

Holy Trinity Orthodox Church



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www.holytrinitydanbury.org

<https://www.facebook.com/htocdanbury/?fref=hovercard>

Diocesan Website: www.acrod.org

Camp Nazareth:

<http://www.campnazareth.org>

Facebook:

<https://www.facebook.com/acroddiocese>

Twitter: <https://twitter.com/acrodnews>

You Tube:

<https://youtube.com/acroddiocese>

Recommended Orthodox Internet Ministries

<http://myocn.net/>

<http://www.ancientfaith.com/>

Welcome to Holy Trinity Parish

Today is the Sunday of St. Mary of Egypt. The Epistle Hebrews 9:11-14. The Gospel is from Mark 10:32-45. Confessor Martin.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.



Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.

Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus

Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

Schedule of Services and Events for this week

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Sunday, April 14, 9:30 AM – Chrismation of Jennie Fong

Sunday, April 14, 10 AM – Divine Liturgy

Sunday, April 14 11:30 AM to 1 PM – Easter Craft and Bake Sale

Monday, April 15, 7 PM – Spirituality Class

Tuesday, April 16, 8:30 AM – Lenten Hours

Wednesday, April 17, 6:30 PM – Presanctified Liturgy followed by Lenten meal and Adult Catechism Class

Thursday, April 18, 8:30 AM – Akathist

Thursday, April 18, 9:15 AM – New Testament Class

Friday, April 19, 9 AM – Old Testament Class

Friday, April 19, 4:30 PM – Presanctified Danbury

Friday, April 19, 7:30 PM - Paraklis St. John's Broadbridge Ave

Saturday, April 20, 9 AM – Liturgy Lazarus Saturday

Saturday, April 20 10 AM to 12 noon - Church School retreat breakfast,

making Palm Crosses, luminaries and dying eggs

Saturday, April 20, 1 PM – Baptism of Jake Morfa

Saturday, April 20, 5 PM – Vespers for Palm Sunday

Sunday, April 21, 10 AM – Divine Liturgy for Palm Sunday

This is the first of three wedding banns for Peter Astras and Sandi Fong who are to be married on May 11. Anyone who knows why they should not be married please see Fr. Luke.

Readers Schedule

4/14 – Harry Fong
4/21 – Susan Paltauf
4/28 – Christopher Mihaly

Coffee Hour

4/14 – Sulich
4/21 – Villa
4/28 – PASCHA
5/5 – Radcliff
5/12 – Mother’s Day - See Harry and Paul

Help Re-stock Our Kitchen—

decaf coffee, sturdy 10-inch paper plates, bowls

Please remember to sign up and subscribing on our parish web site

www.holytrinitydanbury.org

And to those with a Facebook accounts please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htcdanbury/?ref=hovercard> so the word gets out.

OYMT “Stock Sales”—

Members of the Orthodox Youth Mission Team will be selling shares of mock stock for \$10 each during coffee hour to support our upcoming youth mission trip to Appalachia in July. Please consider investing in this opportunity for our high school youth and young adults to put their Faith to work. To those of you who have already contributed, we thank you very much!

Family Dinner Dance

Remember Me: Family Dinner Dance—On Saturday, May 4th from 6-11 p.m. we will have a family dance celebrating our connection to relatives who have passed on. Everyone is asked to bring a favorite family food to share. BYOB. Please let Chrissanth Gross know if you plan to attend (chrissanth@mac.com). Also, if you have not already done so, please bring in or email Chrissanth digital files of photos of any of your loved ones who have passed on along with their name, relation to a living relative, and anything you’d like to remember about them. The church school children are working hard to use these to make decorations for the party.

Adult Education Opportunities

We have a number of adult education classes going on currently:

Spirituality Class – Mondays at 7:00 p.m. Currently reading and discussing: *Parenting Toward the Kingdom* by Dr. Philip Mamalakis

Catechism Class – Wednesdays at 7:00 p.m. For those studying to come into the Church and those in the Church who want to deepen their understanding and participation in the Faith. We are starting a new Book. It is Introducing the Orthodox

Church by Fr. Anthony Coniaris

New Testament – Thursdays at 9:00 a.m. currently were are reading and studying *The Acts of the Apostles*

Old Testament Class – Fridays at 9:00 a.m. We have begun Judges.

