

# Holy Trinity Orthodox Church



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[www.holytrinitydanbury.org](http://www.holytrinitydanbury.org)

<https://www.facebook.com/htocdanbury/?ref=hovercard>

Diocesan Website: [www.acrod.org](http://www.acrod.org)

Camp Nazareth:

<http://www.campnazareth.org>

Facebook:

<https://www.facebook.com/acroddiocese>

Twitter: <https://twitter.com/acrodnews>

You Tube:

<https://youtube.com/acroddiocese>

Recommended Orthodox Internet Ministries

<http://myocn.net/>

<http://www.ancientfaith.com/>

## Welcome to Holy Trinity Parish

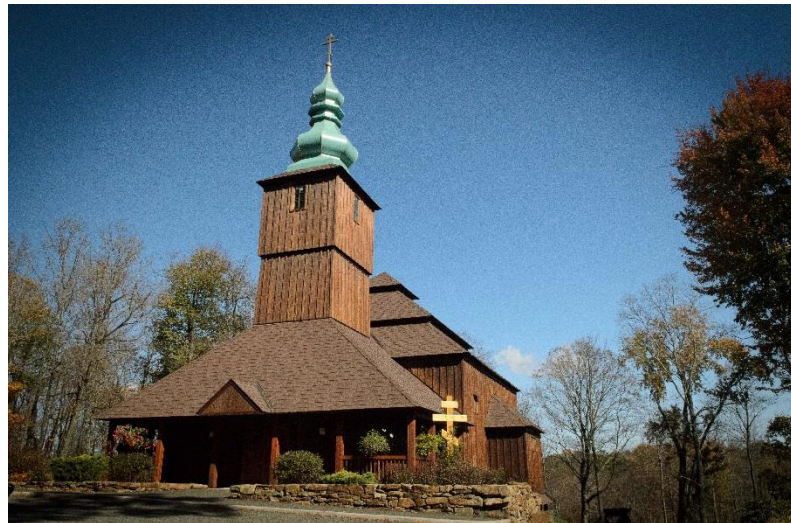
Today is Palm Sunday.  
The Epistle Philippians  
4:4-9. The Gospel is from  
John 12:1-18.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.

Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.



Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

## Schedule of Services and Events for this week

**Monday, April 22, 9 AM –**  
Bridegroom Matins

**Monday, April 22, 6 PM –**  
Presanctified Liturgy

**Tuesday, April 23, 9 AM –**  
Bridegroom Matins

**Tuesday, April 23, 6 PM –**  
Presanctified Liturgy

**Wednesday, April 24, 9 AM –**  
Bridegroom Matins

**Wednesday, April 24, 12 noon –**  
Presanctified Liturgy

**Wednesday, April 24, 6 PM –**  
Holy Unction Service

**Thursday, April 25, 9 AM –**  
Vesperal Liturgy –  
Institution of the Eucharist

**Thursday, April 25, 7 PM –**  
Matins and the Reading of  
the 12 Passion Gospels

**Friday, April 26, 9 AM –**  
Royal Hours

**Friday, April 26, 7 PM –**  
Great & Holy Friday  
Vespers with Procession  
and Guarding the Tomb

**Saturday, April 27, 9 AM –**  
Vesperal Liturgy

**Saturday, April 27, 11 PM –**  
Nocturne, Paschal  
Matins, Paschal Divine  
Liturgy followed by  
blessing of the Baskets and  
Agape Meal

**Sunday, April 8, 12 Noon –**  
Paschal Vespers followed  
by blessing of Baskets

**Sunday, April 28, 12:45 PM –**  
A continuation of the  
Agape Paschal meal in the  
parish hall

Lenten Fast	2
Adult Ed	2
OYMT Stock Sales	2
Senior Retreat	3
Slovakia Trip	3
Camp Nazareth	3
Family Camp	4

This is the second of three wedding banns for Peter Astras and Sandi Fong who are to be married on May 11. Anyone who knows why they should not be married please see Fr. Luke.

## Readers Schedule

4/21 – Susan Paltauf  
4/28 – Christopher Mihaly

## Coffee Hour

4/21 – Villa  
4/28 – PASCHA  
5/5 – Radcliff  
5/12 – Mother's Day - See Harry and Paul

## Help Re-stock Our Kitchen—

decaf coffee, sturdy 10-inch paper plates, bowls

Please remember to sign up and subscribing on our parish web site  
[www.holytrinitydanbury.org](http://www.holytrinitydanbury.org)

And to those with a Facebook accounts please like our Facebook page posts associated with the fundraising events here  
<https://www.facebook.com/holytrinitydanbury/?fref=hovercard> so the word gets out.

## OYMT “Stock Sales”—

Members of the Orthodox Youth Mission Team will be selling shares of mock stock for \$10 each during coffee hour to support our upcoming youth mission trip to Appalachia in July. Please consider investing in this opportunity for our high school youth and young adults to put their Faith to work. To those of you who have already contributed, we thank you very much!

