

Holy Trinity Orthodox Church



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www.holytrinitydanbury.org

<https://www.facebook.com/htocdanbury/?fref=hovercard>

Diocesan Website: www.acrod.org

Camp Nazareth:
<http://www.campnazareth.org>

Facebook:
<https://www.facebook.com/acroddiocese>

YouTube:
<https://youtube.com/acroddiocese>

Recommended Orthodox Internet
Ministries
<http://myocn.net/>

<http://www.ancientfaith.com/>

Welcome to Holy Trinity Parish

Today is *Seventh Sunday*
after Pentecost. The
Epistle is from Romans
15:1-7. The Gospel is from
Matthew 9:27-35.

Trophimus & Theophilus.

Holy Trinity is a diverse and
welcoming parish of the
Carpatho Russian Diocese,
under the Ecumenical
Patriarchate.

His Eminence, Metropolitan
Gregory of Nyssa, is our
diocesan ruling hierarchy.

Divine Liturgy is offered
Sunday at 10 am. As reminder
only those Orthodox
Christians who are properly
prepared are invited to receive
Holy Communion.



Everyone is invited downstairs
following Divine Liturgy for Coffee
Hour and Fellowship.

Come down and meet Fr. Luke
and the parishioners.

Our parish offers many
opportunities to pray, to study
and learn more about Jesus

Christ and His Holy Orthodox
Church.

If you have any questions about
the Orthodox Church, our Faith, or
our parish please feel free to
contact Fr. Luke. He is more than
happy to meet with you and talk.

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Schedule of Services and Events for this week

Sunday, July 23, 10 AM –
Divine liturgy

Sunday, July 23, 11:30 AM –
Panachida for Frank Guzik

Sunday, July 23, 11:45 AM -
Blessing of cars for the Feast of
the Prophet Elijah

Sunday, July 23, 12:30 PM
– Parish Council meeting

Monday, July 24, 7 PM –
Spirituality Class

Wednesday, July 26, 6 PM
– Vespers for St.
Panteleimon

**Wednesday, July 26, 7
PM –** Adult Catechism
Class

Thursday, July 27, 9 AM
– Liturgy for St.
Panteleimon

Thursday, July 27, 6 PM
– OYMT Adult Leader
meeting

Friday, July 28, 9 AM –
Old Testament Class

Saturday, July 29, 5 PM –
Vespers

Sunday, July 30, 10 AM –
Divine Liturgy

**Sunday, July 30, 11:45
AM –** Semi-Annual
Meeting

This is the second of three
announcements for our
semi-annual meeting,
which is set for Sunday,
July 30 following Divine
Liturgy

Please remember to sign up and subscribing on our parish web site www.holytrinitydanbury.org

And to those with a Facebook accounts please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htocdanbury/?fref=hovercard> so the word gets out.

Help Re-Stock Our Kitchen: We need paper towels and decaf coffee. Thank you!

Dorothy Day

Dorothy Day—Our next date to serve at Dorothy Day is Friday, August 11th from 1:30 to 4:30 p.m. No experience needed. All help welcome for all or part of the afternoon. Service hours available for high school students. See Susan Sulich if you want to volunteer.

| Perogie Dash

Perogie Dash—Our annual Perogie Dash 5k to benefit Healing Hearts of Regional Hospice is right around the corner on Saturday, August 19th. There will be lots of opportunity to help with this parish-wide event before and on the day of the race. Stay tuned for sign-up sheets. We will also be looking for sponsors to help offset the cost of the race. Attached is a 2023 Sponsorship form. All sponsors are featured on our t-shirts and receive additional publicity. If you are part of a business and would like to sponsor the race, use the attached form and attach your logo. Consider asking businesses you patronize to support this worthwhile community cause.

| Missionary visitation

Guatemala Missionary visit – Fr. Juvenal Repass, OCMC missionary from Guatemala will be visiting out parish from Saturday, August 12 and Sunday, August 13. He has been in Guatemala for the last several years and is now repositioning his ministry to Brazil. He will be here to serve, preach and give a presentation on his work in Guatemala.

