

Holy Trinity Orthodox Church



Fr. Luke Mihaly

74 Joes Hill Road
Danbury, CT 06811
Rectory (203) 748-0671
Cell (203) 482-6223

PadreLuke@aol.com

www.holytrinitydanbury.org

<https://www.facebook.com/htocdanbury/?fref=hovercard>

Diocesan Website: www.acrod.org

Camp Nazareth:

<http://www.campnazareth.org>

Facebook:

<https://www.facebook.com/acroddiocese>

Twitter: <https://twitter.com/acrodnews>

You Tube:

<https://youtube.com/acroddiocese>

Recommended Orthodox Internet
Ministries

<http://myocn.net/>

<http://www.ancientfaith.com/>

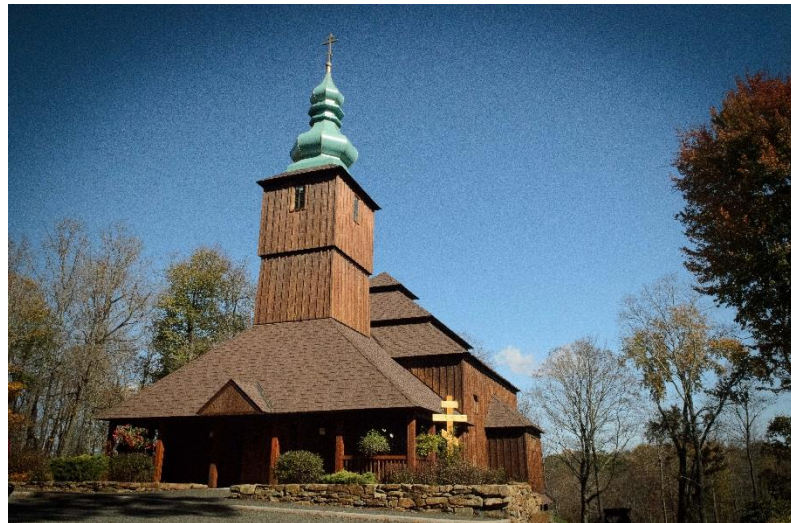
Welcome to Holy Trinity Parish

Today is the Twenty-second Sunday after Pentecost. The Epistle Galatians 6:11-18. The Gospel is from Luke 12:16-21. Wonderworker Gregory.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.



Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.

Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus

Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

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Schedule of Services and Events for this week

Sunday, November 17, 10 AM
– Divine Liturgy

Wednesday, November 20, 7 PM
– Adult Catechism

Thursday, November 21, 9AM
– Divine Liturgy for Entrance of the Mother of God into the Temple

Thursday, November 21, 10:15 AM
– New Testament class

Thursday, November 21, 7 PM
– St. Nectarios Service

Friday, November 22, 9:00 AM
– Old Testament Class

Saturday, November 23, 10 AM to 12 noon - Church School

Saturday, November 23, 5 PM – Vespers

Sunday, November 24, 10 AM – Divine Liturgy

Readers Schedule

11/17 – Paul Toaso
11/24 – Harry Fong
12/1 – Susan Paltauf

Coffee Hour

11/17 – Faubel
11/24 – OPEN
12/1 – Radcliff
12/8 – St. Nicholas Brunch

Re-Stock Our Kitchen:

Paper towels, gallon freezer bags, napkins.

Please remember to sign up and subscribing on our parish web site

www.holytrinitydanbury.org

And to those with a Facebook accounts please like our Facebook page posts associated with the fundraising events here

<https://www.facebook.com/htodanbury/?fref=hovercard> so the word gets out.

Church School

Church School—We have had a very good response to our church school sessions and so will continue to offer classes one Friday evening and one Saturday morning each month. Friday classes are from 5:30-7:30 p.m. and Saturday classes are from 10:00 a.m. to 12:00 p.m. unless otherwise noted. The schedule for the remainder of the year is as follows:

Sat. Nov. 23rd

Fri. Dec. 6th

Sat. Dec. TBD

Les Miserable

Les Miserable—We are looking forward to our parish outing to go see Les Miserable at the Palace Theater in Waterbury on Tue., Dec. 3rd at 7:30 p.m. The second half of the ticket payment is due now if you did not pay in full. Please give Susan a check for the balance--\$20.88 a ticket.

Chow Down to Pay Down

Chow Down to Pay Down—Thank you to all who helped make Chow Down to Pay Down a success—our chef demonstrators and all who came to participate. The event brought in just over \$550, exceeding our goal of raising the equivalent of one rectory mortgage payment. Based on your feedback, we will most likely do another Chow Down featuring vegan and vegetarian dishes shortly before Lent so start thinking about recipes you'd like to share that would be good for the fast!

Adult Education Opportunities

We have a number of adult education classes going on currently:

Spirituality Class – Mondays at 7:00 p.m. Currently reading and discussing: *Suffering and the Nature of Healing* by Daniel B. Hinshaw, M.D.

Catechism Class – Wednesdays at 7:00 p.m. For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith. We are starting a new Book. It is *The Creed*. This discussion of the Nicene Creed—the foundation of our Faith—

begins with a review of Christianity, the Church and Tradition. It offers a definition and an explanation of the Creed.

New Testament – Thursdays at 9:00 a.m. currently were are reading and studying *The Acts of the Apostles*

Old Testament Class – Fridays at 9:00 a.m. We have begun *1 Samuel*.

CHANGE our Bottom Line

CHANGE our Bottom Line—Please consider donating your spare change toward lowering our mortgage debt. A container is located in the church hall to collect the change and it will be cashed in to contribute to extra mortgage payments.

Perogie Sessions

Perogie Sessions—We will not have a perogie session this Tuesday, Nov. 19th but we will have one the following Tuesday, Nov. 26th at 9:00 a.m.

