

Holy Trinity Orthodox Church



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www.holytrinitydanbury.org

<https://www.facebook.com/htocdanbury/?fref=hovercard>

Diocesan Website: www.acrod.org

Camp Nazareth:

<http://www.campnazareth.org>

Facebook:

<https://www.facebook.com/acroddiocese>

You Tube:

<https://youtube.com/acroddiocese>

Recommended Orthodox Internet Ministries

<http://myocn.net/>

<http://www.ancientfaith.com/>

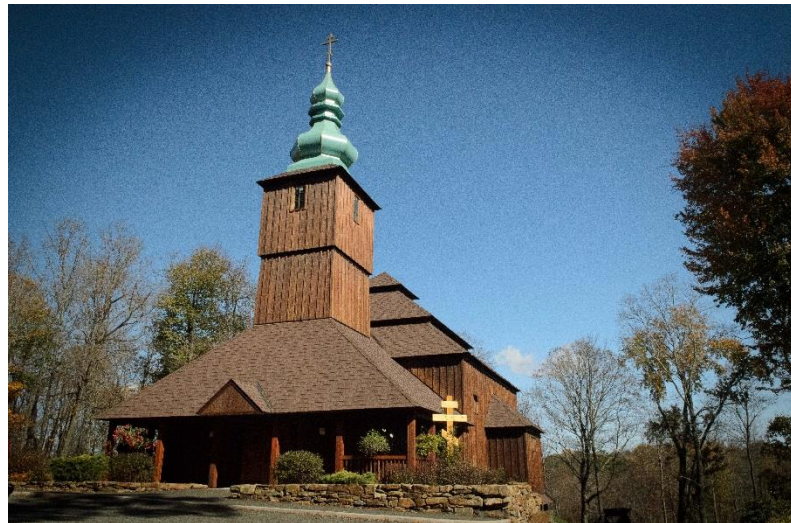
Welcome to Holy Trinity Parish

Today is Forgiveness Sunday. The Epistle is from Romans 13:11-14:4. The Gospel is from Matthew 6:14-21. Saint Porphyrius of Gaza.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.



Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.

Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study

and learn more about Jesus Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

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Schedule of Services and Events for this week

Sunday, February 26, 10 AM – Divine Liturgy	Tuesday, February 28, 9:15 AM – Perogie Session	Thursday, March 2, 6 PM – Canon of St. Andrew
Sunday, February 26, 11:30 AM – Installation of parish council officers/Rite of Forgiveness	Tuesday, February 28, 6 PM – Canon of St. Andrew-	Friday, March 3, 8 AM – Lenten Hours
Sunday, February 26 -Collection for IOCCC for earthquake relief	Wednesday, March 1, 8 AM – Lenten Hours	Friday, March 3, 9 AM – Old Testament Class
Sunday, February 26, 1 PM- 3 PM - OYMT	Wednesday, March 1, 6 PM – Presanctified Liturgy	Saturday, March 4, 8 AM to 3 PM – Roll baking
Monday, February 27, 8 AM – Lenten Hours	Thursday, March 2, 8 AM – Lenten hours	Saturday, March 4, 3- 5 PM – Toddlers Time
Monday, February 27, 6 PM – Canon of St. Andrew	Thursday, March 2, 9 AM – New Testament Class	Saturday, March 4, 5 PM - Vespers
Tuesday, February 28, 8 AM - Akathist	Thursday, March 2, 4 to 6 PM – Monthly Bake Sale	Sunday, March 5, 10 AM – Divine Liturgy – Sunday of Orthodoxy - bring icons to church

Please remember to sign up and subscribing on our parish web site www.holytrinitydanbury.org

And to those with a Facebook accounts please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htocdanbury/?fref=hovercard> so the word gets out.

Help Re-Stock Our Kitchen:
We need decaf coffee and sturdy paper plates. Thank you!

Cards for Bob

Cards for Bob—Bob Popp is both at Bethel Health Care and would very much enjoy hearing from parishioners. The address for the center is: Bethel Health Care, 13 Parklawn Dr., Bethel, CT 06801. Bob's room number is 227W

| Perogie Sessions

Perogie Sessions—We will resume our perogie sessions on Tuesday, Jan. 24th at approximately 9:15 a.m. following our weekly Akathist service which starts at 8:30 a.m. New pinchers always welcome—no experience needed!

| Service for Marilyn

—On Saturday, March 11th we will have a Parastas for Marilyn Zaengle who passed away on Jan. 23rd. Following the service everyone is invited to a light Lenten Meal in the church hall.

Adult Education Opportunities

We have several adult education classes going on currently that are currently online:

Spirituality Class – Mondays at 7:00 p.m. This week we will soon be starting a new book:

Unseen Warfare

Catechism Class – Wednesdays at 7:00 p.m.

For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith. We'll be starting a new book soon, **Symeon the New Theologian – The Discourses.**

New Testament – Thursdays at 9:00 a.m. currently we are reading and studying ***St. Paul's Epistle to the Ephesians***

Old Testament Class – Fridays at 9:00 a.m. We have begun **Psalms.**

All classes will take place in the church hall. We will also make them available via Zoom for those who cannot attend in person. (live, same credentials).

Church Store—We have many new items in our Church Store. Check out our selection of books for summer reading, beautiful icons, jewelry, and religious items. We have many children's offerings and items perfect for gift giving. Your purchase also benefits the parish. If there are any items you would like to see in our store, please let Lisa Farrah or Sarah Mannello know.

