# Holy Trinity Orthodox Church

### Fr. Luke Mihaly

74 Joes Hill Road Danbury, CT 06811 Rectory (203) 748-0671 Cell (203) 482-6223

PadreLuke@aol.com

www.holytrinitydanbury.org

Diocesan Website: www.acrod.org

Camp Nazareth: <a href="http://www.campnazareth.org">http://www.campnazareth.org</a>

Facebook:

https://www.facebook.com/acroddiocese

Twitter: https://twitter.com/acrodnews

You Tube: <a href="https://youtube.com/acroddiocese">https://youtube.com/acroddiocese</a>



Sunday of Orthodoxy	2
Church School	2
Icon of Inexhaustible Cup	2
Roll Baking	2
Diaper Drive	2
The Children's Word	2
Young Adult Retreat	3
Lenten Fast	3
Clothing Drive	3
Upcoming events	3
Camp Nazareth Info	4

# Welcome to Holy Trinity Parish

Today is the Sunday of the Last Judgement. The Epistle is 1 Corinthians 8:8-9:2. The Gospel is from Matthew 25:31-46. Apostles Archippus and Philemon of the 70.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Grace, Bishop Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.



Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.

Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to

study and learn more about Jesus Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

# Schedule of Services and Events for this week

**Sunday, February 26 -** Rite of Forgiveness

**Sunday, February 26 -** Presentation by Alex Goodwin

Monday, February 27, 9 AM – Lenten Hours

Monday, February 27, 6 PM – Canon of St. Andrew

Tuesday, February 28, 8:30 AM – Lenten Hours

Tuesday, February 28, 9 AM – Perogie session

Tuesday, February 28, 6 PM – Canon of St. Andrew

Wednesday, March 1, 9 AM – Lenten Hours Wednesday, March 1, 6 PM – Presanctified Liturgy followed by Lenten Meal

Wednesday, March 1, 7 PM – Catechism Class

Thursday, March 2, 8:30 AM – Akathist of Repentance

Thursday, March 2, 9 AM – Prayer Group

Thursday, March 2, 4 PM - 6 PM - Monthly Food sale

Thursday, March 2, 6 PM – Canon of St. Andrew

Friday, March 3, 9 AM – Lenten Hours

Friday, March 3, 9:30 AM - Old Testament Class

Friday, March 3 – 1 pm – 5 pm – Dorothy Day Soup Kitchen

Friday, March 3, 6 PM – Paraklis Service

Saturday, March 4, 5 PM – Vespers

**Sunday, March 5, 10 AM –**Liturgy – Sunday of Orthodoxy Procession with Icons

Sunday, March 5, 11:30 AM – Church School

**Sunday, March 5, 5 PM –**Sunday of Orthodoxy Vespers at St. George's Church Kohanza Street Danbury

#### Readers Schedule

2/26 – Bob Faubel

3/5 – Harry Fong

3/12 – Paul Toaso

3/19 – Susan Paltauf

3/26 – Susan Sulich

#### Coffee Hour

2/26 - OCMC Fundraiser

3/5 – Vero/lady/Carmen

3/12 – McVeigh/Sulich

3/19 - Gross

3/26 – Suzanne

4/2 – Bundra

4/9 – OPEN

4/16 - PASCHA

# **Help Re-stock Our Kitchen:** Decaf coffee.

Sunday of Orthodoxy

Vespers at St. George's - St. George's Orthodox Church here in Danbury will be hosting Sunday of Orthodoxy Vespers Sunday, March 5 at 5 PM. Fellowship Coffee Hour to Follow. Let us all come and worship together as one community on this first Sunday of Great Lent!

Roll Baking—We will be making nut, poppy, prune and fruit rolls for our Easter Bake Sale on Saturday, March 11<sup>th</sup>. We will need helpers throughout the day, rolling, filling, and packaging the rolls. Please let Sarah Baroody know if you are able to give some time to this very important part of our bake sale.

Monthly Food Sale—Our monthly food sale will take place this Thursday, March 2<sup>nd</sup> from 5:00-7:00 p.m. Please spread the word and if you are able to help man the sale please let Diana Borsari know. This will be the last monthly sale until May since we have our Easter Bake Sale in April.

#### Alcoholism and Addiction | Church School

The Akathist Service to the Icon of the Inexhaustible Cup has proven to be a great help to all those who know someone or who themselves are struggling with alcoholism and addiction. We at Holy Trinity have quietly started serving the Akathist to the Icon of the Mother of God of the Inexhaustible Cup. If you are interested in attending the service please see Fr. Luke. This service is open to all parishioners. Look here for our next service. Saturday, March

# Church School

meets on Sundays. Elementary school students will meet immediately after Divine Liturgy. Fr. Luke will be talking to the parents of the high school students to work on a schedule to meet outside of Sunday.

| Easter Bake and Craft Sale

Easter Bake and Craft Sale—Preparations are underway for our Easter Bake and Craft Sale on April 1st and 2nd. If you would like to have one of our crafter tables to showcase your homemade artisan items or if you know a crafter that you think might be interested in being in our show, please contact Susan Sulich. Spaces are \$35 for the two days.

