

The Children's Word is a weekly bulletin for Orthodox Christian young people. Copyright 2023 Alexandra Houck. Email is orthodoxchildrensword (at) gmail.com. Find it each week at myocn.net.

The Children's Word

"Let the little children come to me, and do not forbid them, for to such is the Kingdom of Heaven." Mark 10:14

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## **Rise and have no fear!**

Have you ever been afraid

of something? Maybe it was something powerful, like a huge machine or a wild animal. When we see something bigger or stronger than we are, we might be amazed...but we might be afraid too!



Today we celebrate one of the 12

great feasts of our Church—the Transfiguration. You know about the Transfiguration, don't you? Once, Christ took three of his disciples up on a high mountain, Mount Tabor. When they got to the top, Jesus's face shone like the sun. All of a sudden, His clothes were bright white. Then they saw prophets (Elijah and Moses) who had died many, many years before. They were definitely amazed! They were so amazed they fell on their faces.

But Jesus told them to get up. "Rise and have no fear," He said. With these words. He comforted them and told them not to be afraid.

Did you know? This is how Christ treats us too! He is God and can do anything! But even though He is so powerful, He still tells us not to be afraid. We can still come close to Him. We can still talk to Him in our prayers. We can still ask Him to help us with anything. We are amazed by God and His power. But rise and have no fear!

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## WHAT'S IN THE ICON?

The Apostle Matthias loved the Lord so much that he never wanted to give up his love!

In this icon, you can see how he is being hurt for his faith.



## **APOSTLE MATTHIAS** THE HOLY SPIRIT AT WORK

## Have you noticed how many

times we ask the Holy Spirit to help us? When we start our prayers at home, we might start with the prayer, "Heavenly King, Comforter, Spirit of Truth." (That's a prayer to the Holy Spirit.) God the Holy Spirit guides us and helps us to pray. He helps us make decisions that are right with God.

The Holy Spirit has guided our Christian Church since the beginning! One of our saints really shows how the Holy Spirit was at work



in his own life. You remember Judas, don't you? He was Jesus's disciple and friend, but he betrayed our Lord. He was the one who got paid to tell the authorities where Jesus was. Afterwards, Judas died a sad death. The other disciples wanted to replace Judas with another helper. They cast lots (they drew names) and asked God to show them who the right person would be. When they picked Matthias, it was really the Holy Spirit Who chose him to be one of the 12 apostles.

Saint Matthias preached the good news of Christ's resurrection for the rest of his life. It definitely wasn't easy for him to do that. Matthias was beaten, thrown in prison, dragged on the ground, and even killed for his love for God. But Matthias followed Christ throughout his life, and he's still following Him in heaven now!

We celebrate Saint Matthias on Wednesday, August 9th (OC: August 22nd).