Adult Education Opportunities

We have several adult education classes going on currently that are also online:

Spirituality Class – Mondays at 7:00 p.m. This week we are starting a new book: *For The Life of The World* by Fr. Alexander Schmemmann

Catechism Class – Wednesdays at 7:00 p.m. For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith. We'll be starting a new book soon by Metropolitan Emiliano entitled: *Priest, Parish and Renewal*. **New Testament** – Thursdays at 9:00 a.m.

currently we are reading and studying *St. Paul's Epistle to the Ephesians*

Old Testament Class – Fridays at 9:00 a.m. We have begun **Psalms**.

All classes will take place in the church hall. We will also make them available via Zoom for those who cannot attend in person. (live, same credentials).

Church Store—We have many new items in our Church Store. Check out our selection of books for summer reading, beautiful icons, jewelry, and religious items. We have many children's offerings and items perfect for gift giving. Your purchase also benefits the parish. If there are any items you would like to see in our store, please let Lisa Farrah or Sarah Mannello know.

Millennial Meeting

Each month the young adults of the parish meet up to spend time together and talk about topics that pertain to the ever-looming questions of "How do I adult?" This group is a forum for every young professional, new parent and all others in a transitional time of their life to come together and share the challenges of our ever-changing lives, and an opportunity to set down those cares for a couple of hours and join in fellowship. The group usually meets on the last Saturday of every month. Contact Nick Fong for more information, nickfong1@gmail.com.

Coffee Hour

Coffee Hour—Our coffee hour is a great opportunity to spend time together and share a meal. If there's an item or dish, you'd like to bring sign up on the sheet downstairs. No one needs to do the whole coffee hour! All offerings are welcome.

OYMT Trip to West Virginia

OYMT Trip to West Virginia—With thanksgiving to God and gratitude for all your prayers for our trip the Orthodox Youth Mission Team returned safely from our ASP trip to West Virginia last Sunday! We spent a Spirit filled and fruitful week in West Virginia serving 7 families. Some of the projects we worked on were building a ramp for the Mom of a family who has 10 foster children, helping create a level and safe floor for a woman immobilized by a stroke, framing and sheet rocking 3 bedrooms in a home of single mom with four children and for a couple whose home was severely damaged in a fire. In addition, our team worked on roofing, siding, painting and other jobs. More importantly, our youth and adult leaders built relationships with our homeowners and one another and experienced an opportunity and a setting for deepening their relationship with our Lord, Who blessed us abundantly! We look forward to sharing our experiences with you in our newsletter and Thank You Coffee Hour in September!

Upcoming Events

Blessing of Cars after Liturgy for Prophet Elijah – Sunday, July 23

Perogie Dash 5K – Saturday, August 19

Feast of the Transfiguration – August 6

Lenox Retreat - November 10 thru November 12

Dorothy Day Soup Kitchen – August 11th

Feast of the Dormition of the Mother of God – August 15

Parish Garden—Our parish garden is growing strong! Many thanks to all who have planted. We have tomatoes, squash, beans, lettuce, cauliflower, broccoli, pumpkins, peppers, watermelons, beans, radishes and some mystery veggies as well as herbs growing. There is still some space if anyone would like to plant anything else. Anyone is welcome to come and weed or water the garden. We look forward to sharing the harvest with everyone as God provides.

Help Needed for the Perogie

Dash—Plans are well underway for our annual Perogie Dash 5K to Benefit Healing Hearts of Regional Hospice. There are lots of ways to help with this event. See the sign-up sheet in the hall for tasks before and on the day of the road race. To increase our donation to Healing Hearts we will also have a sign-up sheet of items needed for the race that may be donated to reduce our expenses. Thank you all in advance!

Lenox Retreat—Save the

Date—Our annual Lenox Retreat will take place from Fri., Nov. 10-Sun., Nov. 12, 2023. Please note this is the SECOND weekend in November (not the first which we usually do). More details to come.

Birthdays – If you have dates of Birthdays or Anniversaries that you would like to add, please let Fr. Luke know so he can include them.

July	
Suzanne Molineaux	13
Jon & Chrissanth Gross - Anniversary	14
Jacob Villa	16
Father Luke	18
Daria Gross	20
Anna Radcliff	20
Nicu & Anna Melnic	21
Andrea Paltauf	21
Katherine Ann Huott	22
Ryan McVeigh	25
Vivian Szymanowicz	28
Diana Wege	28
Paul Toaso	31

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"... a place of refuge full of love and joy."



