

Holy Trinity Orthodox Church



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www.holytrinitydanbury.org

<https://www.facebook.com/htocdanbury/?ref=hovercard>

Diocesan Website: www.acrod.org

Camp Nazareth:

<http://www.campnazareth.org>

Facebook:

<https://www.facebook.com/acroddiocese>

Twitter: <https://twitter.com/acrodnews>

You Tube:

<https://youtube.com/acroddiocese>

Recommended Orthodox Internet Ministries

<http://myocn.net/>

<http://www.ancientfaith.com/>

Welcome to Holy Trinity Parish

Today is the Twentieth Sunday after Pentecost. The Epistle Galatians 6:11-18; Hebrews 2:2-10. The Gospel is from Luke 8:41-56; Luke 10:16-21. St. Michael the Archangel and all the Heavenly Angels.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox



Christians who are properly prepared are invited to receive Holy Communion.

Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.

Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

Schedule of Services and Events for this week

Sunday, November 8, 10 AM – Divine Liturgy

There will be a collection for St. Tikhon's Seminary today. Thank you to Fr. John Parker for an excellent Retreat! Looking forward to the day we as a parish can meet him in person.

(Perogie Session Cancelled—We will not have a perogie session this Wednesday, Nov. 11th. The next session will be Wed. Nov. 18th.)

Saturday, November 14, 8 AM – Roll Baking Session

Sunday, November 15, 10 AM – Divine Liturgy with Fr. Sergius

Halvorsen – Beginning of the Nativity Fast

Sunday, November 22, 10 AM – Divine Liturgy with Fr. Sergius Halvorsen

Fr. Luke will be going in for a knee replacement surgery on Tuesday, November 10. For any emergencies please call the rectory and Pani Bethany will direct to an Orthodox Priest. Fr. Peter Karloutsos at Assumption Reek Orthodox Church is available for immediate needs.

Please welcome Fr. Sergius Halvorsen who will be filling for Fr. Luke at Divine Liturgy for the two Sundays following the surgery.

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Parish Men's Group

Parish Men's Group – The Men of the Parish will be reading the Book Orthodoxy and the Religions of the Future by Fr. Seraphim Rose.

More information to come. If you are interested in attending and/or would like more information on the Parish Men's Group, please contact Fr. Luke

Please remember to sign up and subscribing on our parish web site www.holytrinitydanbury.org

And to those with a Facebook accounts please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htocdanbury/?fref=hovercard> so the word gets out.

Roll Baking—We will be having a second roll baking session on Sat. Nov. 14th. Helpers will be needed throughout the day. In order to ensure social distance and good work flow, please contact Chrissanth Gross to confirm a time to help.

Bake Sale Pre-Orders

Bake Sale Pre-Orders Requested—If you would like to purchase anything from our holiday bake sales, please place a pre-order. We have told all our outside customers that we can only guarantee orders that are placed ahead of the sale. For some items we will not be making much above the pre-ordered amount. We will need helpers on Nov. 21st between 10 a.m. and 3 p.m. when orders will be picked up.

OYMT Plans for 2021

OYMT Plans for 2021—OYMT had a very good first meeting for 2021 last Sunday. The theme of the meeting was "Hope" and we discussed where our Hope comes from, the reassurances of Hope we find in the scriptures and how we are living in our Hope, Christ, and bringing His good news to others. We discussed possible plans for 2021 including setting up our own mission center at Holy Trinity or St. Barbara's and focusing on local service/mission projects. Youth and leaders were asked for suggestions of ways and places we could help. Our next get together is scheduled for Saturday, Dec. 5th from 1-4 p.m. We will be creating items for our Holiday fundraiser. OYMT is open for teens currently in 8th grade and up. If you have questions or would like more information, contact Fr. Luke or Susan Sulich.

Adult Education Opportunities

We have a number of adult education classes going on currently that are currently online:

Spirituality Class – Mondays at 7:00 p.m. This week we will be starting a new book: *Prayer, Encounter with The Living God* by

Metropolitan Hilarion Alfeyev.

