall. We will also make them available via Zoom for those who cannot attend in person. (live, same credentials).

Church Store—We have many new items in our Church Store. Check out our selection of books for summer reading, beautiful icons, jewelry, and religious items. We have many children's offerings and items perfect for gift giving. Your purchase also benefits the parish. If there are any items you would like to see in our store, please let Lisa Farrah or Sarah Mannello know.

Soup to Share—Soup season is here! If you are making soup and you have some extra to spare consider putting it in a freezer container for "Soup to Share." We will keep these in the freezer in the church hall so that if someone is planning to visit a parishioner and would like to bring a warming meal, they will be available. We also have containers at the church you can use. Please label container with name of soup and main ingredients. Thank you!

Church School with Leon— All toddlers and young children are welcome to join in the church school classes with Leon. Help from older children is much appreciated. Classes will take place immediately following Liturgy on:

March 10th

March 24th

Coffee Hour

Coffee Hour—Our coffee hour is a great opportunity to spend time together and share a meal. If there's an item or dish, you'd like to bring sign up on the sheet downstairs. No one needs to do the whole coffee hour! All offerings are welcome.

| OYMT March 10th

OYMT 3rd Training Session March 10th—We will have our next OYMT training on Sunday, March 10th from 3-5 p.m. at Holy Trinity in Danbury. We will be discussing stewardship and working on our stock fundraiser together. All teens are asked to bring names and addresses pre-printed on labels to send out with stock invitations.

| Perogie Tuesdays

Perogie Tuesdays—We are back to making perogies on Tuesday mornings following the Akathist service (about 9 a.m.) All are welcome--no experience needed!

Upcoming Events

Church School--March 10th

OYMT Training #3—March 10th from 3-5 p.m.

Lemko Republic of 1918-1920 Presentation in Yonkers – Sunday, March 10, 1 PM

Roll Baking--Sat. March 16th 8 am - 4 pm

Lent Begins - March 18

Kielbasa Making – Thursday, March 21 4 PM to 7 PM

Bake and Craft Sale #1 – Sat. March 23rd 10 am – 3 p.m.

In House Lenten Retreat – Sat. March 30th

Dorothy Day—Friday, April 12th 1:30-4:30 p.m.

OYMT Tool and Safety Training—Saturday, April 13th 12-4 p.m.

Bake and Craft Sale #2 –

Birthdays or Anniversaries

March	
Mary Gander	10
Aidan McVeigh	12
Anthony Villa	16
Ella Silvera	16
Yennifer Nunez	17
Vida Bundra	24
Peter Astras	24
Marika Gutzman (Names day)	25
Leon & Lady Guerrero	25
Orestes Mihaly	26
Michael Browne	30
Lily Mihaly	30

Educational Scholarships

Available— Thanks to a gift from an Orthodox Christian in the greater Danbury area to perpetuate the values and beliefs of the Orthodox Christian Faith by financially supporting the education of active parishioners we are able to offer scholarships to active members of our parish for any type of post-secondary education or training. Applications are available in the church hall or by contacting Fr. Luke.

The scholarship is to be awarded to active members of Holy Trinity Orthodox Church based on several criteria:

- Available to any student/parishioner furthering his or her education
- Must be a full and active member of Holy Trinity Orthodox Church
- Involved in philanthropic activities
- Scholarship will be paid directly to the financial institution
- Recipient must accept the scholarship in person Applications must be received by April 28th.

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"... a place of refuge full
of love and joy."

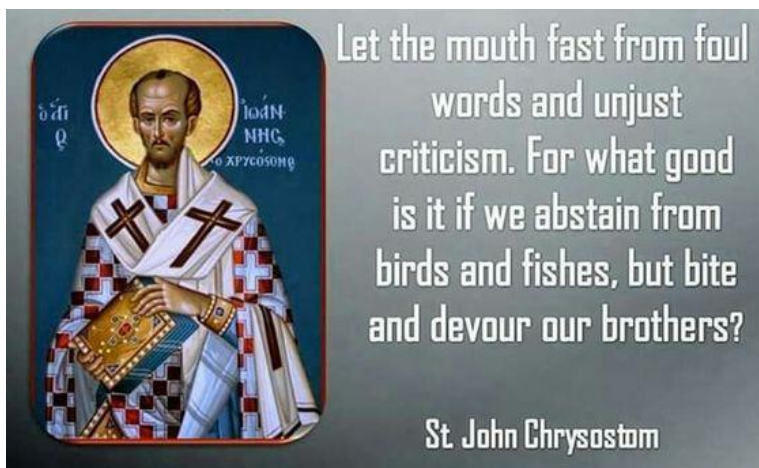


Retreat Potluck--On Saturday, March 30th for our in-house retreat we will be hosting a Lenten Potluck Supper following Vespers. We are looking for people to make a dish to share. If you would like to contribute something please let Susan Sulich know what you plan to bring.

As we begin Lent together, the following minimal fasting regulations are designated for our clergy and faithful:

- 1) Monday, March 18 (Clean Monday), the first day of the Fast, is a day of strict abstinence; likewise Great and Holy Friday, and Great and Holy Saturday, namely May 3 and 4 are days of strict abstinence. On these days, no meat or dairy products may be eaten.
- 2) All Wednesdays and Fridays during this entire Season are days of abstinence from meat.
- 3) Meat and meat products may not be eaten during all Holy Week, namely April 29 through May 4.
- 4) For the evening Pre-sanctified Liturgy, a minimum three-hours fast from all food and drink must be observed before the reception of Holy Communion. Normal fasting from midnight is still practiced before the Liturgies of St. John Chrysostom and St. Basil the Great.

These are the minimal requirements to observe during this Season. But for those of stronger body and more willing spirit, I wholeheartedly recommend the penitential practices of a sterner quality which the time-honored traditions and customs of our Holy Orthodox Church have handed down to us



On weekdays (Monday to Friday inclusive) during the seven weeks of Lent, there are restrictions both on the *number* of meals taken daily and on the *types of food* permitted; but when a meal is allowed, there is no fixed limitation on the *quantity* of food to be eaten.

[This material is taken from the introduction to The Lenten Triodion. In modern practice, the above rules tend to be somewhat relaxed, and they have always been relaxed for children and the infirm. Fast as you are able and consult Fr. Luke as needed. As you eat less physical food, it is important to increase your intake of spiritual food – prayer and reading scripture and the fathers of the Church.]