

# Holy Trinity Orthodox Church



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[www.holytrinitydanbury.org](http://www.holytrinitydanbury.org)

<https://www.facebook.com/htocdanbury/?ref=hovercard>

Diocesan Website: [www.acrod.org](http://www.acrod.org)

Camp Nazareth:

<http://www.campnazareth.org>

Facebook:

<https://www.facebook.com/acroddiocese>

Twitter: <https://twitter.com/acrodnews>

You Tube:

<https://youtube.com/acroddiocese>

Recommended Orthodox Internet Ministries

<http://myocn.net/>

<http://www.ancientfaith.com/>

## Welcome to Holy Trinity Parish

Today is the Sunday of the Cross. The Epistle is from Hebrews 4:14-5:6. The Gospel is from Mark 8:34-9:1. John the Seer.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.

Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.



Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

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## Schedule of Services and Events for this week

<b>Sunday, March 27, 10 AM –</b> Divine Liturgy.	<b>Tuesday, March 29, 8 AM</b> – Akathist	<b>Saturday, April 2, 12 noon to 5 PM –</b> OYMT Tool Training
<b>Sunday, March 27, 11:30 AM</b> – Panachida for Robert Paltauf and Levia Balseca Rosero	<b>Wednesday, March 30, 6 PM</b> – Presanctified Liturgy followed by Lenten Meal	<b>Saturday, April 2, 5 PM –</b> Vespers
<b>Sunday, March 27, 11:45 AM</b> –in-house Lenten Retreat led by Fr. Chad Hatfield, Dena of St., Vladimir’s Seminary	<b>Wednesday, March 30, 7:30 PM</b> – Adult Catechism Class	<b>Sunday, April 3, 10 AM –</b> Divine Liturgy
<b>Monday, March 28, 7 PM</b> – St. Nectarios Movie: Man of God	<b>Thursday, March 31, 8 AM –</b> Lenten Hours	<b>Sunday, April 3, 12:30 PM</b> – Presentation on the St. Paraskeva Orthodox Charity by Dr. Mariana Cuceu
<b>Monday, March 28, 7 PM</b> – Spirituality Class	<b>Thursday, March 31, 9 AM –</b> New Testament Class\	
	<b>Friday, April 1, 9 AM –</b> Old Testament Class	

Please remember to sign up and subscribing on our parish web site [www.holytrinitydanbury.org](http://www.holytrinitydanbury.org)

And to those with a Facebook accounts please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htoccdanbury/?fref=hovercard> so the word gets out.

**Lenten Cookoff**—On Sunday, April 3<sup>rd</sup> we will have our annual Lenten Cookoff for our coffee hour. Please bring a favorite Lenten main dish, salad, side dish or dessert to share at coffee hour and we will vote for our favorites. Prize awarded at Pascha Midnight Agape meal! Please also make copies of your recipe to share.

Kielbasa Making – Thursday, April 7

## Dorothy Day

**Dorothy Day**—Our next date to serve at Dorothy Day will be Friday, April 8<sup>th</sup> If you are able to help for all or part of the afternoon, please let Susan Sulich know. Community service hours available for high school students who need them! If you are interested in cooking something for Dorothy Day that can be made ahead and frozen, please let us know.

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## Adult Education Opportunities

We have several adult education classes going on currently that are currently online:

**Spirituality Class** – Mondays at 7:00 p.m. This week we will be starting a new book: *The Religion of the Apostles*

**Catechism Class** – Wednesdays at 7:00 p.m.

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**Church Store**—Need a gift? Consider shopping in our Church Store. Your purchase benefits the parish and we have a beautiful selection of icons, jewelry, books and religious items. If there are any items you would like to see in our store, please let Lisa Farrah or Sarah Mannello know.

## Cards for Marilyn

**Cards for Marilyn**—Marilyn Zaengle is still at Bethel Healthcare. She is very appreciative of all the cards that she received from parishioners. She has a new room number#: 212D. The full address is Mrs. Marilyn Zaengle – Room #212D, Bethel Health Care Center, 13 Park Lawn Dr, Bethel, CT 06801.

For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith. We'll be starting a new book soon, **Gregory of Nyssa: Catechetical Discourse.**

**New Testament** – Thursdays at 9:00 a.m. currently we are reading and studying *St. Paul's*

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Movie **"Man of God"** about **the Life of St. Nectarios** is playing in Danbury, CT on Monday, March 28 at 7 PM. Tickets are \$15.00 each. Please let Pani Bethany know.

## St. Paraskeva Charity

**St. Paraskeva Orthodox Charity** - We will have presentation at our 4/3 Coffee Hour by Mariana Cuceu, MD, MPH, who is the President of the Saint Paraskeva Orthodox Charity. Introduced to us by our parishioner Nicu Melnic, St. Paraskeva Orthodox Charity is a faith based non-profit organization that provides developmental and spiritual services to orphaned and disabled children in Romania's communities.

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## Second Epistle to the Corinthians

**Old Testament Class** – Fridays at 9:00 a.m. We have begun Maccabees.

All classes will take place in the church hall. We will also make them available via Zoom for those who cannot attend in person. (live, same credentials).

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**Our Thanks to Fr. Chad Hatfield**, Dean of St. Vladimir's Seminary for coming to our parish for a Lenten presentation on: **"Mary, Mysteries & Mission"**.

## OYMT Update

**OYMT Updates**—We had a very successful first training session last Sunday for the Orthodox Youth Mission Team. Fr. Luke is looking to get together with the team members who didn't make it to catch them up on what was discussed. Please do your best make yourself available for this session. Our next training session will take place here at Holy Trinity on Sunday, Feb. 27<sup>th</sup> from 3:00-5:00 p.m.

