

Holy Trinity Orthodox Church



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www.holytrinitydanbury.org

<https://www.facebook.com/htocdanbury/?fref=hovercard>

Diocesan Website: www.acrod.org

Camp Nazareth:

<http://www.campnazareth.org>

Facebook:

<https://www.facebook.com/acroddiocese>

Twitter: <https://twitter.com/acrodnews>

You Tube:

<https://youtube.com/acroddiocese>

Recommended Orthodox Internet Ministries

<http://myocn.net/>

<http://www.ancientfaith.com/>

Welcome to Holy Trinity Parish

Today is the Sunday of Orthodoxy. The Epistle Hebrews 11:24-26, 32:12-2. The Gospel is from John 1:43-51. St. Theophylactus.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.



Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.

Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus

Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

Adult Ed	2
Loose Change	2
Church School	2
School Material	2
Lenten Retreat	2
Birthdays/Anniversaries	3
Upcoming Events	3
Lending Library	3
Clothing Drive	3
SPF50	4

Schedule of Services and Events for this week

Sunday, March 8, 10 AM – Divine Liturgy – Bring Icons for Sunday of Orthodoxy Procession

Sunday, March 8, 4 PM – Sunday of Orthodoxy Vespers at St. John's Bridgeport

Monday, March 9, 7 PM – Spirituality Class

Tuesday, March 10, 8:30 AM – Lenten Hours

Tuesday, March 10, 9 AM – Perogies

Wednesday, March 11, 6 PM – Presanctified Liturgy followed by Lenten meal and Adult Catechism Class

Thursday, March 12, 8:30 AM – Akathist

Thursday, March 12, 9:15 AM – New Testament Class

Friday, March 13, 9 AM – Old Testament Class

Friday, March 13, 7:30 PM – Paraklis Service at St. John's 1240 Broadbridge Ave, Stratford CT

Saturday, March 14, 9:30 AM – Lenten Retreat at Holy Trinity led by Fr. John Parker

Saturday, March 14, 3:30 PM – Vespers

Sunday, March 15, 10 AM – Divine Liturgy concelebrated with Fr. John Parker

Readers Schedule

3/8 – Bob Faubel
3/15 – Paul Sulich
3/22 – Suzanne Molineaux
3/29 – Susan Paltauf

Coffee Hour

3/1 – OPEN

Restock Our Kitchen: We need, paper towels and coffee—decaf and regular! Also, napkins.

Please remember to sign up and subscribing on our parish web site www.holytrinitydanbury.org

And to those with a Facebook accounts please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htocdanbury/?fref=hovercard> so the word gets out.

Roll Baking Day—We will be making nut, poppy and fruit rolls for our upcoming bake sale on Saturday, March 21st. New and experienced helpers needed to help with dough, rolling, filling and packaging starting about 8 a.m. and proceeding throughout the day. Please let Chrissanth know what time you are able to come and help. Even a few hours makes a big difference on this major part of our bake sales. We were completely sold out at our Christmas sale.

Materials for Church School | Food for Lenten Retreat

Wanted: Materials for Church School Art Projects

Elena Gordon is looking to use different types of media and incorporate elements of creative engineering in her art projects with the church school children. She is also interested in exploring traditional woodworking and arts and crafts in the church school curriculum. She would gratefully welcome donations of materials such as scraps and pieces of wood, metal, wire and possibly old toy building sets made of materials that could be reused in church school construction projects. She will have a cardboard box in the church school closet to collect any donated materials.

Food for Lenten Retreat

On Sat. March 14th we will be having our in house Lenten Retreat with Fr. John Parker coming as Retreat Master. A coffee break and lunch will be provided that day and we are looking for people to bring some Lenten food. A sign up sheet will be available at coffee hour.

Easter Craft and Bake Sale

Easter Craft and Bake Sale—our Easter Bake sale will take place on Sat. April 4th and Sun. April 5th. Cooking and baking sessions are well underway. Watch the bulletin for dates and times. Anyone interested in an evening cooking/baking session, please see Susan Sulich. We are also looking for crafters of high-quality, artisan crafts. Tables are \$35 and are good for both days of the sale.