Parish Lending Library

— You may have noticed that in the vestibule of the church we have set up a lending library in the first section of the bookcase. There are books there on a variety of topics of interest from the Church Fathers to parenting to the Liturgy and more. There are also a few titles in Spanish. Feel free to check out one or more titles. Just fill out the lending library book with title, name and date.

Birthdays	
November	
Andrei Zubek	21
Sandy Fong	23
Robert Young	27
Nicholas Gross	30

Upcoming Events

Monthly St. Nectarios Service – Thursday, Nov. 21 st 7 p.m.	Church School —Friday, Dec. 6 th 5:30-7:30 p.m.	Monthly St. Nectarios Service —Thursday, Dec. 19 th 7:00 p.m.
Church School —Saturday, Nov. 23 rd 10:00 a.m. – 12 noon	40th Day Service for Martin Howley and Serge Mihaly —Sunday, Dec. 8 th following liturgy.	
Parish Outing to see Les Miserable at Waterbury's Palace Theater —Tuesday, Dec 3 rd 7:30 p.m.	St. Nicholas Brunch – Sunday, Dec. 8 th	
Dorothy Day —Friday, Dec 6 th 1:00- 5:00 p.m.	Christmas Bake Sale —Saturday, Dec. 14 th 10:00 am – 3:00 pm	

Holiday Craft and Bake Sales | Dorothy Day | Secret Santa

Christmas Bake and Craft Sales – Our holiday bake sales are coming up. The Christmas sale will be on Saturday, Dec. 14 th . We will need help cooking, manning the kitchen and selling our perogies, rolls, stuffed cabbage, kielbasa and cookies.	We will not be serving at Dorothy Day on Friday, Nov. 1 st .	Secret Santa —We will have the drawing of names for our Secret Santa on Sunday, Nov. 24 th during coffee hour. Secret Santa gifts are to be small (\$15 or less) and will be exchange at the St. Nicholas Brunch on Sunday, Dec. 8 th .
Calling All Crafters —we are looking for artisans of high-quality, hand-crafted items for our sales. Tables are \$35. See Susan Sulich to reserve.	Upcoming Dorothy Day dates: Friday, Dec. 6 th Friday, Jan. 3 rd 1:00 p.m. to 5:00 p.m.	

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"... a place of refuge full of love and joy."



Quotes by St. John Chrysostom

Do you fast? Then feed the hungry, give drink to the thirsty, visit the sick, do not forget the imprisoned, have pity on the tortured, comfort those who grieve and who weep, be merciful, humble, kind, calm, patient, sympathetic, forgiving, reverent, truthful and pious, so that God might accept your fasting and might plentifully grant you the fruits of repentance.

The rich man is not one who is in possession of much, but one who gives much.

The Eucharist is a fire that inflames us, that, like lions breathing fire, we may retire from the altar being made terrible to the devil.

We must not mind insulting men, if by respecting them we offend God.



Nativity Fast Begins November 15

Guidelines for the Nativity Fast - The Nativity Fast is one of the four Canonical Fasting Seasons in the Church year. This is a joyous fast in anticipation of the Nativity of Christ. Because it begins the day after the commemoration of the Apostle Philip (Nov. 14th), it is often referred to as the Apostle Philip fast. Although it is as long as Great Lent, it is not as severe. Throughout the entire duration of these forty days there is no accommodation for meat, dairy products and eggs. However, fish is allowed to be consumed every day except Wednesdays and Fridays, from November 15th until December 17th. Fish is also allowed on the feast of the Entrance of the Theotokos, which falls on November 21st, no matter what day of the week it falls on. From the 18th to the 24th of December, which is Christmas Eve, oil and wine are the only relief from a strict fast, except Wednesdays and Fridays on which we adhere to a strict fast. We should keep a fast of dry foods (xerophagy) also on the first day of the fast on November 15th, as well as on Christmas Eve, unless of course they fall on a Saturday or Sunday.

Do Not Fast:

- if you are pregnant or nursing a newborn;
- during serious illness;
- without prayer;
- without alms-giving;
- according to your own will without guidance from your spiritual father.

Fasting from Foods and Passions We must always keep in mind that in our Church true fasting is not only about abstaining from certain foods, but also abstaining from the passions and sins. Saint Photios the Great says: "Fasting that is acceptable to God is that which combines the abstention of food with the aversion of chatter, envy, hatred and other sins. The one who fasts from food, but does not temper the passions, is like one who puts a splendid foundation to a house he has built, but allows snakes, scorpions and every poisonous reptile to live within." We thus aim for a spiritual fast during this period, to avoid sin and keep the will of God, being an embodiment of love and forgiveness and mercy, as well as striving to attain even greater virtue. In this way we will better understand and realize the words of Saint Basil the Great: "True fasting is to alienate ourselves from all evil, all sin, all impassioned thoughts, all unclean desires."

His Eminence, Metropolitan Gregory's

NATIVITY FAST PRAYER CHALLENGE 2019

To Be Prayed Every Evening of the Nativity Fast

O Christ our God, at Your Holy Birth, the choirs of angels proclaimed peace to the shepherds in the fields. (*Luke 2:14*) After Your Glorious Resurrection, You came to Your disciples saying "Peace be with you!" (*John 20:19*) May Your Holy Peace be present in our hearts, in our homes, in Your Church, and in the entire world. Cleanse us of all impurity, O Lord, so that we may be filled with Your peace which surpasses all understanding, and which will guard our hearts and minds. (*Philippians 4:7*) Sanctify us completely, O God of Peace, so that our whole spirit, soul, and body be preserved blameless at Your coming. (*1 Thessalonians 5:23*) For You are the King of Peace and the Savior of our Souls, and to You we give glory forever. **Amen.**