

Holy Trinity Orthodox Church



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www.holytrinitydanbury.org

<https://www.facebook.com/htocdanbury/?ref=hovercard>

Diocesan Website: www.acrod.org

Camp Nazareth:

<http://www.campnazareth.org>

Facebook:

<https://www.facebook.com/acroddiocese>

Twitter: <https://twitter.com/acrodnews>

You Tube:

<https://youtube.com/acroddiocese>

Recommended Orthodox Internet Ministries

<http://myocn.net/>

<http://www.ancientfaith.com/>

Welcome to Holy Trinity Parish

Today is the Sunday of Orthodoxy. The Epistle is from Hebrews 11:24-26, 32-12:2. The Gospel is from John 1:43-51. Martyr Sabinus of Egypt.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.



Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.

Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus

Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

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Schedule of Services and Events for this week

Sunday, March 13, 10 AM – Divine Liturgy bring icons to church for Sunday of Orthodoxy – Panachida for Metropolitan Nicholas and Arthur Dugal

Sunday, March 13, 4 PM – **Sunday of Orthodoxy** Vespers Holy Ghost Church, East Main Street, Bridgeport

Monday, March 14, 6 PM – Lenten Vespers

Monday, March 14, 7 PM – Spirituality Class

Tuesday, March 15, 8 AM – Akathist

Tuesday, March 15, 9AM – Perogie Session

Wednesday, March 16, 6 PM – Presanctified Liturgy followed by Lenten Meal

Wednesday, March 16, 7:30 PM – Adult Catechism Class

Thursday, March 17, 8 AM – Lenten Hours

Friday, March 18, 9 AM – Old Testament class

Saturday, March 19, 8 AM to 2 PM – Roll Baking

Saturday, March 19, 5 PM – Vespers

Sunday, March 20, 10 AM – Divine Liturgy

Please remember to sign up and subscribing on our parish web site www.holytrinitydanbury.org

And to those with a Facebook accounts please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htocdanbury/?fref=hovercard> so the word gets out.

Dorothy Day

Dorothy Day—Our next date to serve at Dorothy Day will be Friday, April 8th If you are able to help for all or part of the afternoon, please let Susan Sulich know. Community service hours available for high school students who need them! If you are interested in cooking something for Dorothy Day that can be made ahead and frozen, please let us know.

Lenten Women's Retreat

Lenten Women's Retreat— We will be hosting an overnight Lenten Women's Retreat on Friday March 25th into Saturday March 26 led by retreat master Fr. John Mikitish. The retreat will take place at Wisdom House Retreat and Conference Center in Litchfield, CT. The cost is \$135 per person which includes the overnight accommodations, 3 meals and the retreat program. For more information, contact Susan Sulich.

Cards for Marilyn

Cards for Marilyn—Marilyn Zaengle is still at Bethel Healthcare. She is very appreciative of all the cards that she received from parishioners. She has a new room number#: 212D. The full address is Mrs. Marilyn Zaengle – Room #212D, Bethel Health Care Center, 13 Park Lawn Dr, Bethel, CT 06801.

Adult Education Opportunities

We have several adult education classes going on currently that are currently online:

Spirituality Class – Mondays at 7:00 p.m. This week we will be starting a new book: *The Religion of the Apostles*

Catechism Class – Wednesdays at 7:00 p.m.

For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith. We'll be starting a new book soon, **Gregory of Nyssa: Catechetical Discourse.**

New Testament – Thursdays at 9:00 a.m. currently we are reading and studying *St. Paul's First Epistle to the Corinthians*

Old Testament Class – Fridays at 9:00 a.m. We have begun Maccabees.

All classes will take place in the church hall. We will also make them available via Zoom for those who cannot attend in person. (live, same credentials).

Church Store—Need a gift? Consider shopping in our Church Store. Your purchase benefits the parish and we have a beautiful selection of icons, jewelry, books and religious items. If there are any items you would like to see in our store, please let Lisa Farrah or Sarah Mannello know.

Movie "**Man of God**" about **the Life of St. Nectarios** is playing in Danbury, CT on Monday, March 21 at 7 PM. Tickets are \$15.00 each. Please let Pani Bethany know.

Fr. Chad Hatfield, Dean of St. Vladimir's Seminary has graciously accepted an invitation to serve on **Sunday, March 27** and lead a Lenten retreat following Coffee Hour that Sunday. His retreat theme is: "**Mary, Mysteries & Mission**". Please reserve this date on your calendar.

