

# Holy Trinity Orthodox Church

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Diocesan Website: [www.acrod.org](http://www.acrod.org)

Camp Nazareth:  
<http://www.campnazareth.org>

Facebook:  
<https://www.facebook.com/acroddiocese>

Twitter: <https://twitter.com/acrodnews>

You Tube:  
<https://youtube.com/acroddiocese>



## Welcome to Holy Trinity Parish

Today is Palm Sunday.  
The Epistle is Philippians  
4:4-9. The Gospel is from  
John 12:1-18.

Holy Trinity is a diverse  
and welcoming parish of  
the Carpatho Russian  
Diocese, under the  
Ecumenical Patriarchate.

His Grace, Bishop  
Gregory of Nyssa, is our  
diocesan ruling hierarch.

Divine Liturgy is offered  
Sunday at 10 am. As  
reminder only those  
Orthodox Christians who  
are properly prepared are  
invited to receive Holy  
Communion.

Everyone is invited  
downstairs following  
Divine Liturgy for Coffee  
Hour and Fellowship.

Come down and meet Fr.  
Luke and the parishioners.



Our parish offers many  
opportunities to pray,  
to study and learn more about  
Jesus Christ and His Holy  
Orthodox Church.

If you have any questions  
about the Orthodox  
Church, our Faith, or our  
parish please feel free to  
contact Fr. Luke. He is

more than happy to meet  
with you and talk.

## Schedule of Services and Events for this week

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Monday, April 25, 9 AM – Bridegroom Matins	Wednesday, April 27, 6 PM – Holy Unction Service	Saturday, April 30, 9 AM – Vesperal Liturgy
Monday, April 25, 6 PM – Presanctified Liturgy	Thursday, April 28, 9 AM – Vesperal Liturgy – Institution of the Eucharist	Saturday, April 30, 11 PM – Nocturne, Paschal Matins, Paschal Divine Liturgy followed by blessing of the Baskets and Agape Meal
Tuesday, April 26, 9 AM – Bridegroom Matins	Thursday, April 28, 7 PM – Matins and the Reading of the 12 Passion Gospels	Sunday, May 1, 12 Noon – Paschal Vespers
Tuesday, April 26, 6 PM – Presanctified Liturgy	Friday, April 29, 9 AM – Royal Hours	Monday May 2, 9 AM – Liturgy
Wednesday, April 27, 9 AM – Bridegroom Matins	Friday, April 29, 7 PM – Great & Holy Friday Vespers with Procession and Guarding the Tomb	Monday, May 2, 7 PM – Vespers/ Spirituality Class
Wednesday, April 27, 12 noon – Presanctified Liturgy		

## Readers Schedule

4/17 – Sandi Fong  
4/24 – Susan Paltauf  
5/1- Paul Sulich

## Coffee Hour

4/17 – Roz & Natalya  
4/24 – Pot Luck/Lenten  
Cook Off  
5/1 – PASCHA  
5/8 – Mother’s Day - see  
Harry Fong and Paul Sulich

Help Re-stock Our Kitchen:  
Decaf Coffee.

## Easter Items Available—

We still have kielbasa,  
Pascha breads, butter  
lambs and some rolls and  
cookies available if anyone  
needs for their Easter  
celebration. Thank you to  
all the perogie pinchers,  
bakers, kielbasa makers  
and helpers at the sale that  
made our bake sales so  
successful!

## Monthly Food Sales—Our

next monthly food sale is  
Thursday, May 5<sup>th</sup> from 4  
p.m – 7 p.m. If you are able  
to help, see Rodger  
Behrend or Susan Sulich.

## Patriarchal Pence Special Collection today.

## Orthodox Youth Mission Team Stock Sale | Martin Howley

Our team has been training for  
the last 4 months and now we  
need to raise the funds to send  
25 teens and 10 adults to  
West Virginia in July to  
participate in the Appalachia  
Service Project (ASP). We are  
selling “stock shares” for \$10  
each. All “stockholders” will  
receive a postcard from our  
trip and a special coffee hour  
when we return with a  
presentation about our trip.

Martin Howley has  
moved. His new address  
is: Torrington Health and  
Rehabilitation Center,  
225 Wyoming Avenue,  
Torrington, CT 06790.  
Marty is very happy to  
hear from his parish  
family—send a card  
when you have time.

