

Holy Trinity Orthodox Church



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www.holytrinitydanbury.org

<https://www.facebook.com/htocdanbury/?ref=hovercard>

Diocesan Website: www.acrod.org

Camp Nazareth:

<http://www.campnazareth.org>

Facebook:

<https://www.facebook.com/acroddiocese>

Twitter: <https://twitter.com/acrodnews>

You Tube:

<https://youtube.com/acroddiocese>

Recommended Orthodox Internet Ministries

<http://myocn.net/>

<http://www.ancientfaith.com/>

Welcome to Holy Trinity Parish

Today is St. John Climacus Sunday. The Epistle is from Hebrews 6:13-20. The Gospel is from Mark 9:17-31. Confessor Nicetas.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.



Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.

Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus

Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

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Schedule of Services and Events for this week

Sunday, April 3, 10 AM –
Divine Liturgy

Sunday, April 3, 12:30 PM –
Presentation on the St. Paraskeva Orthodox Charity by Dr. Mariana Cuceu

Monday, April 4, 7 PM –
Spirituality Class

Tuesday, April 5, 8 AM –
Akathist

Wednesday, April 6, 6 PM –
Presanctified Liturgy followed by Lenten Meal

Wednesday, April 7, 7:30 PM
– Adult Catechism Class

Thursday, April 7, 8 AM –
Lenten Hours

Thursday, April 7, 9 AM –
New Testament Class

Thursday, April 7, 2 PM –
Kielbasa making

Thursday, April 7, 6 PM –
Canon St. Andrew reading of the Life of St. Mary of Egypt

Friday, April 8, 9 AM – Old Testament Class

Friday, April 8, 11 AM – Set up for Bake Sale

Friday, April 8, 1:30 to 4:30 PM – Dorothy Day Soup Kitchen

Saturday, April 9, 10 AM to 3 PM – Easter Craft and Bake Sale

Saturday, April 9, 5 PM – Vespers

Sunday, April 10, 10 AM – Divine Liturgy - St. Mary of Egypt

Please remember to sign up and subscribing on our parish web site www.holytrinitydanbury.org

And to those with a Facebook accounts please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htocdanbury/?fref=hovercard> so the word gets out.

Lenten Cookoff—On Sunday, April 3rd we will have our annual Lenten Cookoff for our coffee hour. Please bring a favorite Lenten main dish, salad, side dish or dessert to share at coffee hour and we will vote for our favorites. Prize awarded at Pascha Midnight Agape meal! Please also make copies of your recipe to share.

Kielbasa Making – Thursday, April 7

Dorothy Day

Dorothy Day—Our next date to serve at Dorothy Day will be Friday, April 8th If you are able to help for all or part of the afternoon, please let Susan Sulich know. Community service hours available for high school students who need them! If you are interested in cooking something for Dorothy Day that can be made ahead and frozen, please let us know.

Cards for Marilyn

Cards for Marilyn—Marilyn Zaengle is still at Bethel Healthcare. She is very appreciative of all the cards that she received from parishioners. She has a new room number#: 212D. The full address is Mrs. Marilyn Zaengle – Room #212D, Bethel Health Care Center, 13 Park Lawn Dr, Bethel, CT 06801.

St. Paraskeva Charity

St. Paraskeva Orthodox Charity - We will have presentation at our 4/3 Coffee Hour by Mariana Cuceu, MD, MPH, who is the President of the Saint Paraskeva Orthodox Charity. Introduced to us by our parishioner Nicu Melnic, St. Paraskeva Orthodox Charity is a faith based non-profit organization that provides developmental and spiritual services to orphaned and disabled children in Romania's communities.

Adult Education Opportunities

We have several adult education classes going on currently that are currently online:

Spirituality Class – Mondays at 7:00 p.m. This week we will be starting a new book: *The Religion of the Apostles*

Catechism Class – Wednesdays at 7:00 p.m.

For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith. We'll be starting a new book soon, **Gregory of Nyssa: Catechetical Discourse.**

New Testament – Thursdays at 9:00 a.m. currently we are reading and studying *St. Paul's*

Second Epistle to the Corinthians

Old Testament Class – Fridays at 9:00 a.m. We have begun Maccabees.

All classes will take place in the church hall. We will also make them available via Zoom for those who cannot attend in person. (live, same credentials).

Church Store—Need a gift? Consider shopping in our Church Store. Your purchase benefits the parish and we have a beautiful selection of icons, jewelry, books and religious items. If there are any items you would like to see in our store, please let Lisa Farrah or Sarah Mannello know.

Pussy willows Needed--if you have access to pussy willows please cut and bring to the Church. We will need them for Palm Sunday.