Holy Land Pilgrimage—

We are putting together a group to go on a trip the Holy Land this year. The trip will take place from Oct. 16-28th and will be led by Fr. Ilya Gotlinsky who we have worked with before and has an excellent reputation and much experience with this pilgrimage.

Panteleimon continued...

The saint's body was thrown into a fire, but remained unharmed, and was buried by Christians. Saint Panteleimon's servants Laurence, Bassos and Probus witnessed his execution and heard the Voice from Heaven. They recorded the life, the sufferings and death of the saint.

Portions of the holy relics of the Great Martyr Panteleimon were distributed throughout all the Christian world. His venerable head is now located at the Russian monastery of Saint Panteleimon on Mt. Athos.

The Great Martyr and Healer Panteleimon was born in the city of Nicomedia into the family of the illustrious pagan Eustorgius, and he was named Pantoleon. His mother Saint Euboula (March 30) was a Christian. She wanted to raise her son in the Christian Faith, but she died when the future martyr was just a young child. His father sent Pantoleon to a pagan school, after which the young man studied medicine at Nicomedia under the renowned physician Euphrosynus. Pantoleon came to the attention of the emperor Maximian (284-305), who wished to appoint him as royal physician when he finished his schooling.

The hieromartyrs Hermolaus, Hermippus and Hermocrates, survivors of the massacre of 20,000 Christians in 303 (December 28), were living secretly in Nicomedia at that time. Saint Hermolaus saw Pantoleon time and again when he came to the house where they were hiding. Once, the priest invited the youth to the house and spoke about the Christian Faith. After this Pantoleon visited Saint Hermolaus every day.

One day the saint found a dead child on the street. He had been bitten by a great snake, which was still beside the child's body. Pantoleon began to pray to the Lord Jesus Christ to revive the dead child and to destroy the venomous reptile. He firmly resolved that if his prayer were fulfilled, he would become a follower of Christ and receive Baptism. The child rose up alive, and the snake died before Pantoleon's eyes.

After this miracle, Pantoleon was baptized by Saint Hermolaus with the name Panteleimon (meaning "all-merciful"). Speaking with Eustorgius, Saint Panteleimon prepared him to accept Christianity. When the father saw how his son healed a blind man by invoking Jesus Christ, he then believed in Christ and was baptized by Saint Hermolaus together with the man whose sight was restored.

After the death of his father, Saint Panteleimon dedicated his life to the suffering, the sick, the unfortunate and the needy. He treated all those who turned to him without charge, healing them in the name of Jesus Christ. He visited those held captive in prison. These were usually Christians, and he healed them of their wounds. In a short time, reports of the charitable physician spread throughout the city. Forsaking the other doctors, the inhabitants began to turn only to Saint Panteleimon.

The envious doctors told the emperor that Saint Panteleimon was healing Christian prisoners. Maximian urged the saint to refute the charge by offering sacrifice to idols. Saint Panteleimon confessed himself a Christian, and suggested that a sick person, for whom the doctors held out no hope, should be brought before the emperor.

Then the doctors could invoke their gods, and Panteleimon would pray to his God to heal the man. A man paralyzed for many years was brought in, and pagan priests who knew the art of medicine invoked their gods without success. Then, before the very eyes of the emperor, the saint healed the paralytic by calling on the name of Jesus Christ. The ferocious Maximian executed the healed man and gave Saint Panteleimon over to fierce torture.

The Lord appeared to the saint and strengthened him before his sufferings. They suspended the Great Martyr Panteleimon from a tree and scraped him with iron hooks, burned him with fire and then stretched him on the rack, threw him into a cauldron of boiling tar, and cast him into the sea with a stone around his neck. Throughout these tortures the martyr remained unhurt and denounced the emperor.

At this time the priests Hermolaus, Hermippus and Hermocrates were brought before the court of the pagans. All three confessed their faith in the Savior and were beheaded (July 26).

