

Holy Trinity Orthodox Church



Fr. Luke Mihaly

74 Joes Hill Road
Danbury, CT 06811
Rectory (203) 748-0671
Cell (203) 482-6223

PadreLuke@aol.com

www.holytrinitydanbury.org

<https://www.facebook.com/htocdanbury/?fref=hovercard>

Diocesan Website: www.acrod.org

Camp Nazareth:

<http://www.campnazareth.org>

Facebook:

<https://www.facebook.com/acroddiocese>

Twitter: <https://twitter.com/acrodnews>

You Tube:

<https://youtube.com/acroddiocese>

Recommended Orthodox Internet
Ministries

<http://myocn.net/>

<http://www.ancientfaith.com/>

Welcome to Holy Trinity Parish

Today is Forgiveness
Sunday. The Epistle
Romans 13:11-14:4. The
Gospel is from Matthew
6:14-21. Venerable
Eudoxia.

Holy Trinity is a diverse and
welcoming parish of the
Carpatho Russian Diocese,
under the Ecumenical
Patriarchate.

His Eminence, Metropolitan
Gregory of Nyssa, is our
diocesan ruling hierarch.

Divine Liturgy is offered
Sunday at 10 am. As
reminder only those Orthodox
Christians who are properly
prepared are invited to
receive Holy Communion.



Everyone is invited downstairs
following Divine Liturgy for
Coffee Hour and Fellowship.

Come down and meet Fr.
Luke and the parishioners.

Our parish offers many
opportunities to pray, to study
and learn more about Jesus

Christ and His Holy Orthodox
Church.

If you have any questions
about the Orthodox Church,
our Faith, or our parish please
feel free to contact Fr. Luke.
He is more than happy to
meet with you and talk.

Adult Ed	2
Loose Change	2
Church School	2
School Material	2
Lenten Retreat	2
Birthdays/Anniversaries	3
Upcoming Events	3
Lending Library	3
Clothing Drive	3
SPF50	4

Schedule of Services and Events for this week

Sunday, March 1, 10 AM –
Divine Liturgy followed by the
Rite of Forgiveness

Sunday, March 1, 3 PM –
Vespers of Forgiveness Sunday

Monday, March 2, 8:30 AM –
Lenten First Hour

Monday, March 2, 7 PM –
Canon of St. Andrew

Tuesday, March 3, 8:30 AM –
Lenten Hours

Tuesday, March 3, 9 AM –
Perogies

Tuesday, March 3, 7 PM –
Canon of St. Andrew

Wednesday 8 AM—Stuffed
Cabbage Making

Wednesday, March 4, 8:30 AM
– Lenten Hours

Wednesday, March 4, 6 PM –
Presanctified Liturgy followed by
Lenten meal and Adult
Catechism Class

Thursday, March 5, 8:30 AM –
Akathist of Repentance

Thursday, March 5, 9:15 AM –
New Testament Class

Thursday, March 5, 7 PM –
Canon of St. Andrew

Friday, March 6, 8:30 AM –
Lenten Hours

Friday, March 6, 9 AM – Old
Testament Class

**Friday, March 6, 1 PM to 5
PM** – Dorothy Day

Friday, March 6, 7:30 PM –
Paraklis Service at St. John's
1240 Broadbridge Ave,
Stratford CT

Saturday, March 7, 2 PM –
Baptism of Josue

Saturday, March 7, 5 PM –
Vespers

Sunday, March 8, 10 AM –
Divine Liturgy – Bring Icons
for Sunday of Orthodoxy
Procession

Readers Schedule

3/1 – Harry Fong
3/8 – Bob Faubel
3/15 – Paul Sulich
3/22 – Suzanne Molineaux
3/29 – Susan Paltauf

Coffee Hour

3/1 – OPEN

Restock Our Kitchen: We need coffee—decaf and regular! Also, napkins.

Please remember to sign up and subscribing on our parish web site www.holytrinitydanbury.org

And to those with a Facebook accounts please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htocdanbury/?fref=hovercard> so the word gets out.

