# Holy Trinity Orthodox Church

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Diocesan Website: www.acrod.org

Camp Nazareth: <a href="http://www.campnazareth.org">http://www.campnazareth.org</a>

Facebook:

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# Welcome to Holv Trinity Parish

Today is Pentecost Sunday. The Epistle is Acts 2:1-11. The Gospel is from John 7:37-52, 8:12. Onuphrius the Great.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Grace, Bishop Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.

Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.



Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our

parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

## Schedule of Services and Events for this week

Monday, June 20, 9 AM – Liturgy – Holy Spirit Day

Monday, June 20, 6 PM – Prayer Group

Monday, June 20, 7 pm-Spirituality Class

Friday, June 24, 9:30 AM – Old Testament class

Saturday, June 25, 3 PM – Akathist to the Icon of the Inexhaustible Cup – for families and those suffering from Addictions

Saturday, June 25, 5 PM – Vespers

Sunday, June 26, 10 AM – Divine Liturgy

Sunday, June 26 to Wednesday, June 29 – Altar Boys Retreat in Johnstown

Friday, July 1, 1 pm to 5 pm – Dorothy day Soup kitchen

Friday, July 1, 5 pm – OYMT Last meeting before trip

#### Readers Schedule

6/19- Susan Paltauf 6/26 – Susan Sulich

#### Coffee Hour

6/19 – Father's Day 6/26 - OPEN

Help Re-stock Our Kitchen: We are in need of paper towels, 10-inch paper plates, bowls and decaf coffee.

Dorothy Day: Our next date to serve at Dorothy Day is Friday, July 1st. We are particularly in need of servers for the second half of the afternoon. from 3:00 to 5:00 p.m. Please let Susan Sulich know if you are able to help out for all or part of the day. High school students welcome-community service hours available!

#### Orthodox Youth Mission Team Stock Sale | Martin Howley

Our team has been training for the last 4 months and now we need to raise the funds to send 25 teens and 10 adults to West Virginia in July to participate in the Appalachia Service Project (ASP). We are selling "stock shares" for \$10 each. All "stockholders" will receive a postcard from our trip and a special coffee hour when we return with a presentation about our trip.

Martin Howley has moved. His new address is: Torrington Health and Rehabilitation Center, 225 Wyoming Avenue, Torrington, CT 06790. Marty is very happy to hear from his parish family—send a card when you have time.

#### **Orthodox Youth Mission Team Meeting**

Orthodox Youth Mission Team Meeting Today: There will be a meeting of the OYMT today from 3:00 to 5:00. We will be getting all our paperwork done and going over the pack list. Thank you to the parish for your generous donations through stock sales!

#### Altar Boys/Young Women's retreats

The annual Diocesan Altar Boys' Retreat (ABR) at Christ the Saviour Seminary in Johnstown, PA and the Young Womens' Retreat (YWR) at SS. Peter and Paul in Windber, PA will take place from Sunday evening, June 26 through Wednesday noon, June 29.

Those who are planning on participating are asked to contact Fr. Luke ASAP. Registration for the YWR is available online at: acrodywe@gmail.com.

## Landscape Plans

Thank you to everyone who has been helping with the installation and maintenance of our new plants in the front of the church.

At this time, there are several areas around the church that need to be "adopted" by individuals or

families who would like to

care for them. If you

have previously committed to a particular area or you wish to take on an area, see Susan Sulich.
Caretakers can come and work whenever it is convenient for them. You do not need to be an experienced gardener-information on what needs to be done will be provided.

#### Alcoholism and Addiction | ETIQUETTE REMINDER

The Akathist Service to the Icon of the Inexhaustible Cup has proven to be a great help to all those who know someone or who themselves are struggling with alcoholism and addiction. We at Holy Trinity have quietly started serving the Akathist to the Icon of the Mother of God of the Inexhaustible Cup. If you are interested in attending the service please see Fr. Luke. This service is open to all parishioners. Our next Akathist service to the Icon of the Other of God of the Inexhaustible Cup is Saturday, June 25 at 3 PM.

