

# Holy Trinity Orthodox Church



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[www.holytrinitydanbury.org](http://www.holytrinitydanbury.org)

<https://www.facebook.com/htocdanbury/?fref=hovercard>

Diocesan Website: [www.acrod.org](http://www.acrod.org)

Camp Nazareth:

<http://www.campnazareth.org>

Facebook:

<https://www.facebook.com/acroddiocese>

Twitter: <https://twitter.com/acrodnews>

You Tube:

<https://youtube.com/acroddiocese>

Recommended Orthodox Internet Ministries

<http://myocn.net/>

<http://www.ancientfaith.com/>

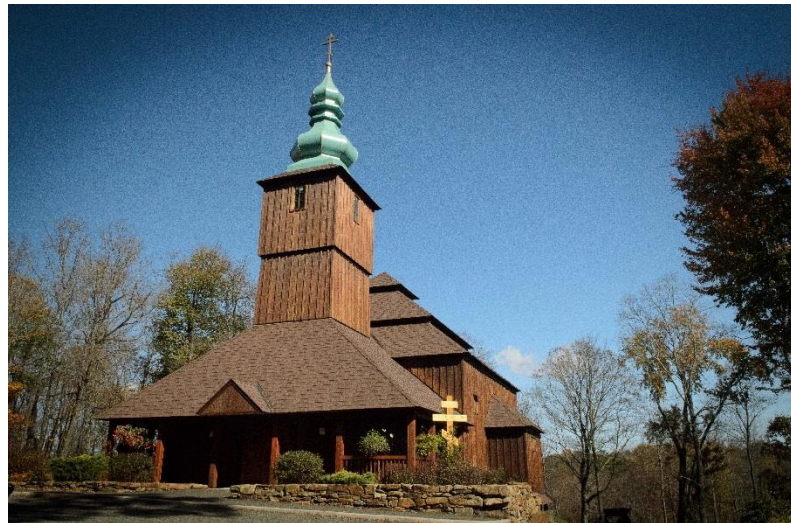
## Welcome to Holy Trinity Parish

Today is the Nineteenth Sunday after Pentecost. The Epistle Galatians 1:11-19. The Gospel is from Luke 16:19-31. Notaries Martyrius and Marcian.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.



Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.

Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus

Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

## Schedule of Services and Events for this week

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**Sunday, October 25, 10 AM –**  
Divine Liturgy

**Sunday, October 25, 11:30 AM –**  
Panachida for Stephanie Fong, Marty Howley and Serge Mihaly, Jr.

**Sunday, October 25, 3 PM –**  
OYMT meeting

**Monday, October 26, 7:30 AM –**  
Divine Liturgy Feast of St. Demetrius

**Monday, October 26, 7 PM –**  
Spirituality Class at Church and on Zoom

**Tuesday, October 27, 9 AM –**  
Liturgy for the repose of Serge Mihaly, Jr.

**Wednesday, October 28, 9 AM –**  
Perogie Session

**Wednesday, October 27, 7 PM –**  
Adult Catechism Class at Church and on Zoom

**Thursday, October 29, 9 AM –**  
New Testament Class at Church and on Zoom

**Thursday, October 29, 6 PM –**  
Daily Vespers

**Friday, October 30, 9 AM –**  
Old Testament Class at Church and on Zoom

**Saturday, October 31, 9 AM to 12 noon –**  
Cemetery Clean-up

**Saturday, October 31, 5 PM –**  
Vespers

**DAY LIGHT SAVINGS ENDS –**  
Fall Back one Hour

**Sunday, November 1, 10 AM –**  
Divine Liturgy

There will be a collection today to off-set the cost of Viorica's funeral. Any donations towards his would be greatly appreciated.

## Parish Men's Group

**Parish Men's Group** – The Men of the Parish will be reading the Book *Orthodoxy and the Religions of the Future* by Fr. Seraphim Rose.