Dorothy Day—Our next date to serve at the Dorothy Day Soup Kitchen will be Friday, March 6th. Help for any part of the afternoon is greatly appreciated. Let Susan Sulich know if you are able to come and serve.

Materials for Church School | Food for Lenten Retreat

Wanted: Materials for Church School Art Projects

Elena Gordon is looking to use different types of media and incorporate elements of creative engineering in her art projects with the church school children. She is also interested in exploring traditional woodworking and arts and crafts in the church school curriculum. She would gratefully welcome donations of materials such as scraps and pieces of wood, metal, wire and possibly old toy building sets made of materials that could be reused in church school construction projects. She will have a cardboard box in the church school closet to collect any donated materials.

Food for Lenten Retreat

On Sat. March 14th we will be having our in house Lenten Retreat with Fr. John Parker coming as Retreat Master. A coffee break and lunch will be provided that day and we are looking for people to bring some Lenten food. A sign up sheet will be available at coffee hour.

Easter Craft and Bake Sale

Easter Craft and Bake Sale—our Easter Bake sale will take place on Sat. April 4th and Sun. April 5th. Cooking and baking sessions are well underway. Watch the bulletin for dates and times. Anyone interested in an evening cooking/baking session, please see Susan Sulich. We are also looking for crafters of high-quality, artisan crafts. Tables are \$35 and are good for both days of the sale.

Adult Education Opportunities

We have a number of adult education classes going on currently:

Spirituality Class – Mondays at 7:00 p.m. Currently reading and discussing: *Suffering and the Nature of Healing* by Daniel B. Hinshaw, M.D.

Catechism Class –

Wednesdays at 7:00 p.m. For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith. We are starting a new book, Spread the Word – Reclaiming the Apostolic Tradition of Evangelism

New Testament –

Thursdays at 9:00 a.m. currently were are reading and studying *The Acts of the Apostles*

Old Testament Class –

Fridays at 9:00 a.m. We have begun *2 Samuel*.

CHANGE our Bottom Line

Change Our Bottom Line—We cashed in the change in the extra mortgage principle jar this week and the total was \$95.76. This amount was added to other money from other donations and our Chow Down fundraiser toward the mortgage principal. A **total payment of \$1,241** was made directly to the principal of the new rectory mortgage in 2019. According to the bank, 2 extra mortgage payments a year could result in a savings of \$31,700 and reduce the duration of the mortgage by 4 years, 8 months; extra payments of \$3,000 per year could potentially reduce the loan term by 10 years, 6 months. Let's keep it up!

| Lenten Retreat at Holy Trinity |

Lenten Retreat at Holy Trinity

As requested, we will be having an in-house retreat on Saturday, March 14th here at our parish starting at 9:30 a.m. Fr. John Parker, Dean of St. Tikhon's Seminary will lead the retreat on Stewardship and Personal Evangelism. See attached flyer for more details.



Parish Lending Library

Parish Lending Library — You may have noticed that in the vestibule of the church we have set up a lending library in the first section of the bookcase. There are books there on a variety of topics of interest from the Church Fathers to parenting to the Liturgy and more. There are also a few titles in Spanish. Feel free to check out one or more titles. Just fill out the lending library book with title, name and date.

Clothing Drive

Successful Clothing Drive—So far, the total monies donated from clothing drive from 2014 thru 2019 = \$2,934.50! The new drive is underway so keep those clothes, towels, shoes, etc. coming. For a complete list of what can be donated see the sheet by the candle stand. All items should be packaged in plastic garbage bags.

Perogie Session

Perogie Session Tuesday—Our perogie sessions are on Tuesdays at 9:00 a.m. Our very successful Thanksgiving and Christmas sales have shown that we need to make more perogies to sell for each sale as we sold out as nearly every variety! New and veteran pinchers welcome. As a reminder during the winter season, if school is closed due to bad weather, perogie session is cancelled as well. If parking lot looks slippery, come in through the front door of the church.

Upcoming Events

Forgiveness Sunday – Sunday, March 1st

Lenten Retreat at Holy Trinity— Saturday, March 14th

Deanery Pre-Sanctified Liturgy— Friday, March 27th Mill Hill Ave.