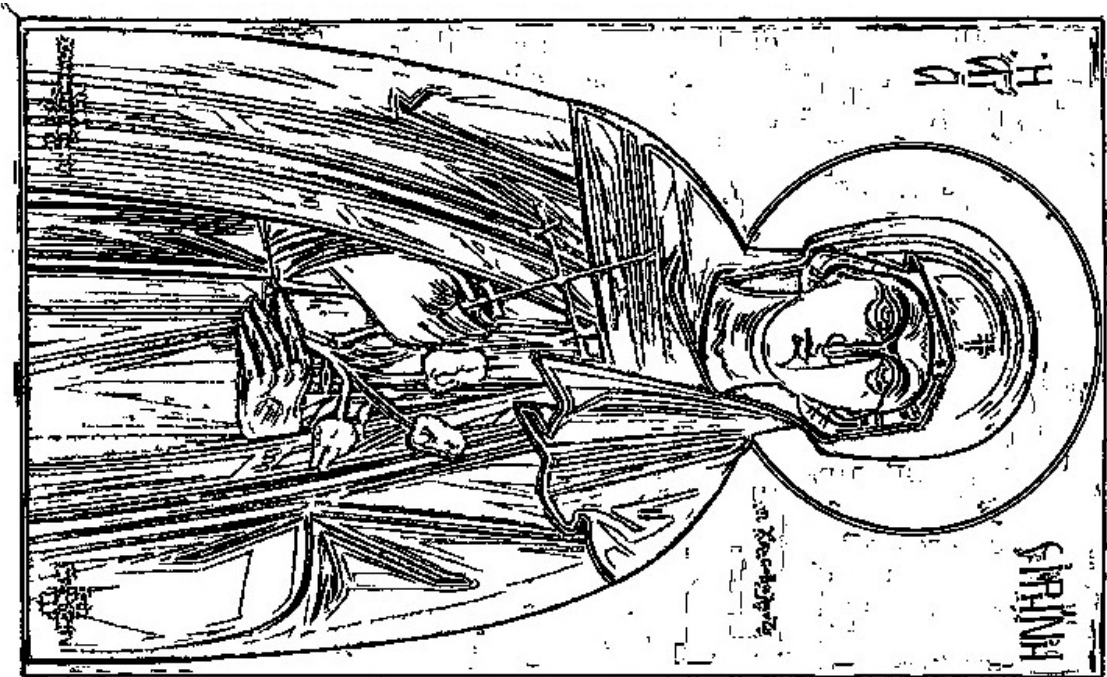
By order of the emperor, they brought the Great Martyr Panteleimon to the circus to be devoured by wild beasts. The animals, however, came up to him and licked his feet. The spectators began to shout, "Great is the God of the Christians!" The enraged Maximian ordered the soldiers to stab with the sword anyone who glorified Christ, and to cut off the head of the Great Martyr Panteleimon.

They led the saint to the place of execution and tied him to an olive tree. While the martyr prayed, one of the soldiers struck him with a sword, but the sword became soft like wax and inflicted no wound. The saint completed his prayer, and a Voice was heard from Heaven, calling the passion-bearer by his new name and summoning him to the heavenly Kingdom.

Hearing the Voice, the soldiers fell down on their knees before the holy martyr and begged forgiveness. They refused to continue with the execution, but Saint Panteleimon told them to fulfill the emperor's command, because otherwise they would have no share with him in the future life. The soldiers tearfully took their leave of the saint with a kiss.

When the saint was beheaded, the olive tree to which the saint was tied became covered with fruit. Many who were present at the execution believed in Christ. (...continued in column on left)

Saint Irene, pray for us!



The Children's Word is a weekly bulletin for Orthodox Christian young people. Copyright 2023 Alexandra Houck.
Email is [orthodoxchildrensward \(at\) gmail.com](mailto:orthodoxchildrensward@gmail.com). Find it each week at myocn.net.

The Children's Word

"Let the little children come to me, and do not forbid them, for to such is the Kingdom of Heaven." Mark 10:14

Sunday, July 23, 2023

Volume 11, Issue 30

A Ministry of the
Orthodox Christian Network



With one voice



Have you ever been in a big cafeteria—maybe at school or at a restaurant? Did you ever stop to listen to how *noisy* it is when everybody is talking at once, all saying different things? Now, have you ever been to a concert, when the singers all use their voices *together*? It sounds beautiful!