Clothing Drive is Back—Ann Huott and her family have graciously agreed to conduct one more clothing drive as a fundraiser for the parish. The most recent collection brought in \$671.50. Used clothing, linens, shoes, bags and other items can be brought to the church in plastic garbage bags and left at the candle stand. For a complete list of acceptable items see the flyer at the candle stand or ask Ann. Thank you Huott family!

Toddler Time--We are looking forward to bringing the youngest members of our parish family and their parents together to spend time with one another. After talking to the parents, it seems that a good time to meet is the first Saturday of the month from 3-5 p.m. If something changes or you realize this date or time do not work for your family, please let us know so that we can accommodate or make changes as needed. The dates for this spring will be:

Sat. March 4th 3:00-5:00 p.m.
Sat. April 8th following Liturgy for Lazarus Saturday—Note this is the second Sat of the month but we are switching due to the feast day and our Bake Sale on April 1st.
Sat. May 6th 3:00-5:00 p.m.
Sat. June 3rd 3:00-5:00 p.m.

Envelopes

Envelopes—Donation envelopes are here. If you would like to have envelopes to make your donations, please pick up your box and note the number that you are taking on the sheet so an accurate record of your donations can be kept for tax purposes.

Monthly Bake Sale

Monthly Bake Sale—Our next monthly bake sale will be on Thur. March 2nd from 4-6 p.m. Last month's sale was a record sellout! If you can help at the sale, please see Helen Galskoy.

Men's Retreat

Men's Retreat – The Men of the parish will be going to St. Tikhon's monastery for the feast of the Annunciation from Friday, March 24 to Saturday, March 25. Please let Fr. Luke know so he can fill you in on the details if you are interested in attending.

Birthdays – If you have dates of Birthdays or Anniversaries that you would like to add, please let Fr. Luke know so he can include them.

February	
Nicu Melnic	26
March	
Larisa Yarush	6
Ana Urgiles Melnic	7
Taylor Freitas	8
Amy Davids	8
Mia Paltauf	9
Aidan McVeigh	12
Anthony Villa	16
Ella Silvera	16
Yennifer Nunez	17
Vida Bunda	24
Peter Astras	24
Marika Gutzman (Names day)	25
Leon & Lady Guerrero - Anniversary	25
Orestes Mihaly	26
Michael Browne	30
Lily Mihaly	30

Upcoming Events

Forgiveness Sunday, February 26

Lenten Retreat--Sat. March 18th at the church hall

OYMT Training Session and Teen Church School—Sunday Feb. 26th 1:00-3:00 p.m.

Men's Retreat visit to St. Tikhon's Monastery – Friday, March 24 to Saturday, March 25

Monthly Bake Sale--Thurs. March 2nd 4:00-6:00 p.m.

Easter Bake Sale—Saturday, April 1st 10 a.m.-3 p.m.

Toddler Time—Sat. March 4th 3:00-5:00 p.m.

Parastas Service for Marilyn—Saturday, March 11th 11:00 a.m.

OYMT Training and Teen Church School Next Sunday

—On Sunday, Feb. 26th following coffee hour we will have our next training session for OYMT. We would also like the teens from our parish who are not going on the mission trip to attend this session where we will be discussing sensitivity and working with people who may be different from us in various ways. We will also be learning about food insecurity and its impact on a community. The session will run from 1 p.m. to 3 p.m.

In-House Lenten Retreat-- Fr. Bogdan Bucur, Associate Professor of Patristics at St. Vladimir's Seminary will be leading a Lenten retreat entitled "**Learning Theology from the Hymns of Lent and Holy Week**" at our parish on Saturday, **March 18 from 2:30 PM to 5:30 PM**. He will also be a concelebrant at our Sunday Divine Liturgy the next day.

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"... a place of refuge full of love and joy."



Holy Land Pilgrimage—

We are putting together a group to go on a trip the Holy Land this year. The trip would take place from Oct. 16-28th and will be led by Fr. Ilya Gotlinsky who we have worked with before and has an excellent reputation and much experience with this pilgrimage. The itinerary for the trip is available in the hall and attached to the bulletin. The cost for the trip is \$3150 per person, not including airfare. For details of what is included see the itinerary. If you are interested in going on this trip, please let Fr. Luke or Susan Sulich know.

As we begin Lent together, the following minimal fasting regulations are designated for our clergy and faithful:

- 1) Monday, February 27 (Clean Monday), the first day of the Fast, is a day of strict abstinence; likewise Great and Holy Friday, and Great and Holy Saturday, namely April 14 and 15 are days of strict abstinence. On these days, no meat or dairy products may be eaten.**
- 2) All Wednesdays and Fridays during this entire Season are days of abstinence from meat.**
- 3) Meat and meat products may not be eaten during all of Holy Week, namely April 10 through April 15.**
- 4) For the evening Pre-sanctified Liturgy, a minimum three-hours fast from all food and drink must be observed before the reception of Holy Communion. Normal fasting from midnight is still practiced before the Liturgies of St. John Chrysostom and St. Basil the Great.**

These are the minimal requirements to observe during this Season. But for those of stronger body and more willing spirit, I wholeheartedly recommend the penitential practices of a sterner quality which the time-honored traditions and customs of our Holy Orthodox Church have handed down to us.

On weekdays (Monday to Friday inclusive) during the seven weeks of Lent, there are restrictions both on the *number* of meals taken daily and on the *types of food* permitted; but when a meal is allowed, there is no fixed limitation on the *quantity* of food to be eaten.

[This material is taken from the introduction to The Lenten Triodion. In modern practice, the above rules tend to be somewhat relaxed, and they have always been relaxed for children and the infirm. Fast as you are able and consult Fr. Luke as needed. As you eat less physical food, it is important to increase your intake of spiritual food – prayer and reading scripture and the fathers of the Church.]