Stuffed Cabbage Making – Wednesday, March 4th 9:00 a.m.

Parish Council Meeting – Sunday, March 15th following coffee hour

Deanery Pre-Sanctified Liturgy— Friday, April 3rd Broadbridge

Monthly Bake Sale – **Thursday**, March 5th 4:00 – 6:00 p.m.

OYMT Training – Sunday, March 15th 3-5 p.m. at Holy Trinity

Deanery Pre-Sanctified Liturgy— Friday, April 10th Danbury

Dorothy Day – **Friday, March 6th** 1:00-5:00 p.m.

Deanery Pre-Sanctified Liturgy—Friday, March 20th Silver Lane

Easter Bake and Craft Sale—Sat. April 4th 10 a.m. --- 3 p.m.

Birthdays

March	
Ana Urgiles Melnic	7
Mia Paltauf	9
Mary Gander	10
Aidan McVeigh	12
Vida Bundra	24
Marika Gutzman (Names day)	25
Orestes Mihaly	26
Michael Browne	30

Lenten Fast

As we begin Lent together, the following minimal fasting regulations are designated for our clergy and faithful:

- 1) Monday, March 1 (Clean Monday), the first day of the Fast, is a day of strict abstinence; likewise Great and Holy Friday, and Great and Holy Saturday, namely April 17 and 18 are days of strict abstinence. On these days, no meat or dairy products may be eaten.
- 2) All Wednesdays and Fridays during this entire Season are days of abstinence from meat.
- 3) Meat and meat products may not be eaten during all of Holy Week, namely April 13 through April 18.
- 4) For the evening Pre-sanctified Liturgy, a minimum three-hours fast

from all food and drink must be observed before the reception of Holy Communion. Normal fasting from midnight is still practiced before the Liturgies of St. John Chrysostom and St. Basil the Great.

These are the minimal requirements to observe during this Season. But for those of stronger body and more willing spirit, I wholeheartedly recommend the penitential practices of a sterner quality which the time-honored traditions and customs of our Holy Orthodox Church have handed down to us.

On weekdays (Monday to Friday inclusive) during the seven weeks of Lent, there are restrictions both on the *number* of meals taken daily and on the

types of food permitted; but when a meal is allowed, there is no fixed limitation on the *quantity* of food to be eaten.

[This material is taken from the introduction to The Lenten Triodion. In modern practice, the above rules tend to be somewhat relaxed, and they have always been relaxed for children and the infirm. Fast as you are able, and consult Fr. Luke as needed. As you eat less physical food, it is important to increase your intake of spiritual food – prayer and reading scripture and the fathers of the Church.]

Holy Trinity Orthodox Church
 74 Joes Hill Rd
 Danbury, CT 06811

"... a place of refuge full of love and joy."



- Please bring an icon with you to church next week for the procession to celebrate the Sunday of Orthodoxy.
- On Wednesdays, following Presanctified liturgy we will have a light Lenten meal followed by our Adult Catechism Class

OUR JOURNEY TO PASCHA! 2020

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 9th	TRIDION WEEKS Publican and the Pharisee Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week FEBRUARY 16th	The Prodigal Son Returns! Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare FEBRUARY 23rd FAREWELL TO MEAT TODAY	The Last Judgement Epistle: 1 Corinthians 8:9-2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare MARCH 1st FAREWELL TO CHEESE TODAY	Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 8th	GREAT LENT BEGINS WITH FORGIVENESS VESPERS SUNDAY of ORTHODOXY Epistle: Hebrews 11:24-26, 32:12-2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 15th	ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent MARCH 22nd	VENERATION OF THE HOLY CROSS HALF WAY TO PASCHA! Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent MARCH 29th	ST JOHN of the LADDER Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 5th	ST MARY of EGYPT Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! APRIL 12th GREAT WEEK BEGINS	GREAT AND HOLY WEEK ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY APRIL 17th	GREAT AND HOLY FRIDAY JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! APRIL 19th NO FASTING!	BRIGHT WEEK HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!