Catechism Class – Wednesdays at 7:00 p.m. For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith We'll be starting a new book soon, *Acquiring the Mind of Christ.*

New Testament – Thursdays at 9:00 a.m. currently we are reading and studying *St. Paul's Epistle to the Romans*

Old Testament Class – Fridays at 9:00 a.m. We have begun *4 Kingdoms.*

Classes will resume in the church hall this week. We will also continue to make them available via Zoom (live, same credentials).

Open Parish Council Positions

Open Parish Council Positions—We will have several parish council positions open as of our Annual Meeting in January. We will be looking for a new President, Vice President and Treasurer. Both the President and Treasurer are past their term limits. Please consider giving some time to help manage the business of the parish. Below are "job descriptions" for these three positions. Also, feel free to talk to current

officers (Susan Sulich-Pres., Nick Fong VP, Monika Mihaly, Treasurer) if you have questions or want to learn more about what's involved.

President

- Set the agenda for monthly parish council meetings and annual and semi-annual meetings.
- Lead parish and parish council meetings and see that decisions made for the parish are carried out.
- Sign official documents of the parish and checks as needed.
- Represent the parish at outside events if needed.

Vice President

- Assist with the duties of the President.

- Assume the responsibilities of the President in the absence of the President.

Treasurer

- Keep an accurate account of all moneys of the parish.
- Keep the checkbook of the parish.
- Receive, review and pay all bills of the parish.
- Present monthly financial statement at parish council meetings and annual and semi-annual statements at parish meetings.
- Help formulate and maintain an annual budget for the parish.

Dorothy Day

Dorothy Day—Our next date to serve to serve at Dorothy Day will be Friday, December 5th from 2:00-4:30 p.m. As a reminder, we are packaging and handing out bag lunches to the hungry in the community and also preparing lunches and breakfasts that are brought to area hotels where shelter guests are currently being housed and senior housing. If you would like to help, please contact Lisa Farrah or Susan Sulich.

| Perogie Sessions

Perogie Sessions—We are scheduling four perogie making sessions on Wednesday mornings on Nov. 18th in preparation for our Thanksgiving and Christmas Bakes Sales. All veteran and new pinchers are welcome! Sessions will start at 9 a.m. and should finish by 12 noon or so.

| Bake and Craft Sales

Thanksgiving and Christmas Bake and Craft Sales—Here's an update on these significant parish events. We are hoping to have our holiday bake sales but with some modifications. The sales will be only one day each: Sat. Nov. 21st and Sat. Dec. 12th. If we are able, we will have the sales in the hall with COVID security measures (masks, social distancing, limiting numbers, etc.). We are also prepared to switch to full curbside pick-up if necessary. We are asking all our customers to pre-order. Order forms should go out this week. Stay tuned for more details and cooking/baking help needed.

Upcoming Events

Roll Baking Day—Sat. Nov. 14th

Parish Council Meeting—Sunday, Nov. 15th following coffee hour

Perogie Session—Wed. Nov. 18th 9:00 a.m.

Thanksgiving Bake and Craft Sale—Sat. Nov. 21st 10 a.m. to 3 p.m.

Cards for Marilyn

Cards for Marilyn—Marilyn Zaengle is currently in Bethel Health Care and is only allowed one visitation by Bill per week. If you would like to reach out to her by sending a card, you can mail them to: Ms. Marilyn Zaengle – Room 212D, Bethel Health Care, 13 Parklawn Dr. Bethel, CT 06801. Thank you for all who have mailed cards so far—they are really a bright spot in her week.

| Clothing Drive

Clothing Drive— We just received our latest check for \$357.50 for the clothing drive! We are continuing to accept more donations. Many thanks to Ann Huott and her family for their ongoing work on this project which has brought in over \$3,000 for our parish! For the last pick up they had 200 bags. Please bring in clothes, shoes, linens and other soft items in plastic garbage bags to the church. If you are uncertain what items are eligible, see the list at the candlestand or contact Ann.

