

Holy Trinity Orthodox Church



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www.holytrinitydanbury.org

<https://www.facebook.com/htocdanbury/?ref=hovercard>

Diocesan Website: www.acrod.org

Camp Nazareth:

<http://www.campnazareth.org>

Facebook:

<https://www.facebook.com/acroddiocese>

Twitter: <https://twitter.com/acrodnews>

You Tube:

<https://youtube.com/acroddiocese>

Recommended Orthodox Internet Ministries

<http://myocn.net/>

<http://www.ancientfaith.com/>

Welcome to Holy Trinity Parish

Today is St. Mary of Egypt Sunday. The Epistle is from Hebrews 9:11-14. The Gospel is from Mark 10:32-45. Martyrs Terrence, Africanus, Pompus & Maximus.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly



prepared are invited to receive Holy Communion.

Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.

Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

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Schedule of Services and Events for this week

Sunday, April 10, 10 AM –
Divine Liturgy – St. Mary of Egypt

Monday, April 11, 7 PM –
Spirituality Class

Tuesday, April 12, 8 AM –
Akathist

Wednesday, April 13, 6 PM –
Presanctified Liturgy followed by Lenten Meal

Wednesday, April 13, 7:30 PM –
Adult Catechism Class

Thursday, April 14, 8 AM –
Lenten Hours

Thursday, April 14, 9 AM –
New Testament Class

Friday, April 15, 9 AM –
Old Testament Class

Saturday, April 16, 9 AM –
Lazarus Saturday Liturgy

Saturday, April 16, 10:30 AM –
Making Palm Crosses, Luminaries and dying eggs

Saturday, April 16, 10:30 AM –
Clean up parish grounds in preparation for Pascha

Saturday, April 16, 5 PM –
Vespers for Palm Sunday

Sunday, April 17, 10 AM –
Divine Liturgy – Palm Sunday

Sunday, April 17, 12:30 PM –
Parish Council Meeting

Please remember to sign up and subscribing on our parish web site www.holytrinitydanbury.org

And to those with a Facebook accounts please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htocdanbury/?fref=hovercard> so the word gets out.

We have some items still left to purchase from the bake sale. We also have the raffle going on with items from all our crafters. Winner will be pulled at the end of coffee hour.

Dorothy Day

Dorothy Day—Our next date to serve at Dorothy Day will be Friday, June 10th If you are able to help for all or part of the afternoon, please let Susan Sulich know. Community service hours available for high school students who need them! If you are interested in cooking something for Dorothy Day that can be made ahead and frozen, please let us know.

| Cards for Marilyn

Cards for Marilyn—Marilyn Zaengle is still at Bethel Healthcare. She is very appreciative of all the cards that she received from parishioners. She has a new room number#: 212D. The full address is Mrs. Marilyn Zaengle – Room #212D, Bethel Health Care Center, 13 Park Lawn Dr, Bethel, CT 06801.

| St. Paraskeva Charity

St. Paraskeva Orthodox Charity - We will have presentation at our 4/3 Coffee Hour by Mariana Cuceu, MD, MPH, who is the President of the Saint Paraskeva Orthodox Charity. Introduced to us by our parishioner Nicu Melnic, St. Paraskeva Orthodox Charity is a faith based non-profit organization that provides developmental and spiritual services to orphaned and disabled children in Romania's communities.

Adult Education Opportunities

We have several adult education classes going on currently that are currently online:

Spirituality Class – Mondays at 7:00 p.m. This week we will be starting a new book: *The Religion of the Apostles*

Catechism Class – Wednesdays at 7:00 p.m.

For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith. We'll be starting a new book soon, **Gregory of Nyssa: Catechetical Discourse.**

New Testament – Thursdays at 9:00 a.m. currently we are reading and studying *St. Paul's*

Second Epistle to the Corinthians

Old Testament Class – Fridays at 9:00 a.m. We have begun Psalms.

All classes will take place in the church hall. We will also make them available via Zoom for those who cannot attend in person. (live, same credentials).

Church Store—Need a gift? Consider shopping in our Church Store. Your purchase benefits the parish and we have a beautiful selection of icons, jewelry, books and religious items. If there are any items you would like to see in our store, please let Lisa Farrah or Sarah Mannello know.