Adult Education Opportunities

We have a number of adult education classes going on currently:

Spirituality Class – Mondays at 7:00 p.m. Currently reading and discussing: *Suffering and the Nature of Healing* by Daniel B. Hinshaw, M.D.

Catechism Class –

Wednesdays at 7:00 p.m. For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith. We are starting a new book, Spread the Word – Reclaiming the Apostolic Tradition of Evangelism

New Testament –

Thursdays at 9:00 a.m. currently were are reading and studying *The Acts of the Apostles*

Old Testament Class –

Fridays at 9:00 a.m. We have begun *2 Samuel*.

CHANGE our Bottom Line

Change Our Bottom Line—We cashed in the change in the extra mortgage principle jar this week and the total was \$95.76. This amount was added to other money from other donations and our Chow Down fundraiser toward the mortgage principal. A **total payment of \$1,241** was made directly to the principal of the new rectory mortgage in 2019. According to the bank, 2 extra mortgage payments a year could result in a savings of \$31,700 and reduce the duration of the mortgage by 4 years, 8 months; extra payments of \$3,000 per year could potentially reduce the loan term by 10 years, 6 months. Let's keep it up!

| Lenten Retreat at Holy Trinity | Church School Dates

Lenten Retreat at Holy Trinity—As requested, we will be having an in-house retreat on Saturday, March 14th here at our parish starting at 9:30 a.m. Fr. John Parker, Dean of St. Tikhon's Seminary will lead the retreat on Stewardship and Personal Evangelism. See attached flyer for more details.

Upcoming Church School

Dates—Our next church school class will be on Saturday, March 28th from 10 a.m. to 12 noon. Please let Roz Mihaylo or Ana Melnic know if your children can attend so we can plan accordingly. We will also have a church school/family day on Lazarus Saturday, April 11th. It's a good day for children to go to confession and attend liturgy. Following liturgy we will have breakfast for everyone and then work on making Palm crosses, luminaries to light our walk for Pascha midnight and egg dying. We look forward to seeing everyone then and preparing together for Holy Week!

Parish Lending Library

Parish Lending Library — You may have noticed that in the vestibule of the church we have set up a lending library in the first section of the bookcase. There are books there on a variety of topics of interest from the Church Fathers to parenting to the Liturgy and more. There are also a few titles in Spanish. Feel free to check out one or more titles. Just fill out the lending library book with title, name and date.

Clothing Drive

Successful Clothing Drive—So far, the total monies donated from clothing drive from 2014 thru 2019 = \$2,934.50! The new drive is underway so keep those clothes, towels, shoes, etc. coming. For a complete list of what can be donated see the sheet by the candle stand. All items should be packaged in plastic garbage bags.

Perogie Session

Perogie Session Tuesday—Our perogie sessions are on Tuesdays at 9:00 a.m. Our very successful Thanksgiving and Christmas sales have shown that we need to make more perogies to sell for each sale as we sold out as nearly every variety! New and veteran pinchers welcome. As a reminder during the winter season, if school is closed due to bad weather, perogie session is cancelled as well. If parking lot looks slippery, come in through the front door of the church.

Upcoming Events

Lenten Retreat at Holy Trinity—Saturday, March 14th

Chrismation of Amy and Gavin Davids — Sunday, March 22nd

Deanery Pre-Sanctified Liturgy—Friday, April 3rd Broadbridge

Parish Council Meeting — Sunday, March 15th following coffee hour

Deanery Pre-Sanctified Liturgy—Friday, March 27th Mill Hill Ave.

Deanery Pre-Sanctified Liturgy—Friday, April 10th Danbury

OYMT Training — Sunday, March 15th 3-5 p.m. at Holy Trinity

Church School—Saturday, March 28th 10 a.m. to 12 noon

Easter Bake and Craft Sale—Sat. April 4th 10 a.m. --- 3 p.m.