More information to come. If you are interested in attending and/or would like more information on the Parish Men's Group, please contact Fr. Luke

## | In House Retreat

**In House Retreat—Save the Date!**

In place of our annual Lenox Retreat this year we are planning an in-house retreat on Saturday, Nov. 7<sup>th</sup>. The retreat master will be Fr. John Parker, dean of St. Tikhon's Seminary. The Retreat is entitled: ***Firm Foundation: A Return to the Fundamentals of our Orthodox Faith.*** Many parishioners have requested a retreat at the church and we are happy to be able to offer one this year. Please mark the date on your calendar and stay tuned for additional details.

## | OYMT Plans for 2021

**Orthodox Youth Mission Team Making Plans for 2021**—All youth in grades 8-12 are invited to attend a meeting about upcoming plans for summer youth mission work on Sunday, Oct. 25<sup>th</sup> from 3:00-5:00 p.m. at Holy Trinity Orthodox Church. OYMT is led by Fr. Luke and has been active for 10 years giving youth an opportunity to put their Faith to work through a week-long summer mission/service project. We are also looking for adult leaders who will participate in training and go on the trip as well. Come and find out what OYMT is about! If you have questions about OYMT, contact Fr. Luke Mihaly ([padreluke@aol.com](mailto:padreluke@aol.com)) or Susan Sulich ([oymt.info@gmail.com](mailto:oymt.info@gmail.com)).

Please remember to sign up and subscribing on our parish web site [www.holytrinitydanbury.org](http://www.holytrinitydanbury.org)

And to those with a Facebook accounts please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htocdanbury/?fref=hovercard> so the word gets out.

**Roll Baking**—We will be having a second roll baking session on Sat. Nov. 14<sup>th</sup>. Helpers will be needed throughout the day. In order to ensure social distance and good work flow, please contact Chrissanth Gross to confirm a time to help.

**Cemetery Clean-Up**—We are planning to have a clean-up day at our cemetery on Sat. Oct 31<sup>st</sup> starting at 9 a.m. Please bring clippers, rakes, tarps and weed whackers. What better way to spend Halloween morning than beautifying our cemetery!

**Adult Education Opportunities**

We have a number of adult education classes going on currently that are currently online:

**Spirituality Class** – Mondays at 7:00 p.m. This week we will be starting a new book: ***Prayer, Encounter with The Living God*** by

***Metropolitan Hilarion Alfeyev.***

**Catechism Class** – Wednesdays at 7:00 p.m. For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith We'll be starting a new book soon, ***Acquiring the Mind of Christ.***

**New Testament** – Thursdays at 9:00 a.m. currently we are reading and studying ***St. Paul's Epistle to the Romans***

**Old Testament Class** – Fridays at 9:00 a.m. We have begun ***4 Kingdoms.***

Classes will resume in the church hall this week. We will also continue to make them available via Zoom (live, same credentials).

**Living Without Fear**

There are a lot of fear based communities in our world. Some are religious and some are political. All are guilty of missing the mark when it comes to the message of the Church. We Christians were not programmed to be victims, living in fear. For the Christian the True Self is the one that is created in the image and likeness of God. As children of the Most High we are meant to live, not in fear, but in a joyful state, knowing and experiencing the love of God. Our God is not a god of anger and vengeance, but one Who invites us into a relationship based in loving communion. God is not waiting to send down fire upon our heads as an

angry parent, but rather a loving Father Who desires that we connect with our true selves and put off the false self. When we live as problem centered people we miss the mark. If we focus on those things in our lives that are negative, such as struggles with a particular sin, or negative thinking, we fail to live up to the true self. Many therapists keep their patients in a codependent state by giving them labels that speak of mental illness. Political parties often keep themselves in power by playing to the negative labels they've created for the opposition. Religions often do the same thing, even with their own adherents, keeping them hooked in a negative pattern that disallows a spiritual growth that leads to healing and spiritual well being. Fear based communities use abuse to keep their people in line, leaving them in a state of perpetual infancy, unable to reach their full potential and preventing

them from realizing their true self. Such institutions, political or religious, prevent people from flourishing. God invites us to integrate our lives as His children and utilize all the gifts He has given us which lead to fulfilled lives. Fear is vanquished for the Christian precisely because we ARE His children. In Orthodoxy the priests and bishops are called upon to encourage the faithful to live lives in faithfulness to God's commandments, not because there will be grave consequences if we don't, but because of the great joy that is ours when we have communion with Him.