## | Dorothy Day

**Dorothy Day**—Our next  
date to serve at Dorothy  
Day is Friday, May 6<sup>th</sup>  
from 1:00-5:00 p.m. If  
you can help out for part  
or all of the afternoon,  
please let Susan Sulich  
know.

## Adult Missions Star Quilt Raffle

Last fall on our adult mission  
trip to help the Cheyenne  
River Youth Project our group  
participated in a raffle and  
won a beautiful, handmade  
patchwork quilt. We have  
decided to raffle the quilt and  
use the proceeds as seed  
money for our next adult

mission trip. Tickets are \$5 each  
and the drawing will be held on  
Mother’s Day. A photo of the quilt  
is in the hall. For tickets, see Bob  
Young, Pani Bethany or Susan  
Sulich.

## | Clothing Drive

We are now collecting for our  
4<sup>th</sup> clothing drive.

## Lenten Fast

The following minimal fasting  
regulations are designated for our  
clergy and faithful for Lent:

1) Great and Holy Friday, and Great  
and Holy Saturday, namely April 29  
and 30 are days of strict abstinence.

On these days, no meat or dairy  
products may be eaten.

2) Meat and meat products may not  
be eaten during all of Holy Week,  
namely April 25 through April 30.

3) For the evening Pre-sanctified  
Liturgy, a minimum three-hours fast  
from all food and drink must be  
observed before the reception of  
Holy Communion. Normal fasting  
from midnight is still practiced  
before the Liturgies of St. John  
Chrysostom and St. Basil the Great.

**These are the minimal  
requirements to observe during  
this Season. But for those of  
stronger body and more willing  
spirit, I wholeheartedly  
recommend the penitential  
practices of a sterner quality  
which the time-honored traditions  
and customs of our Holy Orthodox  
Church have handed down to us.**

they eat only uncooked food,  
as on the opening days of the  
first week. On Holy Thursday  
one meal is eaten, with wine  
and oil. On Great Friday those  
who have the strength follow  
the practice of the early Church  
and keep a total fast; those  
unable to do this may eat  
bread, with a little water, tea or  
fruit-juice, but not until sunset,  
or at any rate after [the Burial  
Service] at Vespers. On Holy  
Saturday there is one meal  
after the Liturgy of St. Basil,  
with wine but not oil. *[This  
material is taken from the  
introduction to The Lenten  
Triodion. In modern practice,  
the above rules tend to be  
somewhat relaxed, and they  
have always been relaxed for  
children and the infirm. Fast  
as you are able, and consult  
Fr. Luke as needed. As you eat  
less physical food, it is  
important to increase your  
intake of spiritual food –  
prayer and reading scripture  
and the fathers of the Church.]*

During Holy Week: On the first three  
days there is one meal each day, with  
xerophagy; but some try to keep a  
complete fast on these days, or else

## Landscape Plans

The council has approved a plan to update the plantings in the front of the church.

Some of the shrubs and bushes have outgrown the space. They will be moved to new locations as possible and some

new plants put in. May 7<sup>th</sup> will be planting day if anyone would like to come and help.

In addition, we will be looking at our property plan and designating areas that need caretakers and will have

that available for sign ups soon.

## Alcoholism and Addiction | Diaper Drive | Planting Day

The Akathist Service to the Icon of the Inexhaustible Cup has proven to be a great help to all those who know someone or who themselves are struggling with alcoholism and addiction. We at Holy Trinity have quietly started serving the Akathist to the Icon of the Mother of God of the Inexhaustible Cup. If you are interested in attending the service please see Fr. Luke. This service is open to all parishioners.

We're sponsoring a diaper drive to benefit the Women's Center of Greater Danbury. The Women's Center is a great resource and provides services to women & children in crisis or in need of temporary shelter. Unfortunately, many of the women utilizing the Center have babies and toddlers, so (as you can imagine), keeping up with the diaper demands is difficult. We'll be putting a wicker basket down in the hall for the rest of Lent to collect diapers or pull-ups in any size. If you have any questions, see Jennie Bostic

**Planting Day**—We will be putting in new plants in the front of the church on Saturday, May 7<sup>th</sup>. Helpers welcome.