OYMT Update

OYMT Updates--
Yesterday our youth mission team had its Tool and Safety training session here at the Church. Next month they will put their skills to work building a fence for our parish garden. Thank you for all your support to our team!

| New Donation Envelopes

New Donation Envelopes—
Envelopes for 2022 are in. If this is your preferred method of making donations, please see Susan Sulich to get your new envelopes. NOTE: We will be starting with all new numbers this year.

| Calling All Crafters

Calling All Crafters—We will be featuring fine artisan homemade crafts at our Easter Bake and Craft Sale on April 9th. If you or someone you know would like to participate the cost is \$35 for a table. Please let Susan Sulich know if you would like to reserve a spot

Upcoming Events

Lenten Cookoff—Sunday, April 3rd for coffee hour

Presentation on St. Paraskeva Orthodox Charity— Sunday, April 3 – Sunday presentation by Dr. Mariana Cuceu on the work they do to help orphaned Children in Romania
<https://www.spcharity.org/>

Kielbasa Making – Thursday, April 7

Easter Craft and Bake Sale— Saturday, April 9th 10 a.m. to 3 p.m.

Lazarus Saturday Family Day—Saturday, April 16th 8:30 a.m. to 2 p.m.

Church Cleanup (Interior)— Monday, April 18th following Bridegroom Matins

Easter Bake and Craft Sale

Easter Bake and Craft Sale—On Saturday, April 9th we will have our Easter Bake and Craft Sale from 10:00 a.m. to 3:00 p.m. We will need help with set up on Friday, the 8th starting at 11:00 a.m. and then on the day of the sale in the kitchen, filling orders, etc. Please plan to set aside some time if possible, for this important opportunity to interact with our community and fundraise for the parish.

| Lenten Cookoff

Lenten Cookoff—Today is our Lenten Cook-off! Sunday, April 3rd for coffee hour. We will have a secret vote to see whose dish is the favorite. Winner will be announced at the Agape Meal.

Birthdays

April	
Adam Rosenfield	5
Markus Paltauf	8
Freddy Villa	9
Sadie Xenia Mihaly	9
Maria (Paltauf) Duclos	9
Brianna Scalzo	10
Katarina Mihaly	11
Christopher Mihaly	11
Melissa (Sulich) McVeigh	11
Grace Radcliff	14
Adriano Morfa	14
Carmen Villa	15
Ignatius Michael Thompson	15
Ava Baroody	16
Melanie Sulich	17
Rosalyn Mihaylo	18
Viorel Bundra	23
Natasha Gross	25
Harry Fong	26
Elena Gordon	27
Logan Thompson	29

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"... a place of refuge full of love and joy."



Help Re-Stock Our Kitchen—We are in of sturdy paper plates, bowls, napkins and decaf coffee. Thank you!

Lazarus Saturday Family Day—We encourage all our children and families to attend liturgy for Lazarus Saturday, April 16th and to stay after to help prepare for Holy Week:

- Children are encouraged to come for the sacrament of Confession at 8:30 a.m.
- Liturgy 9:00 a.m.
- Breakfast served after Liturgy (Food donations welcome!)
- Make palm crosses, luminaries for Midnight service and dye red eggs
- Outdoor ground clean up

Please save this date to come together as a parish family to help prepare for Holy Week and Pascha!

As we begin **Lent** together, the following minimal fasting regulations are designated for our clergy and faithful:

- 1) Great and Holy Friday, and Great and Holy Saturday, namely April 22 and 23 are days of strict abstinence. On these days, no meat or dairy products may be eaten.
- 2) All Wednesdays and Fridays during this entire Season are days of abstinence from meat.
- 3) Meat and meat products may not be eaten during all of Holy Week, namely April 18 through April 23.
- 4) For the evening Pre-sanctified Liturgy, a minimum three-hours fast from all food and drink must be observed before the reception of Holy Communion. Normal fasting from midnight is still practiced before the Liturgies of St. John Chrysostom and St. Basil the Great.

These are the minimal requirements to observe during this Season. But for those of stronger body and more willing spirit, I wholeheartedly recommend the penitential practices of a sterner quality which the time-honored traditions and customs of our Holy Orthodox Church have handed down to us.

On weekdays (Monday to Friday inclusive) during the seven weeks of Lent, there are restrictions both on the *number* of meals taken daily and on the *types of food* permitted; but when a meal is allowed, there is no fixed limitation on the *quantity* of food to be eaten.

[This material is taken from the introduction to The Lenten Triodion. In modern practice, the above rules tend to be somewhat relaxed, and they have always been relaxed for children and the infirm. Fast as you are able and consult Fr. Luke as needed. As you eat less physical food, it is important to increase your intake of spiritual food – prayer and reading scripture and the fathers of the Church.]