With love in Christ,

Abbot Tryphon

## Dorothy Day

**Dorothy Day**—Our next date to serve to serve at Dorothy Day will be Friday, November 6<sup>th</sup> from 2:00-4:30 p.m. As a reminder, we are packaging and handing out bag lunches to the hungry in the community and also preparing lunches and breakfasts that are brought to area hotels where shelter guests are currently being housed and senior housing. If you would like to help, please contact Lisa Farrah or Susan Sulich.

## Perogie Sessions

**Perogie Sessions**—We are scheduling four perogie making sessions on Wednesday mornings on Oct. 28th, Nov. 4th, Nov. 11th and Nov. 18th in preparation for our Thanksgiving and Christmas Bakes Sales. All veteran and new pinchers are welcome! Sessions will start at 9 a.m. and should finish by 12 noon or so.

## Bake and Craft Sales

**Thanksgiving and Christmas Bake and Craft Sales**—Here's an update on these significant parish events. We are hoping to have our holiday bake sales but with some modifications. The sales will be only one day each: Sat. Nov. 21<sup>st</sup> and Sat. Dec. 12<sup>th</sup>. If we are able, we will have the sales in the hall with COVID security measures (masks, social distancing, limiting numbers, etc.). We are also prepared to switch to full curbside pick-up if necessary. We are asking all our customers to pre-order. Order forms should go out this week. Stay tuned for more details and cooking/baking help needed.

## Birthdays

October	
Annalisa Paltauf	22
Emily Bracey	23
Cheryl Krafick Gartner	24
William & Ann Marie Huott - Anniversary	26
Jon Gross	29
Orestes Mihaly III	30
November	
Stephen Fong	5
Lady Guerrero	5
Paul Sulich, Jr.	7
Paul & Elaine Toaso - Anniversary	9
Kathryn Kerpchar	9
Nataly Guerrero	10
Lukas Todosiev	10
Sophia Baroody	11
Andrew Timosca	11
Michael Dran	12
Tennessee Molineaux	13
Matthias Robert Paltauf	13
Daniel John Huott	13
Andrei Zubek	21
Sandy Fong	23
Robert Young	27
Nicholas Gross	30

## Upcoming Events

**Orthodox Youth Mission Team Meeting**—Sun. Oct. 25th 3-5 p.m. at Holy Trinity

**Perogie Session**—Wed. Oct. 28th 9:00 a.m.

**Cemetery Clean-Up**—Sat. Oct 31<sup>st</sup> 9:00 a.m.

**Perogie Session**—Wed. Nov. 4th 9:00 a.m.

**Dorothy Day**—Fri. Nov. 6th 2:00-4:30 p.m.

**In-house retreat with Fr. John Parker Dean of St. Tikhon's Seminary** – Saturday, November 7

**Perogie Session**—Wed. Nov. 11th 9:00 a.m.

**Roll Baking Day**—Sat. Nov. 14th

**Perogie Session**—Wed. Nov. 18th 9:00 a.m.

**Thanksgiving Bake and Craft Sale**—Sat. Nov. 21<sup>st</sup> 10 a.m. to 3 p.m.

## Cards for Marilyn

**Cards for Marilyn**—Marilyn Zaengle is currently in Bethel Health Care and is only allowed one visitation by Bill per week. If you would like to reach out to her by sending a card, you can mail them to: Ms. Marilyn Zaengle – Room 212D, Bethel Health Care, 13 Parklawn Dr. Bethel, CT 06801. Thank you for all who have mailed cards so far—they are really a bright spot in her week.