Lenten Fast

As we begin Lent together, the following minimal fasting regulations are designated for our clergy and faithful:

- 1) The following days are days of strict abstinence; Great and Holy Friday, and Great and Holy Saturday, namely April 26 and 27 are days of strict abstinence. On these days, no meat or dairy products may be eaten.
- 2) All Wednesdays and Fridays during this entire Season are days of abstinence from meat.
- 3) Meat and meat products may not be eaten during all of Holy Week, namely April 22 through April 27.
- 4) For the evening Pre-sanctified Liturgy, a minimum three-hours fast from all food and drink

must be observed before the reception of Holy Communion. Normal fasting from midnight is still practiced before the Liturgies of St. John Chrysostom and St. Basil the Great.

These are the minimal requirements to observe during this Season. But for those of stronger body and more willing spirit, I wholeheartedly recommend the penitential practices of a sterner quality which the time-honored traditions and customs of our Holy Orthodox Church have handed down to us.

On weekdays (Monday to Friday inclusive) during the seven weeks of Lent, there are restrictions both on the *number* of meals taken daily and on the *types of food* permitted; but when a meal is allowed, there is

no fixed limitation on the *quantity* of food to be eaten.

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[This material is taken from the introduction to *The Lenten Triodion*. In modern practice, the above rules tend to be somewhat relaxed, and they have always been relaxed for children and the infirm. Fast as you are able, and consult Fr. Luke as needed. As you eat less physical food, it is important to increase your intake of spiritual food – prayer and reading scripture and the fathers of the Church.]

CAMP NAZARETH SUMMER CAMP 2019

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Register Online Starting March 1, 2019

Register at – campnazareth.org

From the Home Page, From the 2019 Summer Camp Icon, or From the Diocesan Summer Camp Tab found under the Summer Camp Tab and look for Camper Registration.

If you are Clergy or a Volunteer go to the 2019 Summer Camp Icon on the Home Page or the Diocesan Summer Camp Tab found under the Summer Camp Tab and look for the paper forms under Clergy/Volunteers.

\$20 Early Bird Discount Per Child!!!! (one-time only, not per week)

Register & pay by **May 15, 2019!!!!**

Online Registration **MUST** be complete **AND** payment must

be submitted by **May 15** in order to qualify for the Early Bird Discount.

Registrations after June 15 will incur an additional \$20 late fee.

- ☐ When you register online please note that **you will still need to submit a paper copy of the Medical Examination Form (i.e. Camper Physical)** which must be filled out and signed by a licensed medical professional (licensed physician or physician's assistant). This form will be emailed to you after you complete the online registration process.
- ☐ **Payment by check, money order, or credit card is accepted.** Checks and Money Orders are to be made payable to *Camp Nazareth* and sent to *Camp Nazareth at 339 Pew Road, Mercer, PA 16137.*

The time for Summer Camp is Rapidly Approaching!!! The clock is ticking!!

REGISTER ONLINE STARTING MAR. 1, 2019!!!

Dates for the Summer Camping Program

Week 1: July 14-20, 2019

Pittsburgh, Mid-Atlantic, Tri-State and Washington D.C. Deaneries

Week 2: July 21-27, 2019

New England, NY, NJ, Florida and Canada Deaneries

Week 3: July 28-August 3, 2019

Johnstown, Pocono, Southern Tier, Youngstown and Chicago Deaneries

Upcoming Events

Church School Sat. April 20th – Lazarus Sat.

Liturgy/Breakfast/Church and Family School Activities

Parish Grounds Clean Up—

Saturday, April 20th following breakfast after liturgy.

Family Dinner Dance—Saturday,

May 4th from 6-11 p.m.

OYMT Construction Day—

Saturday, May 18th 9 a.m. – 4 p.m.

Church School

Church School—We will continue our church school program with teaching by Fr. Luke and art by Miss Elena on the following dates:

Sat. April 20th –Lazarus Sat. Liturgy/Breakfast/Church and Family School Activities

The Friday classes take place from 5:30-7:30 p.m. and the Saturday classes are from 10:00 a.m. – 12:00 noon. Attendance has been wonderful and we encourage families to continue to make this a priority.