Today, in the epistle reading, Saint Paul tells us how we can use our voices *together* to glorify God! He writes, "May the God of steadfastness and encouragement grant you to live in harmony with one another, in accordance with Christ Jesus, so that together you may with one voice glorify the God and Father of our Lord Jesus Christ."

When we come to church, we want to all glorify God together! Saint Paul reminds us to "live in harmony" before we come close to God. So, before we receive Christ's Body and Blood in Holy Communion, we want to show God that we "live in harmony with one another" first. If we had a fight with somebody—like a family member or a friend—we should say we are sorry first. If we are mad at somebody, we should patch things up before we come for Holy Communion. If we don't like somebody, maybe we can make things right first. That way, we really are living "in harmony with one another" and together, "with one voice," we can all glorify God!

WORD SEARCH

Can you find these words in the jungle?

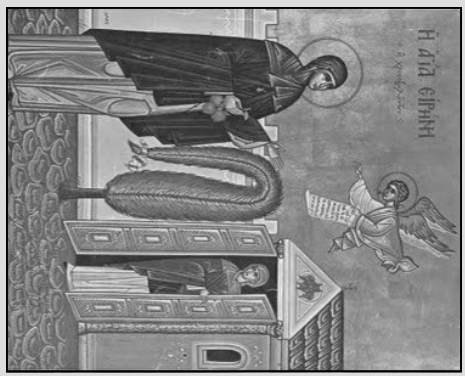
K	M	Z	Z	F	N	H	T	X	D	U	Y	U	K	W
Y	M	I	R	I	A	O	N	R	K	X	O	Z	V	G
D	P	P	R	R	U	H	I	V	U	T	I	X	K	P
W	A	P	M	A	Z	W	X	N	N	S	O	S	R	B
M	O	O	V	N	C	C	G	A	U	I	T	Z	L	T
M	N	J	O	U	G	L	L	E	P	M	J	Y	S	Y
Y	N	E	I	X	Z	A	E	E	M	F	M	F	L	F
N	F	P	C	E	V	I	P	N	Q	E	X	O	Q	I
L	Z	T	E	O	Z	V	I	E	C	Y	P	E	C	R
J	K	F	S	V	N	Q	A	R	F	G	I	J	R	O
G	F	Y	U	F	O	A	R	I	M	E	B	Z	J	L
C	H	M	O	N	A	S	T	E	R	Y	D	R	B	G
C	V	B	Y	L	Y	B	X	J	C	U	R	A	G	D
B	A	E	F	G	D	X	K	E	V	I	C	V	U	J
E	L	T	S	I	P	E	F	A	I	T	H	F	U	L

- Chrysovalantou
- Communion
- Epistle
- Faithful
- Glorify
- Harmony
- Irene
- Miracle
- Monastery
- Trust
- Voice

WHAT’S IN THE ICON?

After you read about Saint Irene on page 3, you’ll know what’s happening in this icon!

You can see the tree bowing down to her and the other nun peeking out the door.



SAINT IRENE CHRYSOVALANTOU
PRAYING FOR MIRACLES FROM GOD

What do you do when your plans change? Do you get upset, or do you think of another plan?



Saint Irene grew up in a wealthy and important family. She was even supposed to marry the Emperor, but when she got to Constantinople, he was already married! She wasn’t sad though. Lots of men asked her to marry them, but instead, St. Irene went to live in the Monastery of Chrysovalantou. She gave away her money and her things to the poor, and she decided to become a nun.

As a nun, St. Irene tried to be like Christ—always humble and loving to other people. She became close to God because she talked to Him often in prayer! St. Irene had many miracles happen. Sometimes at night, St. Irene would go out into the garden to pray. Once, another nun couldn’t sleep and went out there too. She saw St. Irene praying, and she was floating above the ground. Three trees were even bowing down to her! In the morning, the nun told the other sisters. They noticed that there were handkerchiefs on the tops of the tall trees!

Now St. Irene still works many miracles because she is so close to God. She especially helps people who cannot have children. Many times, the family finally has a child. To remember her, the family might name him or her Chrysovalantou or Chrysovalanti!

We celebrate Saint Irene on Friday, July 28th (OC: August 5th).