## Clothing Drive

**Clothing Drive**— We just received our latest check for \$357.50 for the clothing drive! We are continuing to accept more donations. Many thanks to Ann Huott and her family for their ongoing work on this project which has brought in over \$3,000 for our parish! For the last pick up they had 200 bags. Please bring in clothes, shoes, linens and other soft items in plastic garbage bags to the church. If you are uncertain what items are eligible, see the list at the candlestand or contact Ann.

## Orthodoxy in Kenya

**4 part "Orthodoxy in Kenya"** educational series via YouTube will be:  
 November 12: Dr. William Black  
 November 19: Virginia Gathoni, Joel Pleban and Elayne Goldman  
 December 3: Theodoros and Eleni Karamatskos, Virginia Gathoni  
 December 10: His Eminence Archbishop Makarios and Dr. William Black

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"... a place of refuge full of love and joy."



**Open Parish Council Positions**—We will have several parish council positions open as of our Annual Meeting in January. We will be looking for a new President, Vice President and Treasurer. Both the President and Treasurer are past their term limits. Please consider giving some time to help manage the business of the parish. Below are “job descriptions” for these three positions. Also, feel free to talk to current officers (Susan Sulich-Pres., Nick Fong VP, Monika Mihaly, Treasurer) if you have questions or want to learn more about what’s involved.

#### President

- Set the agenda for monthly parish council meetings and annual and semi-annual meetings.
- Lead parish and parish council meetings and see that decisions made for the parish are carried out.
- Sign official documents of the parish and checks as needed.
- Represent the parish at outside events if needed.

#### Vice President

- Assist with the duties of the President.
- Assume the responsibilities of the President in the absence of the President.

#### Treasurer

- Keep an accurate account of all moneys of the parish.
- Keep the checkbook of the parish.
- Receive, review and pay all bills of the parish.
- Present monthly financial statement at parish council meetings and annual and semi-annual statements at parish meetings.
- Help formulate and maintain an annual budget for the parish.

As you probably know, **Phase 3 Re-Opening for the state of CT** began October 8. What that means for churches is that we can increase to 50% capacity which for us at Holy Trinity is approximately 50 people. This means that we will be able to stop having A and B weeks and go back to “normal” attendance at church on Sundays for liturgy.

This will bring some changes to the parish. Here are some reminders of safety procedures that will be in effect:

We will no longer have A week and B week—people can come to church as they are able on any given Sunday and there will no longer be assigned seats.

- Parishioners will be seated when they arrive, using every other pew with 2 units per pew.
- We have shifted the ribboned off pews by one so that we now have 5 pews on either side that are useable including the first pew and the last one. (We can seat 10 units in pews, 4 in the side alcoves, 4 in the choir loft and potentially 2 additional people up front if needed.)
  - Seating will be first come, first served.
- If we reach capacity, parishioners who arrive later will have the option to stand in the vestibule (6ft distance), outside on the porch or downstairs and come up into the church to receive communion. (If necessary, we can arrange to have the service shown on the TV downstairs for overflow.)
- Parishioners will receive communion and prosphora starting from the front of the church to the back as directed and maintaining 6 ft distance between each other as they approach Fr. Luke.
- Parishioners will continue to follow one-way direction in the church whenever possible.
  - All parishioners are asked to wear masks while in church for liturgy.
  - All parishioners are asked to use hand sanitizer upon entering the church.
- All parishioners are asked to maintain a 6ft distance between each other as much as possible.
- When receiving communion, parishioners are asked to tilt their heads back, open their mouths wide and please do not stick out your tongue to make it easier for Fr. Luke to place Eucharist in your mouth without any contact with the spoon.
  - If you have any symptoms of sickness, please stay home.
- We will continue to use the air handler and keep windows open for optimal air movement. It is suggested that parishioners plan to wear coats or warmer clothes to stay comfortable.
- If you are uncomfortable attending liturgy at this time and would like to receive communion, please contact Fr. Luke to make arrangements to do so.