### Saints Constantine and Helen, pray for us!



The Children's Word is a weekly bulletin for Orthodox Christian young people. Copyright 2023 Alexandra Houck. Email is orthodoxchildrensword (at) gmail.com. Find it each week at myocn.net.

# The Children's Word

"Let the little children come to me, and do not forbid them, for to such is the Kingdom of Heaven." Mark 10:14

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## **How does God help?**

#### How many of Christ's miracles can

you list? In the Bible, we hear about many of the wonderful things that Christ did—things that nobody else could do, because He is God. Can you name some? The feeding of the 5,000. The healing of the paralyzed man. We can think of many more! In fact, the Gospel of John tells us that Jesus did so many miracles that if they were all written down, the world could not hold the books that would be written!



Today is the Sunday of the Blind Man. We hear about a man who had been blind ever since he was born. When Jesus passed by, He spat on the dirt, made clay with it, and put it on the blind man's eyes. When the man went to wash it off, he could see for the first time in his life!

God helps all of us. He hears all of our prayers. But He helps us and answers our prayers in different ways. Making mud from spit seemed like a funny way to heal somebody. But God helps solve each of our problems differently. Sometimes he might answer us right on the spot. Sometimes he might help us years afterwards. Lots of times he will help us in a better way than we could ever imagine!

So let's try to be like the blind man in the Gospel today. We trust God to help us in the way God knows best. Then we thank God when He does!

#### WORD SEARCH Can you find these words in the jumble? Apostles Blind Man Christianity Constantine ARNORI Faith NARCIMIRKUUY Healing Helen Miracle Mud Prayer NXFFHSXGI Thanks XTXTFFRI

## WHAT'S IN THE ICON?

Saint Helen was the Emperor Constantine's mother. We remember her for lots of things. She took care of the poor. She had churches built, especially in places in the Holy Land. She helped find the Holy Cross, on which our Lord was crucified. Do you see the Cross?



## EQUAL TO THE APOSTLES

#### SAINTS CONSTANTINE AND HELEN

You probably know the story about how Saint Helen found the Cross of Christ. But what do you know about her son, the Emperor Constantine? These two great saints did something that gave them the name "Equal to the Apostles." That means they brought a lot of people to Christ and His Church. Because of them, lots of people became Christian.



Saints Constantine and Helen

Before Emperor Constantine came along, lots and lots of Christians were hurt and killed for their faith. They were supposed to worship

whatever idols the emperor wanted them to worship. They worshipped lifeless statues instead of God! But in the year 313, Emperor Constantine passed a great law called the Edict of Milan. That law made it so being a Christian was legal. Christians were allowed to

worship our one true God.

Always remember that the saints are people we can pray to for help! Lots of Christians in the world aren't allowed to be Christian. They are hurt or even killed because they live their Christian faith. Maybe you could ask Saints Constantine and Helen to help these Christians and to give them strength. Can you remember to do that?



**Emperor Constantine** 

We remember Sts. Constantine and Helen today, May 21st (OC: June 3rd).