#### ETIQUETTE REMINDER

The summer months are upon us and that means enjoying warm weather and "fun in the sun". While shorts (for males and females), flipflops, tank tops, 'spaghetti straps, short skirts well above the knees, etc. are practical and may be acceptable at the pool or the lake front they are not appropriate attire at church, and must not be worn during the Divine Services of the Church. If you are traveling after services, you can change into these clothes afterwards. At every Eucharistic celebration we

are spiritually and physically brought in the awesome presence of Jesus Christ Himself, and when we commune He comes to dwell within us in a miraculous way. Therefore the sanctity, solemnity and dignity of the Divine Liturgy must be preserved for the well-being of all. Parents your assistance and guidance are most especially helpful and appreciated.

- Fr. Luke

# Birthdays June Filip Bundra Capabora Katherine Chow Monika Mihaly Luke & Rosalyn Mihaylo 30

Knitting Group: Our knitting group will be meeting certain Sundays, immediately following coffee hour. All ages and experience levels welcome. If you would like to learn to knit, see Suad for a list of supplies to bring and if you have any questions.

# **Upcoming Events**

Father's Day – Sunday, June 19<sup>th</sup>

**Saturday, June 25** – Akathist to Camp I the Icon of the 'Mother of God of July 30 the Inexhaustible Cup

Altar Boys Retreat/Young Women's Retreat – June 26 to June 29

Dorothy Day - Friday July 1st

**OYMT Meeting**—Friday, July 1st 5:00—7:00 p.m.

**Monthly Food Sale** – Thursday, July 7th 4:00-7:00 p.m.

**OYMT trip to Appalachia** – July 9 to July 17

Golf Tournament – Thursday, July 21st

Camp Nazareth –July 24 to

Semi-Annual Meeting— Sunday, July 31st

Perogie Dash Road Race to Benefit Healing Hearts—Saturday, August 20<sup>th</sup> Page 4 Weekly Bulletin

St. Nikodemos of the Holy Mountain: The grace of the Holy Spirit which is given mystically to every Christian . . .

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"... a place of refuge full of love and joy."

"The grace of the Holy Spirit which is given mystically to every Christian when he is baptized acts and is manifested in proportion to our obedience to the commandments of the Lord. That is, if a Christian obeys the commandments of the Lord more, grace acts with him more, while if he obeys them less, grace acts within him less. Just as a spark, when covered in the ashes of fire becomes increasingly manifest as one removes the ashes, and the more fire wood you put the more the fire burns, so the grace that has been given to every Christian through Holy Baptism is hidden in the heart and covered up by the passions and sins, and the more a man acts in accordance with the commandments of Christ, the more he is cleansed of the passions and the more the fire of Divine grace lights in his heart, illumines and deifies him."

+ St. Nikodemos of the Holy Mountain, Christian Morality

#### St. John Damascene: These eight passions should be destroyed as follows . . .

"These eight passions should be destroyed as follows: gluttony by self-control; unchastity by desire for God and longing for the blessings held in store; avarice by compassion for the poor; anger by goodwill and love for all men; worldly dejection by spiritual joy; listlessness by patience, perseverance and offering thanks to God; self-esteem by doing good in secret and by praying constantly with a contrite heart; and pride by not judging or despising anyone in the manner of the boastful Pharisee (cf. Luke 18: 11–12), and by considering oneself the least of all men. When the intellect has been freed in this way from the passions we have described and been raised up to God, it will henceforth live the life of blessedness, receiving the pledge of the Holy Spirit (cf. 2 Cor. 1: 22). And when it departs this life, dispassionate and full of true knowledge, it will stand before the light of the Holy Trinity and with the divine angels will shine in glory through all eternity."

+ St. John Damascene, "On the Virtues and the Vices" from <u>The Philokalia: The Complete Text</u> (Vol. 2)



We're on the Web! holytrinitydanbury.org

#### **Donations for New Altar Cloths**

We are having new altar cloths made and the estimated cost is about \$1500.00. The color will be green for the Feast of Pentecost. Anyone is welcome to donate towards the new altar cloths. Please indicate Ne

Altar Cloths so we can be sure to properly direct the donation. So far \$1250.00 has been donated.

We do have a Purple set that we use for Lent.