#### The Children's Word

18 4 PM

Tomorrow is the very first day of Great Lent.

We have a long way to go before Easter, and a lot to do before we get there! We want to prepare ourselves for that awesome feastday, and the Bible today tells us just how to do it.

By now, we all pretty much know the right thing to do as Christians, don't we? We know we should pray more, be kind to others more, help the hungry and the poor more, listen to God more by reading the Bible, fast more, and so on. But did you know that we should try to do all these things IN SECRET?

That's right! In today's Gospel, we hear about how we aren't supposed to tell everybody about it when we fast. So in Lent, we shouldn't say, "Oh, I'm so hungry! I haven't been eating the treats I usually eat." Instead, we should keep it a secret.

And that goes for other good things we do, too. If we donate money, nobody else should know about it. If we pray, we close the door to our room so nobody can see. Then, guess what! The Bible also tells us what will happen when we do this. "Your Father who sees in secret will reward you openly." God knows our secrets and He knows when we are doing good things. When He sees what we are doing, He will reward us!

#### **Prayer Group**

Prayer Group—Our Prayer Group is now meeting on Thursday mornings, immediately following services. We are currently reading "Courage to Pray" by Metropolitan Anthony Bloom and George Lefebvre. In this class we are learning about prayer, personal and intercessory, and it is an opportunity to share some of the struggles and encouraging parts of our prayer lives.

#### | Diaper Drive—

Diaper Drive—We're kicking off another Diaper Drive for the Women's Center of Greater Danbury. The Center's focus is to be a safe-haven and provider of services to women in crisis from domestic and sexual abuse. As part of the Center's mission, they provide a 13-bed shelter which temporarily provides a refuge to women and

children, and they are often in need of diapers since many of the women have trouble affording these necessary items. For the next 4 weeks we will be collecting diapers and baby wipes. The center is particularly in need of size 4, 5, and 6 diapers. Any diaper donations that you can make will be gladly accepted! If you have any questions, please see Jennie Fong.

#### **Clothing Drive Starts**

Our next Clothing Drive is ON! Thank you, Ann and the entire Huott Family. Start saving all your extra clothes, shoes, pillows, etc. for our clothing drive. The last clothing drive we collected more than a tone of clothes and we received more than \$400.00

#### | Perogie Sessions

Perogie Sessions—It's time to start making perogies for our spring bake sale. We will meet again on Tuesdays mornings at 9:00 a.m. (after the Hours service). All pinchers or wanna be pinchers welcome—no experience needed!

#### Young Adult Retreat

The American Carpatho-Russian Orthodox Diocese and the Greek Orthodox Metropolis of Pittsburgh invite College Students and Young Adults ages 18-35 to participate in a new exciting new retreat program! This Retreat will be held at Camp Nazareth Retreat and Conference Center in Mercer, PA from March 17-19, 2017 . The theme will be, "Navigating Life Using Your Spiritual Compass." Welcome home, everyone!

#### **Birthdays** March Tom Krafick 4 Mia Paltauf 9 Aidan McVeigh 12 Vida Bundra 24 25 Marika Gutzman (Names day) **Orestes Mihaly** 26 Michael Browne 30

**Easter Bake and Craft Sale -**April 1<sup>st</sup> and 2<sup>nd</sup>.

Eastern Region Inter-Diocesan Lenten retreat – April 1 Bethlehem, PA

2017 Diocesan Altar boy Retreat - June 25-28, 2017.

# **Upcoming Events**

Missions Sunday – Visit from Alex Goodwin from OCMC - Sunday, February 26

Monthly Food Sale—

Thursday, March 3<sup>rd</sup> 5:00-6:00 p.m.

**Dorothy Day Soup Kitchen**—Friday March 3<sup>rd</sup> 1:00-5:00 p.m. OYMT Training Session – Sunday, March 12<sup>th</sup> 3:00-5:00 p.m. at St. Barbara in Orange, CT

Monthly St. Nectarios Service – Thursday, March 16<sup>th</sup> 7:00 p.m.