Deanery Pre-Sanctified Liturgy—Friday, March 20th Silver Lane

Lenten Cook-Off—Sunday, March 29th during coffee hour

Lazarus Saturday Family Day—Saturday, April 11th Confession and liturgy followed by breakfast and pre-Holy Week activities

Birthdays

March	
Larisa Yarush	6
Ana Urgiles Melnic	7
Mia Paltauf	9
Mary Gander	10
Aidan McVeigh	12
Vida Bundra	24
Marika Gutzman (Names day)	25
Orestes Mihaly	26
Michael Browne	30

Lenten Fast

As we begin Lent together, the following minimal fasting regulations are designated for our clergy and faithful:

- 1) Monday, March 1 (Clean Monday), the first day of the Fast, is a day of strict abstinence; likewise Great and Holy Friday, and Great and Holy Saturday, namely April 17 and 18 are days of strict abstinence. On these days, no meat or dairy products may be eaten.
- 2) All Wednesdays and Fridays during this entire Season are days of abstinence from meat.
- 3) Meat and meat products may not be eaten during all of Holy Week, namely April 13 through April 18.
- 4) For the evening Pre-sanctified Liturgy, a minimum three-hours fast

from all food and drink must be observed before the reception of Holy Communion. Normal fasting from midnight is still practiced before the Liturgies of St. John Chrysostom and St. Basil the Great.

These are the minimal requirements to observe during this Season. But for those of stronger body and more willing spirit, I wholeheartedly recommend the penitential practices of a sterner quality which the time-honored traditions and customs of our Holy Orthodox Church have handed down to us.

On weekdays (Monday to Friday inclusive) during the seven weeks of Lent, there are restrictions both on the *number* of meals taken daily and on the

types of food permitted; but when a meal is allowed, there is no fixed limitation on the *quantity* of food to be eaten.

[This material is taken from the introduction to The Lenten Triodion. In modern practice, the above rules tend to be somewhat relaxed, and they have always been relaxed for children and the infirm. Fast as you are able, and consult Fr. Luke as needed. As you eat less physical food, it is important to increase your intake of spiritual food – prayer and reading scripture and the fathers of the Church.]

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"... a place of refuge full of love and joy."



- On Wednesdays, following Presanctified liturgy we will have a light Lenten meal followed by our Adult Catechism Class
- **Lenten Cook-Off**—On Sunday March 29th we will have our annual Lenten Cook-Off for coffee hour. Please prepare your favorite vegan dish (can be appetizer, main course, side dish or dessert) to share with your parish family. Label your dish and bring copies of the recipe. We will vote our favorites and prizes will be awarded at the Agape Meal after Paschal Midnight Services.

CAMP NAZARETH SUMMER CAMP 2020

The time for Summer Camp is Rapidly Approaching!!! The clock is ticking!!

**REGISTER ONLINE STARTING MAR. 1,
2020!!!**

Dates for the Summer Camping Program

Week 1: July 19-25, 2020

Johnstown, Pocono, Southern Tier, Youngstown and Chicago Deaneries

Week 2: July 26-August 1, 2020

Pittsburgh, Mid-Atlantic, Tri-State and Washington D.C. Deaneries

Week 3: August 2-August 8, 2020

New England, NY, NJ, Florida and Canada Deaneries

Register Online Starting March 1, 2020

Register at – *campnazareth.org*

\$20 Early Bird Discount Per Child!!!!

(one-time only, not per week)

Register & pay by May 15, 2020!!!!

Online Registration MUST be complete AND payment must be submitted by May 15 in order to qualify for the Early Bird Discount. Registrations after June 15 will incur an additional \$20 late fee.

- ❑ When you register online please note that **you will still need to submit a paper copy of the Medical Examination Form (i.e. Camper Physical)** which must be filled out and signed by a licensed medical professional (licensed physician or physician's assistant). This form will be emailed to you after you complete the online registration process.
- ❑ **Payment by check, money order, or credit card is accepted.** Checks and Money Orders are to be made payable to *Camp Nazareth* and sent to *Camp Nazareth at 339 Pew Road, Mercer, PA 16137.*