| Orthodoxy in Kenya

4 part "Orthodoxy in Kenya" educational series via YouTube will be:

November 12: Dr. William Black

November 19: Virginia Gathoni, Joel Pleban and Elayne Goldman

December 3: Theodoros and Eleni Karamatskos, Virginia Gathoni

December 10: His Eminence Archbishop Makarios and Dr. William Black

Birthdays

November	
Stephen Fong	5
Lady Guerrero	5
Paul Sulich, Jr.	7
Paul & Elaine Toaso - Anniversary	9
Kathryn Kerpchar	9
Nataly Guerrero	10
Lukas Todosiev	10
Sophia Baroody	11
Andrew Timosca	11
Michael Dran	12
Tennessee Molineaux	13
Matthias Robert Paltauf	13
Daniel John Huott	13
Andrei Zubek	21
Sandy Fong	23
Robert Young	27
Nicholas Gross	30

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"... a place of refuge full of love and joy."



The Critic

November 7, 2020 · [Abbot Tryphon](#)

The critic, fearing failure, does nothing

It is easy to be critical of another person, finding fault with what we perceive they are doing, have done, or have not done. Yet the man who points out how another man has stumbled, finding fault in something he himself has not done, and in what he himself thinks he could have done better, is in reality the one at fault. It is the one who has done the work whom he criticizes.

The doer of the work may have stumbled, or perhaps could have done a better job, but he must receive credit for having tried. This man still deserves credit, for he is the one who put forth the effort, whereas the critic has done nothing, and, knowing he has done nothing, wishes to take the spotlight off himself, pointing, instead, to the doer.

The credit belongs to the man who has erred, and who perhaps comes up short again and again. He knows that without changing some error or failure, no deed will ever be done. This man takes up a worthy deed with great enthusiasm, even in spite of the fact he may fail. The critic, fearing he will fail, does nothing. The critic will never know either defeat or victory.

Love in Christ,
Abbot Tryphon

Guidelines for the Nativity Fast - The Nativity Fast is one of the four Canonical Fasting Seasons in the Church year. This is a joyous fast in anticipation of the Nativity of Christ. Because it begins the day after the commemoration of the Apostle Philip (Nov. 14th), it is often referred to as the Apostle Philip fast. Although it is as long as Great Lent, it is not as severe. Throughout the entire duration of these forty days there is no accommodation for meat, dairy products and eggs. However, fish is allowed to be consumed every day except Wednesdays and Fridays, from November 15th until December 17th. Fish is also allowed on the feast of the Entrance of the Theotokos, which falls on November 21st, no matter what day of the week it falls on. From the 18th to the 24th of December, which is Christmas Eve, oil and wine are the only relief from a strict fast, except Wednesdays and Fridays on which we adhere to a strict fast. We should keep a fast of dry foods (xerophagy) also on the first day of the fast on November 15th, as well as on Christmas Eve, unless of course they fall on a Saturday or Sunday.

Do Not Fast:

- if you are pregnant or nursing a newborn;
 - during serious illness;
 - without prayer;
 - without alms-giving;
- according to your own will without guidance from your spiritual father.

Fasting from Foods and Passions We must always keep in mind that in our Church true fasting is not only about abstaining from certain foods, but also abstaining from the passions and sins. Saint Photios the Great says: "Fasting that is acceptable to God is that which combines the abstention of food with the aversion of chatter, envy, hatred and other sins. The one who fasts from food, but does not temper the passions, is like one who puts a splendid foundation to a house he has built, but allows snakes, scorpions and every poisonous reptile to live within." We thus aim for a spiritual fast during this period, to avoid sin and keep the will of God, being an embodiment of love and forgiveness and mercy, as well as striving to attain even greater virtue. In this way we will better understand and realize the words of Saint Basil the Great: "True fasting is to alienate ourselves from all evil, all sin, all impassioned thoughts, all unclean desires."