Roll Baking Day – Saturday, March 18<sup>th</sup>

# Lenten Fast

As we begin Lent together, the following minimal fasting regulations are designated for our clergy and faithful:

- 1) Monday, February 27 (Clean Monday), the first day of the Fast, is a day of strict abstinence; likewise Great and Holy Friday, and Great and Holy Saturday, namely April 14 and 15 are days of strict abstinence. On these days, no meat or dairy products may be eaten.
- 2) All Wednesdays and Fridays during this entire Season are days of abstinence from meat.
- Meat and meat products may not be eaten during all of Holy Week, namely April 10 through April 15.
- 4) For the evening Presanctified Liturgy, a minimum three-hours fast from all food and drink must be observed before the reception of Holy

Communion. Normal fasting from midnight is still practiced before the Liturgies of St. John Chrysostom and St. Basil the Great.

These are the minimal requirements to observe during this Season. But for those of stronger body and more willing spirit, I wholeheartedly recommend the penitential practices of a sterner quality which the time-honored traditions and customs of our Holy Orthodox Church have handed down to us.

On weekdays (Monday to Friday inclusive) during the seven weeks of Lent, there are restrictions both on the *number* of meals taken daily and on the *types of food* permitted; but when a meal is allowed, there is no

On weekdays (Monday to Friday inclusive) during the seven weeks

of Lent, there are restrictions both on the *number* of meals taken daily and on the *types of food* permitted; but when a meal is allowed, there is no fixed limitation on the *quantity* of food to be eaten.

[This material is taken from the introduction to The Lenten Triodion. In modern practice, the above rules tend to be somewhat relaxed, and they have always been relaxed for children and the infirm. Fast as you are able, and consult Fr. Luke as needed. As you eat less physical food, it is important to increase your intake of spiritual food – prayer and reading scripture and the fathers of the Church.]

Dorothy Day—We will be serving at Dorothy Day this Friday, March 3<sup>rd</sup> from 1:00-5:00 p.m. If you are able to come for all or part of the afternoon, please let Susan Sulich know

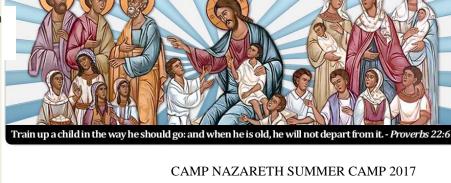
Knitting Group: Our knitting group will be meeting certain Sundays, immediately following coffee hour. All ages and experience levels welcome. If you would like to learn to knit, see Suad for a list of supplies to bring and if you have any questions.

Page 4 Weekly Bulletin

## For the Children

Holy Trinity Orthodox Church 74 Joes Hill Rd Danbury, CT 06811

"... a place of refuge full of love and joy."



\_\_\_\_\_

<u>Dates for the Summer Camping Program</u>

Week 1 -- July 16 - 22, 2017

Johnstown, Pocono, Southern Tier, Youngstown and Chicago Deaneries

Week 2 -- July 23 - July 29, 2017 Pittsburgh, Mid-Atlantic, Tri-State and Washington D.C. Deaneries

Week 3 -- July 30 - August 5, 2017
New England, NY, NJ, Florida and Canada Deaneries

Online Registration Begins March 1

Online Registration MUST be complete <u>AND</u> payment must be submitted by <u>May 15</u> in order to qualify for the \$20 Early Bird Discount. Early Bird Discount per Child and one-time only, not per week.

#### Registrations after June 14 will incur an additional \$20 late fee!!

Staff applications are due March 15<sup>th</sup>! There are positions available as counselor, head counselor, kitchen staff, maintenance staff, athletic director, program director (and assistant program director), technology director (and assistant technology director), Ropes Course Facilitator, and lifeguard. This is a wonderful opportunity for our youth to get involved in this vital and meaningful diocesan apostolate, form lasting friendships, and use their God-given talents for the benefit and up-building of our Church.

Volunteer and Clergy Applications are due NO LATER THAN JUNE 1<sup>st</sup>!!!! How does this effect Clergy and Volunteers? Clergy and Volunteers will be required to get fingerprinted on their own and then provide Camp with proof of this BEFORE they arrive at Camp.

**Interested in being on the Camp's Medical Staff (MD or RN)**, please contact Fr. Stephen at the Camp. The Nurse or Doctor on staff each week will receive a Stipend (\$400) and a campership for one of their children or for someone whom they designate.

When you register online please note that you will still need to submit a paper copy of the Medical Examination Form (i.e. Camper Physical) which must be filled out and signed by a licensed medical professional (licensed physician or physician's assistant). This form will be emailed to you after you complete the online registration process.

Payment by check, money order, or credit card is accepted. Checks and Money Orders are to be made payable to Camp Nazareth and sent to Camp Nazareth at 339 Pew Road, Mercer, PA 16137.



We're on the Web! holytrinitydanbury.org