## | New Donation Envelopes

**New Donation Envelopes**—Envelopes for 2022 are in. If this is your preferred method of making donations, please see Susan Sulich to get your new envelopes. NOTE: We will be starting with all new numbers this year.

## | Calling All Crafters

**Calling All Crafters**—We will be featuring fine artisan homemade crafts at our Easter Bake and Craft Sale on April 9<sup>th</sup>. If you or someone you know would like to participate the cost is \$35 for a table. Please let Susan Sulich know if you would like to reserve a spot

## Upcoming Events

**In-House Lenten Retreat – Sunday, March 27** – Led by Fr. Chad Hatfield Dean of St. Vladimir's Seminary

Children in Romania  
<https://www.spcharity.org/>

**Kielbasa Making** – Thursday, April 7

**OYMT Tool and Safety Training**—Saturday, April 2<sup>nd</sup> 12-4 p.m.

**Easter Craft and Bake Sale**—Saturday, April 9<sup>th</sup> 10 a.m. to 3 p.m.

**Lenten Cookoff**—Sunday, April 3<sup>rd</sup> for coffee hour

**Lazarus Saturday Family Day**—Saturday, April 16<sup>th</sup> 8:30 a.m. to 2 p.m.

**Presentation on St. Paraskeva Orthodox Charity**— Sunday, April 3 – Sunday presentation by Dr. Mariana Cuceu on the work they do to help orphaned

**Church Cleanup (Interior)**— Monday, April 18<sup>th</sup> following Bridegroom Matins

## Easter Bake and Craft Sale

**Easter Bake and Craft Sale**—On Saturday, April 9<sup>th</sup> we will have our Easter Bake and Craft Sale from 10:00 a.m. to 3:00 p.m. We will need help with set up on Friday, the 8<sup>th</sup> starting at 11:00 a.m. and then on the day of the sale in the kitchen, filling orders, etc. Please plan to set aside some time if possible, for this important opportunity to interact with our community and fundraise for the parish.

## | Women's Lenten Retreat

**Women's Lenten Retreat**—thank you to Fr. John Mikitich for an excellent retreat. And, to Susan Sulich who helped coordinate and set up the retreat and to all those who attended. It was an excellent retreat that I believe everyone enjoyed

## | Lenten Cookoff

**Lenten Cookoff**—Sunday, April 3<sup>rd</sup> for coffee hour. Share one of your favorite Lenten recipes with the parish. We will have a secret vote to see whose dish is the favorite. Winner will be announced at the Agape Meal.

## Birthdays

<b>March</b>	
Vida Bundra	24
Peter Astras	24
Marika Gutzman (Names day)	25
Leon & Lady Guerrero - Anniversary	25
Orestes Mihaly	26
Michael Browne	30
Lily Mihaly	30
<b>April</b>	
Adam Rosenfield	5
Markus Paltauf	8
Freddy Villa	9
Sadie Xenia Mihaly	9
Maria (Paltauf) Duclos	9
Brianna Scalzo	10
Katarina Mihaly	11
Christopher Mihaly	11
Melissa (Sulich) McVeigh	11
Grace Radcliff	14
Adriano Morfa	14
Carmen Villa	15
Ignatius Michael Thompson	15
Ava Baroody	16
Melanie Sulich	17
Rosalyn Mihaylo	18
Viorel Bundra	23
Natasha Gross	25

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"... a place of refuge full of love and joy."



**Help Re-Stock Our Kitchen**—We are in of sturdy paper plates, bowls, napkins and decaf coffee. Thank you!

**Lazarus Saturday Family Day**—We encourage all our children and families to attend liturgy for Lazarus Saturday, April 16<sup>th</sup> and to stay after to help prepare for Holy Week:

- Children are encouraged to come for the sacrament of Confession at 8:30 a.m.
- Liturgy 9:00 a.m.
- Breakfast served after Liturgy (Food donations welcome!)
- Make palm crosses, luminaries for Midnight service and dye red eggs
- Outdoor ground clean up

Please save this date to come together as a parish family to help prepare for Holy Week and Pascha!

As we begin **Lent** together, the following minimal fasting regulations are designated for our clergy and faithful:

- 1) Great and Holy Friday, and Great and Holy Saturday, namely April 22 and 23 are days of strict abstinence. On these days, no meat or dairy products may be eaten.
- 2) All Wednesdays and Fridays during this entire Season are days of abstinence from meat.
- 3) Meat and meat products may not be eaten during all of Holy Week, namely April 18 through April 23.
- 4) For the evening Pre-sanctified Liturgy, a minimum three-hours fast from all food and drink must be observed before the reception of Holy Communion. Normal fasting from midnight is still practiced before the Liturgies of St. John Chrysostom and St. Basil the Great.

**These are the minimal requirements to observe during this Season. But for those of stronger body and more willing spirit, I wholeheartedly recommend the penitential practices of a sterner quality which the time-honored traditions and customs of our Holy Orthodox Church have handed down to us.**

On weekdays (Monday to Friday inclusive) during the seven weeks of Lent, there are restrictions both on the *number* of meals taken daily and on the *types of food* permitted; but when a meal is allowed, there is no fixed limitation on the *quantity* of food to be eaten.

*[This material is taken from the introduction to The Lenten Triodion. In modern practice, the above rules tend to be somewhat relaxed, and they have always been relaxed for children and the infirm. Fast as you are able and consult Fr. Luke as needed. As you eat less physical food, it is important to increase your intake of spiritual food – prayer and reading scripture and the fathers of the Church.]*