Parish Trip to Slovakia

Parish Trip to Slovakia—An itinerary has been set for our trip to Slovakia scheduled for August 18-30, 2019. We will start out in Prague, travel through Slovakia and have day trip into Hungary. Highlights of the trip include wooden churches, underground caves and other natural wonders, spas, castles and many other cultural and religious sites. An itinerary was emailed and there is also a hard copy on the parish bulletin board. We are currently looking for commitments to go on the trip. Group airfare available on a first come first serve basis. If you have not yet signed up and would like to, let Fr. Luke know.

Pascha Breads

Pascha Breads—if any parishioners want Pascha breads, please let Pani Bethany or Susan know today. They will be making another batch during Holy Week.

Birthdays

Birthdays	
April	
Markus Paltauf	8
Freddy Villa	9
Christopher Mihaly	11
Melissa McVeigh	11
Grace Radcliff	14
Adriano Morfa	14
Ignatius Michael Thompson	15
Ava Baroody	16
Melanie Sulich	17
Rosalyn Mihaylo	18
Nectarios Moses Mihaly	20
Viorel Bundra	23
Natasha Gross	25
Harry Fong	26

Our Diocese is pleased to announce its second annual **Senior Retreat** which will take place at Camp Nazareth Retreat and Conference Center in Mercer, PA from May 13-16, 2019. The Retreat will feature keynote addresses by His Eminence Metropolitan Gregory who is inviting all our Diocesan Seniors, ages 55 and over, to join him for 3 days of fellowship, prayer, and rejuvenation. "How's Your 'Eyesight'?: Keeping your Focus on God as a Senior" is the theme of the Retreat. Online Registration will begin on February 1, 2019. Visit acrod.org for more information and to register for the Retreat. Participants will also be able to register by mail. Again, visit acrod.org for more information. You may also call (724-662-4840) or email campnazareth@acrod.org the Camp for more information.

Don't miss out on our second annual Senior Retreat!

We trust Christ's words!

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"... a place of refuge full of love and joy."



Parish Grounds Clean Up—On Saturday, April 20th (Lazarus Saturday) there will be a clean-up of the parish grounds following breakfast after liturgy. Help is needed to clear sticks and clean up the grounds in preparation for Pascha.

Parish Tag Sale—Save the date and start gathering your unwanted items for a parish tag sale to be held at Holy Trinity on Saturday, June 15th. Stay tuned for more details.

Can you think of somebody you really trust? When you trust somebody you've heard what he or she has said in the past. You believe him, because what he said was true!

In today's Gospel reading, we hear about a time Jesus was with His disciples, walking to Jerusalem. As they were walking, Jesus "began to tell them what was going to happen to him, saying, 'Behold we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death,...and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise.'"

Jesus was telling His disciples what was going to happen to Him.

Starting next week, with Holy Week, we will hear about all these things that really happened to our Lord. We will hear how Jesus was condemned to death, about how they made fun of Him, how they beat Him, and killed Him. Then on Pascha (Easter), we will hear about how He rose from the dead!

Our Lord Jesus Christ knew that all these things were going to happen to Him. We trust His words when we read the Bible, because we know that He told the truth then. We can read His words in the Gospels, and we can trust that they are true!

EVEN SAINTS CAN MAKE MISTAKES: ST. MARY OF EGYPT

Did you know that even saints can make mistakes? Today we remember a very special saint who made A LOT of mistakes.

When Saint Mary of Egypt was a young woman, she did not even try to be a good person. She had many, many sins and didn't even care. But one day, she tried to go into a holy church in Jerusalem, and she felt a force that would not let her go in! She couldn't see anybody pushing her out, but as hard as she tried, she still could not enter the church.

St. Mary then knew that she had to change her life. She left Jerusalem to live in the desert, where she lived for 48 years! She spent her time there praying and asking God to forgive her. Finally, before she died, she received Holy Communion from a priest who found her in the desert.

Sometimes, when we think of the saints, we might think they were born perfect and were perfect all their lives! But then we know that only Christ lived a perfect life! Today, let's all remember that nobody is perfect. But God still wants us to try to be perfect, like He is! St. Mary of Egypt is a great example of somebody who changed her life so she could follow Christ.

We celebrate St. Mary today, the fifth Sunday of Lent.