## Upcoming Events

**Lenten Cook off** – April 24<sup>th</sup>

**Pascha** – Sunday, May 1

**Monthly Bake Sale** – Thursday, May 5<sup>th</sup> 4-7 p.m.

**Dorothy Day** – May 6<sup>th</sup>

**Mother's Day Brunch**—Sunday, May 8<sup>th</sup>

**Council Meeting**—Sunday, May 15<sup>th</sup> after liturgy

**OYMT Construction Work Day**—Saturday, May 21<sup>st</sup> 8:00 a.m. – 4:00 p.m.

**Parish Picnic**—Sunday, June 5<sup>th</sup>

**Bishop Gregory parish visitation** – Sunday, June 19<sup>th</sup>

**Altar Boys Retreat/Young Women's Retreat** – June 26 to June 29

**OYMT trip to Appalachia** – July 9 to July 17

**Camp Nazareth** –July 24 to July 30

## Birthdays

<b>April</b>	
Fr. Peter Paproski	24
Natasha Gross	25
Harry Fong	26
<b>May</b>	
Wylie Meath	2
Luca Szymanowicz	5
Robert Faubel	5
Nicholas Fong	6
Kaitleen Villa	12
Kevin Gutzman	20
Adrienne Fedyna	25
Paul & Susan Sulich Anniversary	28
Michael & Kathryn Kerpchar - Anniversary	29
Joe Derevjanik	31

**Knitting Group:** Our knitting group will be meeting certain Sundays, immediately following coffee hour. All ages and experience levels welcome. If you would like to learn to knit, see Suad for a list of supplies to bring and if you have any questions.

**On the Feast of the Triumphal Entry Into Jerusalem (Palm Sunday)**

**Holy Trinity Orthodox Church**  
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“... a place of refuge full of love and joy.”



Exactly one week before Pascha, we celebrate one of the 12 Great Feasts of the Holy Orthodox Church: The Feast of the Triumphal Entry Into Jerusalem. Let us take a moment to think about Christ’s entry into Jerusalem and compare it to His greater triumph at the other end of that same week. When He entered Jerusalem, our Lord had to some degree, everything that many people want out of life: He had the acclaim and respect of others; He was well known; and people gave Him the very coats off of their backs to welcome Him as they would have welcomed a king. How interesting it is to note that in His humility, our Lord turned all of this attention on its head by riding into town on the back of an “unclean” donkey, all the while appearing (to some, at least) to be ready to free His people and set up His kingdom! Although He knew what lay ahead for Him, He came willingly to Jerusalem. He did not hesitate.

By the end of that same week, our Lord had been stripped of everything (literally) and was treated in a way that no person ever wants to (or should!) be treated. He was ignored, mocked, beaten, and then, finally, cruelly killed. Once again, He turned all of this on its head. This time, however, He “rode” into Hades on the “back” of a cross, and destroyed Death by His death, bringing life to the entire world, freeing us all from Death, and opening the doors to His Kingdom to all. And again, He did not hesitate! And our world – indeed, our very LIVES – will never be the same!

It is important that we help our children learn about this feast, because of what it conveys to us about Christ and His Kingdom. It is easier to ponder Christ’s kingship when we think about all of those people waving palm branches and laying down their coats to welcome Him as He rode by. The depth of His humility is evident when we learn that donkeys were at that time considered to be unclean, and yet He deliberately chose to ride one. The Triumphal Entry shows us that Christ’s Kingdom is not of this world. He could have had an amazing earthly kingdom, but He chose something infinitely better, the Kingdom of Heaven, and then did everything that He could to free us from our chains so that we can be part of it. But that’s a festal celebration for another day.

***Blessed is He that cometh in the name of the Lord! Hosanna in the highest!***

**We’re on the Web!**  
[holytrinitydanbury.org](http://holytrinitydanbury.org)

**Lenten Cook-off and Pot luck | Cabin Dedication**

Palm Sunday, April 24 we will have a Lenten cook off and Pot luck coffee hour. Bring your favorite recipe to share with your parish family.

All of us are invited to take part in the dedication of the newly renovated and expanded cabins at Camp Nazareth in Mercer, PA on Wednesday, May 11. We are invited to the Service of Dedication which will take place at 10 AM on that day and then to the brunch which will be served at the Main Lodge following the dedication.

**| Good Friday Tomb Watch**

The sign-up sheet for the Good Friday Tomb watch is in the vestibule. Please sign up to Guard/Watch Christ tomb from Good Friday after services to Holy Saturday morning Divine Liturgy.