OYMT Update

OYMT Updates—We had a very successful first training session last Sunday for the Orthodox Youth Mission Team. Fr. Luke is looking to get together with the team members who didn't make it to catch them up on what was discussed. Please do your best make yourself available for this session. Our next training session will take place here at Holy Trinity on Sunday, Feb. 27th from 3:00-5:00 p.m.

| New Donation Envelopes

New Donation Envelopes—Envelopes for 2022 are in. If this is your preferred method of making donations, please see Susan Sulich to get your new envelopes. NOTE: We will be starting with all new numbers this year.

| Calling All Crafters

Calling All Crafters—We will be featuring fine artisan homemade crafts at our Easter Bake and Craft Sale on April 9th. If you or someone you know would like to participate the cost is \$35 for a table. Please let Susan Sulich know if you would like to reserve a spot

Birthdays

March	
Larisa Yarush	6
Ana Urgiles Melnic	7
Amy Davids	8
Mia Paltauf	9
Mary Gander	10
Aidan McVeigh	12
Anthony Villa	16
Ella Silvera	16
Vida Bundra	24
Peter Astras	24
Marika Gutzman (Names day)	25
Leon & Lady Guerrero - Anniversary	25
Orestes Mihaly	26
Michael Browne	30
Lily Mihaly	30

Upcoming Events

Roll Baking—Saturday, March 19th 8 a.m. – 4 p.m.

Movie “Man of God” – Monday, March 21st 7 PM

Women’s Retreat—Friday March 25th—Saturday March 26th at Wisdom House Conference and Retreat Center in Litchfield

Easter Craft and Bake Sale—Saturday, April 9th 10 a.m. to 3 p.m.

Perogie Making

Perogie Making—We will resume perogie making this Tuesday, February 22nd at 9:15, immediately following our weekly Akathist service. All new and veteran pinchers are welcome.

| Roll Bakers Needed

Roll Bakers Needed--Next Saturday we have our 2nd Baking Sessions in March to replenish the rolls for our Pascha Bake Sale. We're reaching out and asking for you to sign up for our bake session Saturday 3/19. If you can offer 3-4 hours either or both Saturdays it would be greatly appreciated. Please reply back with the day(s)/time(s) that you can offer help. We start rolling 8m, but if it's more convenient for you to start at 9

or thereafter just let us know. If it's more doable for you and you want to make the fillings (Nut and Poppy) the day before on Friday, that would be great too.

Many thanks, looking forward to rolling up our sleeves, and nut rolls, with you!

Carolyn and Chrissanth

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"... a place of refuge full of love and joy."



Help Re-Stock Our Kitchen—We are in of sturdy paper plates, bowls, napkins, gallon size freezer bags and decaf coffee. Thank you!

As we begin **Lent** together, the following minimal fasting regulations are designated for our clergy and faithful:

- 1) Monday, March 7 (Clean Monday), the first day of the Fast, is a day of strict abstinence; likewise Great and Holy Friday, and Great and Holy Saturday, namely April 22 and 23 are days of strict abstinence. On these days, no meat or dairy products may be eaten.
- 2) All Wednesdays and Fridays during this entire Season are days of abstinence from meat.
- 3) Meat and meat products may not be eaten during all of Holy Week, namely April 18 through April 23.
- 4) For the evening Pre-sanctified Liturgy, a minimum three-hours fast from all food and drink must be observed before the reception of Holy Communion. Normal fasting from midnight is still practiced before the Liturgies of St. John Chrysostom and St. Basil the Great.

These are the minimal requirements to observe during this Season. But for those of stronger body and more willing spirit, I wholeheartedly recommend the penitential practices of a sterner quality which the time-honored traditions and customs of our Holy Orthodox Church have handed down to us.

On weekdays (Monday to Friday inclusive) during the seven weeks of Lent, there are restrictions both on the *number* of meals taken daily and on the *types of food* permitted; but when a meal is allowed, there is no fixed limitation on the *quantity* of food to be eaten.

[This material is taken from the introduction to The Lenten Triodion. In modern practice, the above rules tend to be somewhat relaxed, and they have always been relaxed for children and the infirm. Fast as you are able and consult Fr. Luke as needed. As you eat less physical food, it is important to increase your intake of spiritual food – prayer and reading scripture and the fathers of the Church.]