Pussy willows Needed--if you have access to pussy willows please cut and bring to the Church. We will need them for Palm Sunday.

OYMT Update

OYMT Updates--
Yesterday our youth mission team had its Tool and Safety training session here at the Church. Next month they will put their skills to work building a fence for our parish garden. Thank you for all your support to our team!

Pascha Breads

Pascha Breads—Pani Bethany and Susan Sulich will be making a batch of Pascha Breads during Holy Week. If you did not purchase one at the bake sale and you wish to have one for your Easter celebration, please let one of them know today so they can plan accordingly.

Upcoming Events

Lazarus Saturday Family Day—
Saturday, April 16th 8:30 a.m. to 2 p.m.

Church Cleanup (Interior)—
Monday, April 18th following
Bridegroom Matins

OYMT Construction Day—
Saturday, May 7th from 9:00 a.m. to 4:00 p.m.

Easter Bake and Craft Sale

Easter Bake and Craft Sale—Many thanks to everyone who helped cook, bake, roll, pinch, make kielbasa, set up, work in the kitchen and at the sale, update our forms, take and fill orders, stock our Church store, and contribute to the bake sale in any way. We had one of our most successful sales ever! Not only were our visitors pleased to purchase all our delicious homemade foods and peruse our beautiful store they were happy to be with us and reconnect post covid.

Lazarus Saturday Family Day

Lazarus Saturday Family Day—
We encourage all our children and families to attend liturgy for Lazarus Saturday, April 16th and to stay after to help prepare for Holy Week:

- Children are encouraged to come for the sacrament of Confession at 8:30 a.m.
- Liturgy 9:00 a.m.

- Breakfast served after Liturgy (Food donations welcome!)
- Make palm crosses, luminaries for Midnight service and dye red eggs

- Outdoor ground clean up

Please save this date to come together as a parish family to help prepare for Holy Week and Pascha!

Birthdays

April	
Markus Paltauf	8
Freddy Villa	9
Sadie Xenia Mihaly	9
Maria (Paltauf) Duclos	9
Brianna Scalzo	10
Katarina Mihaly	11
Christopher Mihaly	11
Melissa (Sulich) McVeigh	11
Grace Radcliff	14
Adriano Morfa	14
Carmen Villa	15
Ignatius Michael Thompson	15
Ava Baroody	16
Melanie Sulich	17
Rosalyn Mihaylo	18
Nectarios Mihaly	20
Viorel Bundra	23
Natasha Gross	25
Harry Fong	26
Elena Gordon	27
Logan Thompson	29

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"... a place of refuge full of love and joy."



Help Re-Stock Our Kitchen—We are in of sturdy paper plates, bowls, napkins and decaf coffee. Thank you!

As we begin **Lent** together, the following minimal fasting regulations are designated for our clergy and faithful:

- 1) Great and Holy Friday, and Great and Holy Saturday, namely April 22 and 23 are days of strict abstinence. On these days, no meat or dairy products may be eaten.
- 2) All Wednesdays and Fridays during this entire Season are days of abstinence from meat.
- 3) Meat and meat products may not be eaten during all of Holy Week, namely April 18 through April 23.
- 4) For the evening Pre-sanctified Liturgy, a minimum three-hours fast from all food and drink must be observed before the reception of Holy Communion. Normal fasting from midnight is still practiced before the Liturgies of St. John Chrysostom and St. Basil the Great.

These are the minimal requirements to observe during this Season. But for those of stronger body and more willing spirit, I wholeheartedly recommend the penitential practices of a sterner quality which the time-honored traditions and customs of our Holy Orthodox Church have handed down to us.

On weekdays (Monday to Friday inclusive) during the seven weeks of Lent, there are restrictions both on the *number* of meals taken daily and on the *types of food* permitted; but when a meal is allowed, there is no fixed limitation on the *quantity* of food to be eaten.

[This material is taken from the introduction to The Lenten Triodion. In modern practice, the above rules tend to be somewhat relaxed, and they have always been relaxed for children and the infirm. Fast as you are able and consult Fr. Luke as needed. As you eat less physical food, it is important to increase your intake of spiritual food – prayer and reading scripture and the fathers of the Church.]