## Family Dinner Dance

**Remember Me: Family Dinner Dance**—On Saturday, May 4<sup>th</sup> from 6-11 p.m. we will have a family dance celebrating our connection to relatives who have passed on. Everyone is asked to bring a favorite family food to share. BYOB. Please let Chrissanth Gross know if you plan to attend ([chrissanth@mac.com](mailto:chrissanth@mac.com)). Also, if you have not already done so, please bring in or email Chrissanth digital files of photos of any of your loved ones who have passed on along with their name, relation to a living relative, and anything you'd like to remember about them. The church school children are working hard to use these to make decorations for the party.

## Adult Education Opportunities

We have a number of adult education classes going on currently:

**Spirituality Class** – Mondays at 7:00 p.m. Currently reading and discussing: *Parenting Toward the Kingdom* by Dr. Philip Mamalakis

**Catechism Class** – Wednesdays at 7:00 p.m. For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith. We are starting a new Book. It is Introducing the Orthodox

Church by Fr. Anthony Coniaris  
**New Testament** – Thursdays at 9:00 a.m. currently were are reading and studying *The Acts of the Apostles*  
**Old Testament Class** – Fridays at 9:00 a.m. We have begun Judges.

## Lenten Fast

As we begin Lent together, the following minimal fasting regulations are designated for our clergy and faithful:

- 1) The following days are days of strict abstinence; Great and Holy Friday, and Great and Holy Saturday, namely April 26 and 27 are days of strict abstinence. On these days, no meat or dairy products may be eaten.
- 2) All Wednesdays and Fridays during this entire Season are days of abstinence from meat.
- 3) Meat and meat products may not be eaten during all of Holy Week, namely April 22 through April 27.
- 4) For the evening Pre-sanctified Liturgy, a minimum three-hours fast from all food and drink

## | 2019 Young Women's Encounter

**2019 Young Women's Encounter** - - Registration is now open for the SIXTH Annual Diocesan Young Women's Encounter which will take place from Sunday, June 30<sup>th</sup> to Wednesday, July 3<sup>rd</sup>, 2019 at Saints Peter and Paul Church in Windber, PA. We encourage our young women, ages 12 to 18 to attend. Registration will be primarily online and is open now! A link to register is on the home page at [www.acrod.org](http://www.acrod.org) or a direct link can be found at [here](#).

Please encourage interested families to find more information about this event by

looking through past photo albums which can be found at  
<https://www.acrod.org/ministries/youth/ywe/>

Space will be limited to the first thirty respondents, so participants are urged to register in a timely manner. Registration Deadline is Friday, June 7, 2019.

## | Red Eggs

**Red Eggs**—We need a few people to bring in 2 dozen red eggs to give out for Pascha. Eggs can be brought anytime during Holy Week.

must be observed before the reception of Holy Communion. Normal fasting from midnight is still practiced before the Liturgies of St. John Chrysostom and St. Basil the Great.

**These are the minimal requirements to observe during this Season. But for those of stronger body and more willing spirit, I wholeheartedly recommend the penitential practices of a sterner quality which the time-honored traditions and customs of our Holy Orthodox Church have handed down to us.**

## CAMP NAZARETH SUMMER CAMP 2019

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Register Online Starting March 1, 2019

Register at – [campnazareth.org](http://campnazareth.org)

From the Home Page, From the 2019 Summer Camp Icon, or From the Diocesan Summer Camp Tab found under the Summer Camp Tab and look for Camper Registration.

If you are Clergy or a Volunteer go to the 2019 Summer Camp Icon on the Home Page or the Diocesan Summer Camp Tab found under the Summer Camp Tab and look for the paper forms under Clergy/Volunteers.

**\$20 Early Bird Discount** Per Child!!!! (one-time only, not per week)

Register & pay **by May 15, 2019!!!!**

Online Registration **MUST** be complete **AND** payment must

be submitted by **May 15** in order to qualify for the Early Bird Discount.

Registrations after June 15 will incur an additional \$20 late fee.

- ❑ When you register online please note that **you will still need to submit a paper copy of the Medical Examination Form (i.e. Camper Physical)** which must be filled out and signed by a licensed medical professional (licensed physician or physician's assistant). This form will be emailed to you after you complete the online registration process.
- ❑ **Payment by check, money order, or credit card is accepted.** Checks and Money Orders are to be made payable to *Camp Nazareth* and sent to *Camp Nazareth at 339 Pew Road, Mercer, PA 16137.*

*The time for Summer Camp is Rapidly Approaching!!! The clock is ticking!!*

**REGISTER ONLINE STARTING MAR. 1, 2019!!!**

Dates for the Summer Camping Program

**Week 1: July 14-20, 2019**

Pittsburgh, Mid-Atlantic, Tri-State and Washington D.C. Deaneries

**Week 2: July 21-27, 2019**

New England, NY, NJ, Florida and Canada Deaneries

**Week 3: July 28-August 3, 2019**

Johnstown, Pocono, Southern Tier, Youngstown and Chicago Deaneries

## Upcoming Events

**Family Dinner Dance**—Saturday, May 4<sup>th</sup> from 6-11 p.m.

**Andrew Gould Icon/icon screen Presentation** – June 8 and June 9 27

**Parish Tag Sale** – June 15th

**OYMT Construction Day**—Saturday, May 18<sup>th</sup> 9 a.m. – 4 p.m.

**OYMT Trip** – July 6 to July 14

### Parish Trip to Slovakia

**Parish Trip to Slovakia**—An itinerary has been set for our trip to Slovakia scheduled for August 18-30, 2019. We will start out in Prague, travel through Slovakia and have day trip into Hungary. Highlights of the trip include wooden churches, underground caves and other natural wonders, spas, castles and many other cultural and religious sites. An itinerary was emailed and there is also a hard copy on the parish bulletin board. We are currently looking for commitments to go on the trip. Group airfare available on a first come first serve basis. If you have not yet signed up and would like to, let Fr. Luke know.

### Birthdays

April	
Grace Radcliff	14
Adriano Morfa	14
Carmen Villa	15
Ignatius Michael Thompson	15
Ava Baroody	16
Melanie Sulich	17
Rosalyn Mihaylo	18
Nectarios Moses Mihaly	20
Viorel Bundra	23
Natasha Gross	25
Harry Fong	26

Our Diocese is pleased to announce its second annual **Senior Retreat** which will take place at Camp Nazareth Retreat and Conference Center in Mercer, PA from May 13-16, 2019. The Retreat will feature keynote addresses by His Eminence Metropolitan Gregory who is inviting all our Diocesan Seniors, ages 55 and over, to join him for 3 days of fellowship, prayer, and rejuvenation. "How's Your 'Eyesight'?: Keeping your Focus on God as a Senior" is the theme of the Retreat. Online Registration will begin on February 1, 2019. Visit [acrod.org](http://acrod.org) for more information and to register for the Retreat. Participants will also be able to register by mail. Again, visit [acrod.org](http://acrod.org) for more information. You may also call (724-662-4840) or email [campnazareth@acrod.org](mailto:campnazareth@acrod.org) the Camp for more information.

Don't miss out on our second annual Senior Retreat!

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"... a place of refuge full of love and joy."



**Parish Tag Sale**—Save the date and start gathering your unwanted items for a parish tag sale to be held at Holy Trinity on Saturday, June 15<sup>th</sup>. Stay tuned for more details.

### [They didn't understand!](#)

**Have you ever not understood something at first, but then you did later? Maybe you heard somebody say something, but it didn't mean anything to you...but then later, you really got it.**

Today, on this wonderful feast of Palm Sunday, the Gospel reading tells us how our Lord entered Jerusalem. When the crowds heard that Jesus was coming, they waved palm branches and cheered Him on! "And Jesus found a young donkey and sat upon it, as it is written, 'Fear not, daughter of Zion; behold, your king is coming, sitting on a donkey's colt!'"

Those words were written many, many years before Jesus Christ lived on earth. In fact, Jesus's disciples had probably heard them when they had heard the scripture! But it didn't mean anything to them. The Gospel reading today tells us, "His disciples did not understand this at first; but when Jesus was glorified, then they remembered that this had been written of him and had been done to him." Later on, they really got it!

We don't always understand the Bible at first either! Let's keep reading it, again and again, so we can make connections, and we can understand more and more of God's message to us!

### **ST. KASSIANI – THE HYMN WRITER**

Today is a happy day, a big feast day in our Church. But tomorrow, things are different. We start to think about all the sad things that happened to our Lord, Jesus Christ. Once, Jesus was talking to His disciples, and a woman came up and asked Him to forgive her. She even cleaned His feet with her hair!

Long ago (1,200 years ago!) a saint named Kassiani wrote a hymn about that story. And on Tuesday night, we will hear this same hymn, written so long ago.

Saint Kassiani was a very beautiful young woman, but she was smart too. When the emperor decided he wanted to get married, she was one of the "bride show." There were some young women, and the emperor was supposed to pick one of them for his bride!

But Kassiani had other ideas. She wanted to live for Christ, not for the emperor and all his fancy things. She started a monastery, where she wrote many hymns. On Tuesday, we hear the hymn that she is most famous for writing. But did you know that she also wrote a hymn for the service on Christmas Eve? She also wrote a long set of hymns for memorial services, when we remember somebody who has died. So Saint Kassiani keeps giving us her wonderful gifts of beautiful hymns...especially on Holy Tuesday!

**We remember St. Kassiani on Holy Tuesday, April 23rd.**